# HEALTH SERVICES AND DEVELOPMENT AGENCY MEETING JUNE 25, 2014 APPLICATION SUMMARY

NAME OF PROJECT:

Wharton Nursing Home

PROJECT NUMBER:

CN1403-006

ADDRESS:

878 West Main Street

Pleasant Hill (Cumberland County), Tennessee 38578

LEGAL OWNER:

Uplands Village

PO Box 168, 86A Church Drive

Pleasant Hill, TN (Cumberland County), TN 38578

**OPERATING ENTITY:** 

Not applicable

**CONTACT PERSON:** 

Al Griffin

(931) 277-3518

DATE FILED:

March 12, 2014

PROJECT COST:

\$5,100,000.00

FINANCING:

Government Loan

REASON FOR FILING:

Nursing Home renovation in excess of \$2 million. The project is not subject to the 125 bed Nursing Home Bed Pool for the July 2013 to June 2014 state fiscal year

period.

#### DESCRIPTION:

Wharton Nursing Home, a 62-bed nursing facility (NF) located on the campus of a non-profit continuing care retirement community, seeks approval to relocate 31 of the 62 dually certified beds from their existing location at 878-880 West Main Street to an adjacent 2-story building located at 55 West Lake Road that is presently being used as administrative offices on the first floor. The West Lake building was the site of Wharton Nursing Home prior to being vacated in July 2010 and its residents transferred to the new 62-bed replacement nursing home approved in CN0610-083A. This project focuses on the renovation of the adjacent West Lake building to accommodate 31 all private rooms, therapy, dining and related support staff at a cost that is over the \$2 million certificate of need threshold for nursing homes and other non-hospital care facilities. The project is not subject to the 125-bed Nursing Home Bed Pool for the 2013-2014 state fiscal year period.

Note: in preparation for this certificate of need application, the applicant received approval from the Tennessee Board for Licensing Health Care Facilities, Division of Health Licensure and Regulation, Tennessee Department of Health, on February 12, 2014 to operate all 62 licensed beds in the 2 adjacent buildings under the same license (a copy of the approval letter is in Attachment B.1 of the application).

# SERVICE SPECIFIC CRITERIA AND STANDARD REVIEW:

# CONSTRUCTION, RENOVATION, EXPANSION, AND REPLACEMENT OF HEALTH CARE INSTITUTIONS

1. Any project that includes the addition of beds, services, or medical equipment will be reviewed under the standards for those specific activities.

Not applicable, the project does not involve the addition of new nursing home beds to the applicant's licensed 62 bed nursing facility.

- 2. For relocation or replacement of an existing licensed health care institution:
  - a. The applicant should provide plans which include costs for both renovation and relocation, demonstrating the strengths and weaknesses of each alternative.

The applicant seeks to renovate the 55 West Lake Building adjacent to the Wharton Nursing Home and operate 31 of the nursing home's dually certified 62 beds in that building under the same license. Constructed in the late 1950s, the West Lake building is the site of the former nursing home vacated in July 2010 following opening of the new replacement nursing home approved in CN0610-083A. The applicant believes renovation of the building would be suitable for both skilled and non-skilled care patients based on its more traditional design and former use as a nursing home. The applicant also plans to use the vacated space in the nursing home as an assisted care living unit dedicated to the provision of memory assisted living services, a new addition to the continuum of care services offered on the campus of the continuing care retirement community.

The applicant appears to meet this criterion.

b. The applicant should demonstrate that there is an acceptable existing or projected future demand for the proposed project

The applicant received Medicare/Medicaid certification in May 2013. A demand analysis with recommendations pertaining to enhancing skilled patient care services was developed and presented by a private consulting firm in July 2013. The findings point to a future demand for at least 14 additional "short stay" skilled nursing home beds and the need for approximately 32 – 61 assisted living care beds for "memory care" program services in Cumberland County. The applicant believes that further documentation of demand for skilled care beds is provided by area nursing homes through data reported to the Tennessee Department of Health (TDH), including utilization of services provided in the Joint Annual Report of Nursing Homes.

The applicant appears to meet this criterion.

- 3, For renovation or expansions of an existing licensed health care institution:
  - a. The applicant should demonstrate that there is an acceptable existing demand for the proposed project.
  - b. The applicant should demonstrate that the existing physical plant's condition warrants major renovation or expansion.

The applicant documents same through the summary and recommendations made in the physical plant status report provided by the Uplands Design Group (this report was attached to the 3/28/14 supplemental response). The report includes recommendations regarding the conditions of the proposed 55 West Lake building.

*The applicant appears to meet this criterion.* 

#### STAFF SUMMARY

Note to Agency members: This staff summary is a synopsis of the original application and supplemental responses submitted by the applicant. Any HSDA Staff comments will be presented as a "Note to Agency members" in bold italics.

The project involves the renovation of a vacant 2-story building at 55 West Lake Road adjacent to the existing dually certified 62-bed Wharton Nursing Home on 878-880 West Main Street. Located on the 3 of the 7 acre campus of Uplands Village in Mount Pleasant, TN, the two buildings are within approximately 300 feet from each other. The existing nursing home was constructed and opened in 2010 following approval in CN0610-083A to replace the former nursing home site on 55 West Lake Road.

The existing 878-880 West Main Street nursing facility (NF) contains two 31-bed residential buildings with a total room mix of 26 private and 18 semi-private rooms (please see revised plot plan in the 3/21/14 supplemental response). The buildings are

connected via an enclosed patio and garden area. Each building contains space for a dedicated kitchen and a common dining and relaxation area with a hearth/fireplace. As described in CN0610-083A, the nursing home incorporates portions of the Eden Alternative concept with an emphasis on a social model of care. The concept encourages increased participation in activities of daily living and interaction with peers and health care staff.

The applicant states that the 55 West Lake Road building (West Lake building) is currently vacant except for use as administrative offices on the first floor and has adequate space that can be renovated to accommodate 31 of the nursing home's 62 licensed beds in all private patient rooms located on the 2<sup>nd</sup> floor. The applicant anticipates that the 31 beds in the renovated West Lake building may be used, in part, for short stay skilled nursing patients based on recommendations provided in a July 2013 "demand analysis" prepared by Clifton, Larson, Allen, Inc., a private consulting firm hired by the applicant to assess the need for continuing care services in its service area (the consultant's recommendations and clarification of same are provided on page A.20 of the application and pages 4 and 8 of the 3/21/14 supplemental response. The applicant confirmed that the consultant considered the impact of the Linton Ruling in its demand analysis). Additional space will be renovated to house physical therapy, wellness gyms, service support and dining services for both nursing home and independent living unit residents of Uplands Village.

The space vacated in the existing 880 West Main Street nursing home building will be used as a memory care assisted living unit. The applicant plans to request that the Tennessee Department of Health license all 31 beds in the memory care unit as assisted living beds. The existing 878 West Main Street building will remain in use under Wharton Nursing Home's license and will house 31 of the nursing home's 62 dually certified beds, including 13 beds in private rooms.

The applicant maintains that the renovation of the West Lake Building to house 31 nursing home residents under the license of the Wharton Nursing Home is the most reasonable and practical alternative in terms of cost and efficient uses of existing physical plant resources on the nursing home campus. The benefits associated with the project can be found in Section B, Project Description, pages 9 – 11. Examples of key benefits of this proposal include the following: a \$2.5 million lower cost for renovation in lieu of new construction (page 30), a significant increase in the room sizes and number of private rooms (3/21/14 supplemental response), and the ability to utilize space in the 880 West Main Street Building as assisted living center units for a new memory care program at little or no significant cost to modify existing accommodations.

# **Ownership**

The applicant's owner, Uplands Village, is a not-for-profit Tennessee corporation originally formed in April 1922. Review of the Restated Charter dated May 23, 1999

revealed that the corporation is a public benefit corporation that is organized and operated exclusively for religious, hospital, scientific and charitable purposes. The charter also identifies Uplands Village as a public benefit and religious corporation exempt from federal income tax under Section 501 (c) (3) of the Internal Revenue Code.

#### **Facility Information**

In addition to the 62-bed nursing home, Uplands Village also operates a licensed assisted living facility (active TDH license for 62 units) and independent living units on its campus in Mt Pleasant. The nursing home became certified by the Center for Medicare and Medicaid Services (CMS) in May 2013 to provide dually certified skilled nursing care services. Please note the comparison of the bed mix in the table displayed below:

Type Patient Room	# Beds by room classification - former West Lake Nursing Home (prior to July 2010)	# Beds by room classification — 878-880 West Main (Replacement Nursing Home as approved in CN0610- 083A)	# beds - 878 West Main and 55 West Lake Buildings (as proposed in CN1403- 006)
Private	18 beds	22 beds	44 beds (31 at W. Lake and 13 at W. Main)
Semi-Private	44 beds	40 beds	18 beds (all at 878 W. Main building)
Wards	None	None	None
Total Licensed Beds	62 beds	62 beds	62 beds
Skilled Beds	None	None	62 beds (dually certified)
Total Rooms	40 rooms	44 rooms	53 rooms
Total Facility Square Feet	44,200 SF	30,000 SF	48,771*

<sup>\*</sup>Note: Of the 48,771 SF dedicated to the patient units in the 2 adjacent buildings, 20,436SF is existing space in the 880 W. Main Building and 28,335SF is to be renovated space in the 55 W. Lake Building. Sources: revised Square Footage Chart, page S.6, 3/21/14 supplemental response.

As noted previously in CN0610-083A, the West Lake Building was constructed in 1957 and had one major upgrade for update/replacement of the fire alarm system in 1991. Problems with the physical plant that contributed to the owner's decision to replace the nursing home included ongoing maintenance, moisture in the administrative office area and the need for major repair to the heating, ventilation and cooling (HVAC) system. The cost of repairs was estimated at approximately \$80/SF or approximately \$3.6 million, slightly less than the amount needed to construct the proposed replacement facility.

#### Service Area Demographics

Wharton Nursing Home's declared service area is Cumberland and White Counties.

- The total population of the service area is estimated at 84,686 residents in calendar year (CY) 2014 decreasing by approximately 0.5% to 86,300 residents in CY 2016.
- The overall statewide population is projected to grow by 1.84% from 2014 to 2016.
- The 65 and older population will increase from 20,889 residents in CY2014 to 21,044 residents or 24.4% of the general population in CY2016. The statewide 65 and older population is expected to reach approximately 15.5% of the general population CY2016.
- The proportion of TennCare enrollees of the total 2-county service area population in CY2014 is 19.3%, compared with the state-wide average of 18.1%.

Sources: Tennessee Department of Health, Division of Policy, Planning and Assessment, Office of Health Statistics, U.S. Census Bureau, Bureau of Tenncare.

#### Historical Utilization

There are currently 6 nursing homes located in the applicant's service area with a total of 591 licensed beds. Using population and nursing home licensed bed data from the Tennessee Department of Health, the ratio of licensed beds to the age 65 and older population is displayed below:

65+ Nursing Home Beds/1,000 Population in Service Area

2014	2014	2014	Medicare	2014 nursing	Medicare
Population	age 65+ population	Licensed beds	SNF and dually certified	home beds per 1,000 age 65+	SNF and dually cert beds per
			beds (2012 JAR)	population	1,000 age 65+ population
84,686	20,899	591	591	28 per 1,000 .	28 per 1,000

Sources: Licensed Health Facilities Report, TDH; CY2012 Joint Annual report, TDH

The licensed bed occupancy of the 6 nursing homes was approximately 83% in calendar year 2012. Key highlights are noted in the bullets and table shown below:

- Total skilled average daily census (ADC) was 207 patients per day or 35% of all licensed beds
- Medicare ADC was 98 patients/day or 20% of all 591 licensed beds
- Tenncare Level 2 ADC was 70 patients/day or 12% of total licensed beds, including 55 patients/day at Life Care Crossville and 15 patients/day at NHC Sparta and slightly less than 1 patient/day at Life Care of Sparta and Wyandot Health & Rehab.

• Total non-skilled ADC was approximately 281 patients per day

	Inventory	&	Utilization	of	Area	Nursing	Homes,	2012
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Licensed Beds	Medicare certified beds	Dually Certified beds	SNF Mcare ADC	Mcaid Level2 ADC	Skilled ADC Other Payors	Non- skilled ADC	Total ADC	Lic. Occup.
591	64	527	99	70	38	281	488	83%

The most recent 3-year utilization trend of the six nursing homes in the 2-county service area is displayed in the table below:

Utilization of Nursing Homes Located in the Applicant's Service Area

Nursing Home	2014	2010	2011	2012	'10- '12	2010	2011	2012
	Lic.	Patient	Patient	Patient	%	%	%	%
	Beds	Days	Days	Days	Change	Occup.	Occup.	Occup.
Good Sam-	30	Not open	434 *	8,930	NA	0	4%	81.3%
Farfield Glade								
Life Care-	122	29,279	31,127	32,604	11.4%	65.8%	69.9%	73%
Crossville								
Wharton	62	22,138	22,241	21,264	-3.9%	97.8%	98.3%	93.7%
Nursing Home								
Wyndridge	157	51,403	49,980	48,787	-5.1%	89.7%	87.2%	84.9%
Health &								
Rehab								
Life Care-	100	33,321	31,313	31,593	-5.2%	91.3%	85.8%	86.3%
Sparta								
NHC Sparta	120	38,449	37,674	35,180	-8.5%	87.8%	86%	80.1%
Total	591	174,600	172,769	178,358	2.2%	80.9%	80.1%	82.5%

\*Note: Good Samaritan-Fairfield Glade's original license was issued 9/22/2011. Source: Division of Health Statistics, TDH.

The utilization table reflects the following:

- Although there was an average 2.2% increase in total patient days of the group as a whole (six nursing homes), the bed occupancy rates of 4 of the 6 nursing homes actually decreased by approximately 5.7% during the 3-year period.
- Only one nursing home attained an occupancy rate in excess of 90%.

#### **Projected Utilization**

The table below highlights the projected utilization in the first two years of the project. The applicant estimates that the licensed occupancy of the 62-bed nursing home will increase from 26.6 % in 2017 to 78.6% in 2018. As noted, the applicant anticipates that the 31 beds in the renovated West Lake building may be used, in part, as short stay skilled beds coupled with increased admissions and average length of stays (ALOS) estimated in the 20 day

per admission range. These factors would lead to significantly higher turnover of Wharton Nursing Home's 31 dually certified beds in the proposed renovated West Lake Building. Note to Agency Members: Based on the significance of the Linton ruling to the proposal, please see Item 4 in the 3/21/14 supplemental response for the applicant's acknowledgement and discussion of the impact that the ruling may have on the use of the renovated West Lake building as a short stay unit. A summary of Linton is extracted from the supplemental response as follows:

"Due to the Linton Court Order, a facility dually certified for Medicare/TennCare would be expected to provide services to TennCare patients requiring less than skilled nursing services. The Linton Court Order resulted in District Court instructing the State of Tennessee to submit a remedial plan that included a provision requiring Medicaid providers to certify all available licensed nursing home beds within their facilities and to admit residents on a first-come, first-serve basis regardless of their level of care."

The applicant estimates a patient mix of 22 Medicare skilled patients and 36 non-skilled patients for a total average daily census of approximately 58 patients per day in the first year of the project. Admissions to the nursing home are expected to increase by approximately 28% from 426 to 544 admissions between fiscal year 2016 to 2017 due to implementation of the short stay skilled care program. Please note the projections displayed in the table below:

Wharton Nursing Home's Projected Utilization

Year	Licensed Beds	Dually certified beds	SNF Mcare ADC	Level 2 Meaid ADC	Skilled Other payors ADC		Total ADC	Occup.
2016	62	62	22	0	0	36	58	94%
2017	62	62	29	0	0	29	58	94%

Source: page S.12, 3/21/14 supplemental response

The applicant expects utilization to increase as a result of the following:

- Estimated need for approximately 860 licensed nursing home beds in service area (source: applicant's calculations of bed need, page A.16)
- Demand for at least 14 additional Medicare certified beds in the service area (source: July 2013 consultant study, page A.20)
- Uplands Village referral relationship with hospitals in service area
- Continuum of Care services as CCRC. If approved, project would add "memory care" assisted living service on the nursing home facility campus
- Longstanding, continuous operation of nursing home, independent living and assisted living facility services at higher occupancy levels than those of similar facilities located in the 2-county service area

#### **Project Cost**

Major costs of the \$5,100,000 total estimated project cost are:

Renovation-

\$3,817,350 or 75% of total cost

• Preparation of Site-

\$186,710 or 3.2% of total cost

• Moveable Equipment- \$749,186 or 14.7% of total cost

For other details on Project Cost, see the revised Project Cost Chart on page S.13 of the 3/21/14 supplemental response.

A letter dated December 18, 2013 from the architectural and engineering firm Upland Design Group provides estimates of the proposed building's renovation cost. The estimate was prepared using information from the firm's previous and recent local projects and input from local contractors and engineers. Additional documentation from the firm dated March 19, 2014 attests to the project's expected compliance with all applicable local, state and federal codes, including the 2010 AIA Guidelines for the Design and Construction of Healthcare Facilities. As noted in the revised Square Foot Chart of the 3/21/14 supplemental response, approximately 42,415 total square feet of the 55 West Lake Building will be renovated, resulting in a renovation cost of \$90 per square foot (SF). The proposed renovation cost is above the median of \$55 per square foot but below the 3<sup>rd</sup> quartile of \$101 per square foot of statewide nursing home construction projects from 2011 through 2013. Please see the table that follows:

## Nursing Home Construction Cost Per Square Foot

Years: 2011 - 2013

	Renovated	New	Total
	Construction	Construction	Construction
1st Quartile	\$25.00/sq ft	\$152.80/sq ft	\$94.55/sq ft
Median	\$55.00/sq ft	\$167.31/sq ft	\$152.80/sq ft
3 <sup>rd</sup> Quartile	\$101.00/sq ft	\$176.00/sq ft	\$167.61/sq ft

Source: CON approved applications for years 2011 through 2013

#### **Historical Data Chart**

The original Historical Data Chart submitted with the application was revised to include only nursing home revenues, expenses and operating margins. According to the applicant, the nursing home accounted for approximately 57% of Uplands Village net operating revenue reported in the audited financials for the 12-month period ending June 2013. Per the revised chart, Wharton Nursing Home reported the following net income after capital expenditures: \$573,068 in 2011, \$366,627 in 2012 and \$161,437 for 2013.

Estimates for Charity Care were identified on page 13 of the audited financial statements. Upland estimates that the cost of providing the supplies and services under the charity care policy averaged approximately \$25,000 per year for the years ended June 30, 2013 and 2012.

### **Projected Data Chart**

The applicant projects \$6,097,672.00 in total gross revenue on 21,045 patient days during the first year of operation increasing by approximately 38% to \$8,394,087 on 21,050 patient days in Year Two (approximately \$398.77 per day). The Projected Data Chart reflects the following:

- Net operating income less capital expenditures of approximately \$333,500 per year is estimated at \$183,725 in Year One increasing to \$600,512 in Year Two.
- Excluding depreciation (average of \$302,000/year), projected NOI calculates to approximately 8% of gross revenues in Year 1 increasing to 11% in Year 2.
- Deductions from operating revenue for bad debt, charity care, and contractual adjustments are estimated at \$2,087,219 or approximately 25% of total gross revenue in Year Two.
- Charity care is not reflected in the chart for the reasons explained by the applicant on page 12 of the 3/21/14 supplemental response. These include the applicant's Medicare and TennCare mix of patients (approximately 56.8% of total revenue) and the accounting requirements for restricted assets related to Upland's Village charitable care policy (donated funds that are restricted funds for benevolent purposes).

#### Charges

Summarizing from the revised Projected Data Chart and page 29 of the application, the average patient daily charges are as follows:

- The proposed average gross per diem charge is \$289.75/day in Year 1; however the net charge after contractual adjustments amounts to \$234.51 per day. Net charges increase to \$299.62 per day in Year 2.
- In comparison to allowable Medicare charges, the applicant states that the majority of the nursing home's patients fall within the \$358.39/day to \$485.58 per day charge range by Resource Utilization Group (source: page S.26 of the 3/21 supplemental response).

Note to Agency Members: Section 4432(a) of the Balanced Budget Act of 1997 changed how payment is made for Medicare skilled nursing facility services from a cost based to a per-diem prospective payment system (PPS) covering all costs (routine, ancillary and capital) related to the services furnished to beneficiaries under Part A of the Medicare program. Under PPS, payments for each admission are

case-mix adjusted to classify residents into a Resource Utilization Group (RUG) category based on data from resident assessments and relative weights developed from staff time data. Source: "Skilled Nursing Facility PPS", CMS.gov.

#### Medicare/TennCare Payor Mix

- Medicare- net revenue after contractual adjustments will equal \$1,842,750 in Year
  One increasing to \$4,262,625 in Year 2 as a result of the applicant's proposed
  transition to "short stay" skilled nursing and rehabilitation services. Medicare
  accounts for 37% of total projected net revenue in Year 1 increasing to 68% in
  Year 2.
- TennCare/Medicaid net revenue after contractual adjustments decreases from \$1,485,200 in Year 1 (30% of total net revenue) to \$948,000 in Year 2 (16% of total net revenue).

Note to Agency Members: for more detailed information about the projected shift in Medicare/Tenncare operating revenues, please see Item 7, page 29 and Attachment A.20 of the application. Additional clarification was provided in Items 4 and 7 of the 3/21/14 supplemental response and Item 4 of the 3/28/14 supplemental response.

#### **Financing**

A 8/16/13 letter from Bobby Goode, State Director, Rural Development, United States Department of Agriculture, confirms the availability of a \$6,500,000.00 Rural Development Community Facility Loan for the nursing home renovation cost of the project. Although not a part of this project for CON purposes, the loan amount will also provide funding support for construction of a new 4,446 square foot aquatic rehabilitation center and upgrades to the CCRC's telecommunication system. The terms of the loan were clarified in the 3/21/14 supplemental response to reflect repayment by Uplands Village over a period not to exceed 40 years, inclusive of 2 years of interest-only payments followed by principle and interest payments amortized over 38 years at the lower of the intermediate or market rate. Approval and acceptance of the USDA Agricultural Loan by the Uplands Village Board of Directors was documented in the "Loan Resolution Security Agreement" provided with the 3/21/14 supplemental response.

Review of Uplands Village's audited financial statements prepared by the Johnson, Hickey & Murchison, P.C. firm of Chattanooga, TN for the period ending June 30, 2013 indicates \$1,662,390 in cash, total current assets of \$4,627,761, total current liabilities of \$1,247,942 and a current ratio of 3.7 to 1.

Note: current ratio is a measure of liquidity and is the ratio of current assets to current liabilities which measures the ability of an entity to cover its current liabilities with its existing current assets. A ratio of 1:1 would be required to have the minimum amount of assets needed to cover current liabilities.

## Staffing

The applicant's proposed direct patient care staffing in totals to approximately 65 full time equivalents (FTE) or approximately 68% of the 104.9 FTE total facility staff budgeted for the 62-bed nursing home. As noted on page S.27 of the 3/21/14 supplemental response, direct patient care staff calculates to approximately 5.67 hours of care per resident per day. Clinical staff includes the following positions classifications:

- 5.0 Nursing Administration
- 4.2 FTE Staff RN
- 15.40 FTE Staff LPN
- 43.40 FTE Staff Caregiver (CNA)
- 2.0 FTE Team Leader (CNA)
- 1.0 Social Worker

Note to Agency Members: 1 FTE means an employee who works 2,080 regular hours per year. Current licensure standards require nursing homes to have adequate numbers of licensed registered nurses, licensed practical nurses and certified nurse aides to provide nursing care to all residents as needed. Nursing homes shall provide a minimum of 2 hours of direct care to each resident every day including 0.4 hours of licensed nursing personnel time. There must be supervisory and staff personnel for each department or nursing unit to ensure, when needed, the availability of a licensed nurse for bedside care of any resident. Source: Chapter 1200-08-06-.06, Rules of the Board for Licensing Health Care Facilities, Division of Health Care Facilities, Tennessee Department of Health (revised March 2014).

# Licensure/Accreditation

The Wharton Nursing Home is licensed by the State of Tennessee and certified by Medicare and Medicaid.

Corporate and property documentation are on file at the Agency office and will be available at the Agency meeting.

Should the Agency vote to approve this project, the CON would expire in two years.

# CERTIFICATE OF NEED INFORMATION FOR THE APPLICANT

There are no other Letters of Intent, denied or pending applications, or outstanding Certificates of Need for this applicant.

<u>CERTIFICATE OF NEED INFORMATION FOR OTHER SERVICE AREA FACILITIES:</u>

There are no Letters of Intent, denied applications, pending applications or outstanding Certificates of Need for other health care organizations in the service area proposing this type of service.

PLEASE REFER TO THE REPORT BY THE DEPARTMENT OF HEALTH, DIVISION OF HEALTH STATISTICS, FOR A DETAILED ANALYSIS OF THE STATUTORY CRITERIA OF NEED, ECONOMIC FEASIBILITY, AND CONTRIBUTION TO THE ORDERLY DEVELOPMENT OF HEALTH CARE IN THE AREA FOR THIS PROJECT. THAT REPORT IS ATTACHED TO THIS SUMMARY IMMEDIATELY FOLLOWING THE COLOR DIVIDER PAGE.

PJG (6/10/14)

# LETTER OF INTENT



# State of Tennessee Health Services and Development Agency

Andrew Jackson Building, 9<sup>th</sup> Floor 502 Deaderick Street Nashville, TN 37243

www.tn.gov/hsda

Phone: 615-741-2364

Fax: 615-741-9884

#### LETTER OF INTENT

The Publication of Intent	is to be published in the	Crossville	Chronicle	, or)	whi	ch is a new	spaper
of general circulation in	Cumberland (County)			on or before	March 7	ith / day)	, 20 <u>14</u> , (Year)
for one day.	. ,,				•	• /	
This is to provide official accordance with T.C.A. that:	al notice to the Health § 68-11-1601 et seq.,	Services a and the R	and Develop Jules of the h	ment Agency Health Servic	and al es and i	l interested Developme	parties, in nt Agency,
Wharton Nursing Home				Nursing Hom			
(Name of Applicant)				(Facility Typ	•	•	
owned by: Uplands Villag	je	wi	th an owners	ship type of 5	01(c)(3) r	on-profit corp	oration
and to be managed by:	Uplands Village	ir	ntends to file	an applicatio	n for a	Certificate o	f Need
for (PROJECT DESCRIPTION E	BEGINS HERE]:						
Uplands Village is a continuing care, and skilled nursing care. On proposed project is to relocate 31 buildings under Wharton Nursing I gyms, a kitchen and dining facility.	n the campus of Uplands Village i nursing home beds to an adjace Home's current license. The proj	is 62 bed Whai nt building on t posed project v	ton Nursing Home he campus. The will also include re	e at 878-880 W. M 62 licensed nursing novations for phys	ain Street, l g home bed lical/occupa	Pleasant Hill, TN Is will be operate Illonal therapy a	N. The ed in the two nd wellness
The anticipated date of f	iling the application is:	March 12		. 20 14			
The contact person for t	his project is Al Griffin				Direct	or of Financia	al Services
The contact percenter t	nio project io	(Conta	ct Name)		-	(Title)	
who may be reached at:	Uplands Village			PO Box 16	58		
inio maj so rodomod di	(Company Name)			(Address)			
Pleasant Hill	TN		38578		(931)	<sub>[</sub> 277-3518	3
(City)	(S	tate)	(Zip C	Code)	(Area (	Code / Phone N	umber)
(1) Duff			03/07/2014	ag	griffin@ເ	ıplandsvillag	ge.com
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The Letter of Intent must be <u>filed in triplicate</u> and <u>received between the first and the tenth</u> day of the month. If the last day for filing is a Saturday, Sunday or State Holiday, filing must occur on the preceding business day. File this form at the following address:

Health Services and Development Agency Andrew Jackson Building, 9<sup>th</sup> Floor 502 Deaderlck Street Nashville, Tennessee 37243

The published Letter of Intent must contain the following statement pursuant to T.C.A. § 68-11-1607(c)(1). (A) Any health care institution wishing to oppose a Certificate of Need application must file a written notice with the Health Services and Development Agency no later than fifteen (15) days before the regularly scheduled Health Services and Development Agency meeting at which the application is originally scheduled; and (B) Any other person wishing to oppose the application must file written objection with the Health Services and Development Agency at or prior to the consideration of the application by the Agency.

HF51 (Revised 01/09/2013 - all forms prior to this date are obsolete)

# ORIGINAL APPLICATION

March 11, 2014

Ms. Melanie Hill, Executive Director State of Tennessee Health Services & Development Agency Andrew Jackson Building, Ninth Floor 502 Deaderick Street Nashville, TN 37243

RE: CON Application by Uplands Village for Wharton Nursing Home to renovate an adjacent building and operate its current complement of 62 beds in two buildings under a single license.

Dear Ms. Hill:

Enclosed please find our application for a Certificate of Need. The applicable filing fee for the above project of \$11,475 has been calculated based on the total project cost of \$5,100,000 and has already been received by the Health Services & Development Agency.

Please contact me at (931) 277-3518 or by email at <u>agriffin@uplandsvillage.com</u> if you need further information.

Sincerely,

Al Griffin

Director of Financial Services

1. Name of Facility, Agency, or Institution	7
Wharton Nursing Home  Name 878 W. Main St.  Street or Route Pleasant Hill City  State	Cumberland County 38578 Zip Code
Al Griffin  Name  Uplands Village Company Name  PO Box 168, 86A Church Dr.  Street or Route  Employee Association with Owner  City  (931) 277-3548  Phone Number	Director of Financial Services  Title agriffin@uplandsvillage.com Email address  TN 38578 Slate Zip Code
3. Owner of the Facility, Agency or Institution  Uplands: Village Name P@/Box 168, 86A Church Dr Street or Route Pleasant Hills City State	(931) 277-351/8  Phone Number  Cumberland  County  38578  Zip Code
C. Limited Partnership D. Corporation (For Profit) E. Corporation (Not-for-Profit) G. Political H. Joint Ver I. Limited L Other (Sp	lability Company

PUT ALL ATTACHMENTS AT THE BACK OF THE APPLICATION IN ORDER AND REFERENCE THE APPLICABLE ITEM NUMBER ON ALL ATTACHMENTS.

5. Name of Management/Operating Entity (If Applicable)	
Not Applicable Name	]
Street or Route County	
City State Zip Code	
PUT ALL ATTACHMENTS AT THE END OF THE APPLICATION IN ORDER AN REFERENCE THE APPLICABLE ITEM NUMBER ON ALL ATTACHMENTS.	VD
6. Legal Interest in the Site of the Institution (Check One)	7/
A. Ownership B. Option to Purchase C. Lease of Years  D. Option to Lease E. Other (Specify)	I   I
PUT ALL ATTACHMENTS AT THE BACK OF THE APPLICATION IN ORDER AND REFERENCE THE APPLICABLE ITEM NUMBER ON ALL ATTACHMENTS.	כ
Type of Institution (Check as appropriatemore than one response may apply)	1
A. Hospital (Specify)  B. Ambulatory Surgical Treatment Center (ASTC), Multi-Specialty C. ASTC, Single Specialty D. Home Health Agency E. Hospice F. Mental Health Hospital G. Mental Health Residential Treatment Facility H. Mental Retardation Institutional Habilitation Facility (ICF/MR)  I. Nursing Home J. Outpatient Diagnostic Center K. Recuperation Center L. Rehabilitation Facility M. Residential Hospice N. Non-Residential Facility O. Birthing Center To Other Outpatient Facility (Specify)  Q. Other (Specify)	
Purpose of Review (Check) as appropriatemore than one response may apply)	
A. New Institution B. Replacement/Existing Facility C. Modification/Existing Facility D. Initiation of Health Care Service as defined in TCA § 68-11-1607(4) (Specify)  G. Change in Bed Complement [Please note the type of change by underlining the appropriate response: Increase, Decrease, Designation, Distribution, Conversion, Relocation]  H. Change of Location	
(Specify) H. Change of Location  E. Discontinuance of OB Services I. Other (Specify)  F. Acquisition of Equipment	

8.

13.	Identify all TennCare Managed Care Organi (MCOs/BHOs) operating in the proposed set treatment of TennCare participants?	izations/Behavioral Health Organizations ervice area. Will this project involve the If the response to this item is yes, please icant has contracted or plans to contract.	
12.	If this is a new facility, will certification be		
11.		30年60年3月2日 - 1950年 -	
10.			] -
	A. Medical B. Surgical C. Long-Term Care Hospital D. Obstetrical E. ICU/CCU F. Neonatal G. Pediatric H. Adult Psychiatric I. Geriatric Psychiatric J. Child/Adolescent Psychiatric K. Rehabilitation L. Nursing Facility (non-Medicaid Certified) M. Nursing Facility Level 1 (Medicaid only) N. Nursing Facility Level 2 (Medicare only) O. Nursing Facility Level 2 (dually certified Medicaid/Medicare) P. ICF/MR Q. Adult Chemical Dependency R. Child and Adolescent Chemical Dependency S. Swing Beds T. Mental Health Residential Treatment U. Residential Hospice TOTAL *CON-Beds approved but not yet in service	70	
	9. <u>Bed Complement Data</u> Please indicate current and proposed	distribution and certification of facility beds.	TAL

NOTE: Section B is intended to give the applicant an opportunity to describe the project and to disc the need that the applicant sees for the project. Section C addresses how the project relato the Certificate of Need criteria of Need, Economic Feasibility, and the Contribution to Orderly Development of Health Care. <u>Discussions on how the application relates to criteria should not take place in this section unless otherwise specified.</u>

# SECTION B: PROJECT DESCRIPTION

Please answer all questions on 8 1/2" x 11" white paper, clearly typed and spaced, identified correctly as in the correct sequence. In answering, please type the question and the response. All exhibits and table must be attached to the end of the application in correct sequence identifying the questions(s) to which they refer. If a particular question does not apply to your project, indicate "Not Applicable (NA)" after the question.

 Provide a brief executive summary of the project not to exceed two pages. Topics to be included in the executive summary are a brief description of proposed services and equipment, ownership structure, service area, need, existing resources, project cost, funding, financial feasibility and staffing.

The proposed project will relocate 31 of the currently licensed 62, dually certified ICF/SNF beds from Wharton Nursing Home located at 878 - 880 W. Main St., Pleasant Hill, TN to an adjacent, currently vacant, facility located at 55 W. Lake Rd., Pleasant Hill, TN as approved by the Tennessee Board for Licensing Health Care Facilities. (Please see Attachment B.I) The 31 beds vacated from Wharton Nursing Home will be converted into a memory care assisted living unit. All facilities are owned by Uplands Village, a not-for-profit, 501(c)(3) continuing care retirement community.

The facility to be renovated is currently a vacant building, except for one wing used for administrative offices. The building was the former location of Wharton Nursing Home and was vacated approximately 3 ½ years ago when a new facility was built adjacent to it and residents transferred to the new facility. The vacated facility is an approximately 42,415 square foot two-story facility.

# Proposed Services and Equipment

No new ICF/SNF beds are being proposed with this project. This project will renovate a currently vacant building to relocate 31 beds that will primarily provide SNF services, however, the beds will continue to be dually certified for both ICF and SNF services. The renovated building will also provide physical therapy and wellness gyms, dining services for both the residents in the facility as well as our independent living residents, and administrative and support areas.

Assisted living licensure will be sought for the 31 beds that will be vacated in the current facility to convert the facility to a memory care assisted living unit.

There are no planned major medical equipment purchases proposed in this project. Equipment purchases will be primarily for fitness/wellness equipment, furniture, fixtures, and other non-medical equipment.

# Ownership Structure

All facilities are owned by Uplands Village which is a 501(c)(3) not-for-profit continuing care retirement community (CCRC).

# Service Area

The primary service area is Cumberland and White counties, however, patients/residents r. come from other counties, especially those adjacent to Cumberland and White counties.

#### Need

There is a current and continuing demand for skilled and intermediate nursing care witl Cumberland and White counties. In addition to the current licensed beds within Cumberland a White counties, there is an unmet need not only for long-term care beds but also for short st beds as well. In addition, there is an unmet need for additional memory care assisted living beds

# **Existing Resources**

Uplands Village currently owns the buildings as well as the properties that will provide the neede services.

# **Project Costs**

The estimated cost of renovations and furnishings is approximately \$5,100,000.

# **Funding**

The project will be funded with a direct loan through USDA Rural Development. The loan is for \$6,500,000; however, the proceeds of the loan in excess of the costs of the proposed project will be used to fund the implementation of IT/Communication infrastructure and systems and construction of an aquatic therapy facility, both of which are not a part of the project covered by this CON application.

# Financial Feasibility

The nursing home is currently operating at an approximate occupancy rate of 94%. We anticipate that our occupancy will maintain an approximate rate of 93%. Of the 62 total ICF/SNF beds, it is projected initially that approximately 45% will be occupied by Medicaid ICF residents, 33% by private pay ICF residents, and 22% by Medicare SNF residents. After the 1<sup>st</sup> year of operation, Medicare SNF services are projected to increase to 50% of occupied beds with 29% occupied by Medicaid ICF residents and 21% occupied by private pay ICF residents. The 31 bed memory care assisted living unit is projected to be 93% occupied.

Based on this occupancy, the revenues generated will more than cover the additional expenses required for the proposed project and will provide for on-going financial stability of these services.

# <u>Staffing</u>

The applicant currently has staff required by the proposal, including adequate professional staff as per the Department of Health. In addition, the applicant plans to add an MDS Coordinator, an Activities Assistant, 4.2 LPN FTE's, 9.8 Caregiver FTE's, 7 Dietary FTE's, 4.2 Housekeeping FTE's, 2.8 Laundry FTE's, and one FTE each for Transportation and Maintenance. The additional positions include staffing for the planned memory care assisted living unit as well.

II. Provide a detailed narrative of the project by addressing the following items as they relate to proposal.

A. Describe the construction, modification and/or renovation of the facility (exclusive major medical equipment covered by T.C.A. § 68-11-1601 et seq.) including squa footage, major operational areas, room configuration, etc. Applicants with hospi projects (construction cost in excess of \$5 million) and other facility project (construction cost in excess of \$2 million) should complete the Square Footage at Cost per Square Footage Chart. Utilizing the attached Chart, applicants with hospit projects should complete Parts A.-E. by identifying as applicable nursing unit ancillary areas, and support areas affected by this project. Provide the location of the unit/service within the existing facility along with current square footage, where, if and the unit/service will relocate temporarily during construction and renovation, and the location of the unit/service with proposed square footage. The total cost per square foot should provide a breakout between new construction and renovation cost per square foot. Other facility projects need only complete Parts B.-E. Please also discuss and justify the cost per square foot for this project.

If the project involves none of the above, describe the development of the proposal.

The proposed project includes the renovation of an existing, 2-story, approximately 42,415 square foot facility. The facility was constructed in two primary phases with the first in the 1950's and one major addition in the late 1960's. The facility was utilized as the original skilled nursing home and is currently partially used for administrative offices and storage. The facility was vacated in 2010 when a new facility was constructed adjacent to the existing building and residents were relocated to the new facility.

The renovation of the existing building will take place on both levels. Currently only the lower level is occupied by administrative offices of the Nursing Facility. The upper floor is currently unoccupied. The upper floor will include the patient/resident rooms, nursing stations, therapy rooms, occupational therapy room, exercise room, laundry room to handle patient/resident rooms' linens, offices, patient/resident/staff conference room, living/activity room, dining hall and kitchen as well as miscellaneous support spaces. The lower floor will renovate the existing offices that currently use spaces as well as new mechanical, storage, and data rooms. Spaces not currently used on the lower level will be repurposed as required by the program and further design development. All patient/resident functions to be limited to upper level. New energy efficient windows will be part of the project; size and configuration will be determined by room layouts.

The upper level layout will include 31 individual private patient/resident rooms. Each room will have its own private toilet room with handicap accessible shower. All private toilet rooms will be handicap accessible with proper clearances, grab bars and fixtures. Each patient/resident room will have its own closet and operable window. Doors into patient/resident rooms will be at least 3'-8" to facilitate moving of beds and equipment. The plans include two open style nursing stations which will provide maximum views of the patient/resident rooms and enhance communication. These stations will also have secured medication and records areas in compliance with HIPAA regulations. The dining hall and kitchen will provide new equipment and serving lines for the residents. The dining hall will also double as a larger activity room when the other living/activity rooms are too small. A large patient/resident exercise room will occupy space across from the physical therapy spaces located between the patient/resident wings. The central location will allow easy access for all patient/resident rooms. The rest of the floor will be reworked to provide new offices and patient/resident/staff conference room, living/activity rooms, guest toilets, and associated storage spaces as determined by further refinements of the design.

SQUARE FOOTAGE AND COST PER SQUARE FOOTAGE CHART

	l otal		\$2,407,500	\$11.184.850
Proposed F nal Cost/ SF			N.A.	N/A N/A N/A
Total Renovated			063	0068
Final otage			26.750	2,500 13,165 42,415
Proposed Final Square Footage			IN A	N/A N/A
Pro Squ Renovated			26750	2,500 13,165 42,415
Proposed Final Location				
Temporary Location				
Existing SF				
Existing				
A. Unit / Department			B. Unit/Depart. GSF Sub-Total	Electrical GSF D. Circulation /Structure GSF E. Total GSF

The lower level layout will include offices, conference rooms, training rooms, mechanicadata, and storage rooms.

B. Identify the number and type of beds increased, decreased, converted, relocate designated, and/or redistributed by this application. Describe the reasons for change in bed allocations and describe the impact the bed change will have on the existin services.

No new ICF/SNF beds are being proposed with this project. This project will renovate currently vacant facility to relocate 31 beds that will primarily provide SNF services, howeve the beds will continue to be dually certified for both ICF and SNF services. The renovate facility will also provide physical therapy and wellness gyms, dining services for both the residents in the facility as well as independent living residents, and administrative and support areas.

Assisted living licensure will be sought for the 31 beds that will be vacated in the current facility to convert the facility to a memory care assisted living unit.

- II.
- C. As the applicant, describe your negot to provide the following health care services (if application):
- 1. Adult Psychiatric Services
- 2. Alcohol and Drug Treatment for Adolescents (exceeding 28 days)
- 3. Birthing Center
- 4. Burn Units
- 5. Cardiac Catheterization Services
- 6. Child and Adolescent Psychiatric Services
- 7. Extracorporeal Lithotripsy
- 8. Home Health Services
- 9. Hospice Services
- 10. Residential Hospice
- 11. ICF/MR Services
- 12. Long-term Care Services
- 13. Magnetic Resonance Imaging (MRI)
- 14. Mental Health Residential Treatment
- 15. Neonatal Intensive Care Unit
- 16. Non-Residential Methadone Treatment Centers
- 17. Open Heart Surgery
- 18. Positron Emission Tomography
- 19. Radiation Therapy/Linear Accelerator
- 20. Rehabilitation Services
- 21. Swing Beds

There is a current and continuing demand for skilled and intermediate nursing care within Cumberland and White counties. In addition to the current licensed beds within Cumberland and White counties, there is an unmet need not only for long-term care beds but also for short stay (skilled) beds as well. In addition, there is an unmet need for additional memory care assisted living beds. As a Continuing Care Retirement Community (CCRC), this proposal allows us to enhance the continuum of care for our residents by continuing to provide ICF/SNF services as well as provide the additional services of a memory care assisted living unit.

D. Describe the need to change location or replace an existing facility.

In addition to the continued demand for skilled and intermediate nursing care within Cumberland White counties, there is an unmet need for additional memory care assisted living beds within the county. The relocation of 31 currently dually certified ICF/SNF beds will not only create a specialized short stay/rehab unit but will also provide space necessary to provide the needed 31 memory care assisted living beds in a home-like, secure venue.

- E. Describe the acquisition of any item of major medical equipment (as defined by the Agency Rules and the Statute) which exceeds a cost of \$1.5 million; and/or is a magnetic resonance imaging (MRI) scanner, positron emission tomography (PET) scanner, extracorporeal lithotripter and/or linear accelerator by responding to the following:
  - 1. For fixed-site major medical equipment (not replacing existing equipment):
    - a. Describe the new equipment, including:
      - Total cost ;(As defined by Agency Rule).
      - 2. Expected useful life;
      - 3. List of clinical applications to be provided; and
      - 4. Documentation of FDA approval.
    - b. Provide current and proposed schedules of operations.

- 2. For mobile major medical equipment:
  - a. List all sites that will be served;
  - b. Provide current and/or proposed schedule of operations
  - c. Provide the lease or contract cost.
  - d. Provide the fair market value of the equipment; and
  - e. List the owner for the equipment.
- 3. Indicate applicant's legal interest in equipment (i.e., purchase, lease, etc.) In the case equipment purchase include a quote and/or proposal from an equipment vendor, or the case of an equipment lease provide a draft lease or contract that at least include the term of the lease and the anticipated lease payments.

Not applicable

- III. (A) Attach a copy of the plot plan of the site on an 8 1/2" x 11" sheet of white paper which mus include:
  - 1. Size of site (in acres);
  - 2. Location of structure on the site; and
  - 3. Location of the proposed construction.
  - 4. Names of streets, roads or highway that cross or border the site.

Please note that the drawings do not need to be drawn to scale. Plot plans are required for all projects.

Please see Attachment B. III. (A).

(B) 1. Describe the relationship of the site to public transportation routes, if any, and to any highway or major road developments in the area. Describe the accessibility of the proposed site to patients/clients.

The site is accessible from Highway 70 via E. Main Street, W. Main Street, or Browntown Road and then W. Lake Road. Please see Attachment B III (B)

IV. Attach a floor plan drawing for the facility which includes legible labeling of patient care rooms (noting private or semi-private), ancillary areas, equipment areas, etc. on an 8 1/2" x 11" sheet of white paper.

NOTE: <u>DO NOT SUBMIT BLUEPRINTS</u>. Simple line drawings should be submitted and need not be drawn to scale.

Please see Attachment B. IV.

- V. For a Home Health Agency or Hospice, identify:
  - 1. Existing service area by County;
  - 2. Proposed service area by County;
  - 3. A parent or primary service provider;
  - 4. Existing branches; and
  - 5. Proposed branches.

Not Applicable (N/A)

SECTION C: GENERAL CRITERIA FOR CERTIFICATE OF NEED

In accordance with Tennessee Code Annotated § 68-11-1609(b), "no Certificate of Need shall I granted unless the action proposed in the application for such Certificate is necessary to provice needed health care in the area to be served, can be economically accomplished and maintained, are will contribute to the orderly development of health care." The three (3) criteria are further defined Agency Rule 0720-4-.01. Further standards for guidance are provided in the state health pla (Guidelines for Growth), developed pursuant to Tennessee Code Annotated §68-11-1625.

The following questions are listed according to the three (3) criteria: (I) Need, (II) Economic Feasibility and (III) Contribution to the Orderly Development of Health Care. Please respond to each question and provide underlying assumptions, data sources, and methodologies when appropriate. <u>Please type each question and its response on an 8 1/2" x 11" white paper</u>. All exhibits and tables must be attached to the end of the application in correct sequence identifying the question(s) to which they refer. If a question does not apply to your project, indicate "Not Applicable (NA)."

# QUESTIONS

## **NEED**

- 1. Describe the relationship of this proposal toward the implementation of the State Health Pla and Tennessee's Health: Guidelines for Growth.
  - a. Please provide a response to each criterion and standard in Certificate of Need Categories that are applicable to the proposed project. Do not provide responses to General Criteria and Standards (pages 6-9) here.

#### A. Need

Population in Cumberland and White counties is projected to grow from 2013 to 2016 by approximately 2.4%, however, the projected population growth during this time period for ages 65 and over is approximately 8.2%. The 591 currently licensed nursing home beds in Cumberland and White counties are not sufficient to meet the current estimated need of 838 beds. Although no additional beds are requested in this CON application, the population growth and bed need projections show there is a continued need for nursing home beds in Cumberland and White counties.

Please see Attachment C. Need. 1.A.

B. Occupancy and Size Standards

While other nursing homes in Cumberland and White counties have operated at less than 90% occupancy, Wharton Nursing Home has operated at a 94% occupancy rate for 2012 and 2013.

Please see Attachment C. Need. 1.B.

b. Applications that include a Change of Site for a health care institution, provide a response to General Criterion and Standards (4)(a-c)

Not Applicable.

The proposed plan is to operate the currently licensed 62 beds in two adjacent buildings under the current single license as approved by the Tennessee Board for Licensing Health Care Facilities.

Please see Attachment C. Need. 1.b.

2. Describe the relationship of this project to the applicant facility's long-range developm plans, if any.

Uplands Village's long-range plan includes the renovation of a currently vacant facility (except for owing used for administrative offices) to provide for 31 dually licensed ICF/SNF beds, physical therapy a wellness gyms, dining facilities, and administrative and support services. The 31 beds in the renoval facility will be relocated from their current facility. The vacated beds in the current facility will converted to a memory care assisted living unit. Uplands Village's administrative and support service will be relocated from its current location to the renovated facility. This vacated facility will be used as community building for the residents of Uplands Village. The long-range plan also provides for the construction of an aquatic therapy facility to be used by residents of Uplands Village for aquatic therapy and wellness.

The portion of the long-range plan proposed in this CON application involves the renovation of a adjacent building on the campus and the relocation of 31 nursing home beds to the renovated building. The 62 licensed nursing home beds will be operated in the two buildings under Wharton Nursing Home current license.

3. Identify the proposed service area and justify the reasonableness of that proposed area. Subset a county level map including the State of Tennessee clearly marked to reflect the service at Please submit the map on 8 1/2" x 11" sheet of white paper marked only with ink detectable be standard photocopier (i.e., no highlighters, pencils, etc.).

The proposed project's primary service area is Cumberland and White Counties. The facility to renovated is located in the western portion of Cumberland County near the White County line a therefore is in a location to easily provide services to both counties. Both of these counties are within 30 mile radius of the proposed facility.

A portion of other counties within a 30 mile radius are considered our secondary service area. The counties include Putnam, Overton, Fentress, Morgan, Roane, Rhea, Bledsoe, and Van Buren counties.

Please see Attachment C. Need. 3.

4. A. Describe the demographics of the population to be served by this proposal.

The elder population in the primary service area is approximately 24% of the total population. population age 65 and older is expected to increase by approximately 8.2% over the next 3 years.

Please see Attachment C. Need. 4.A.

B. Describe the special needs of the service area population, including health disparities, the accessibility to consumers, particularly the elderly, women, racial and ethnic minorities, are low-income groups. Document how the business plans of the facility will take introduced in the special needs of the service area population.

As the elderly population increases in Cumberland and White counties, there is a continuing need to skilled and intermediate nursing care in the service area. A demand analysis provided to us be CliftonLarsonAllen in July 2013 shows there is an unmet need of 14 short stay beds within Cumberlan county alone in addition to the currently operated beds. In addition, the demand analysis suggests a unmet need for 61 additional memory care assisted living beds in Cumberland County affordable for those with incomes of \$35,000 or 32 beds affordable for those with incomes of \$50,000.

Please see Attachment C. Need. 4.B.

5. Describe the existing or certified services, including approved but unimplemented CONs, similar institutions in the service area. Include utilization and/or occupancy trends for each the most recent three years of data available for this type of project. Be certain to list each institution and its utilization and/or occupancy individually. Inpatient bed projects mulinclude the following data: admissions or discharges, patient days, and occupancy. Other projects should use the most appropriate measures, e.g., cases, procedures, visit admissions, etc.

There are currently 591 licensed nursing home beds in Cumberland and White counties whic provided 178,358 days of care in 2012.

Please Attachment C. Need. 5

6. Provide applicable utilization and of occupancy statistics for your institution for each of past three (3) years and the projected annual utilization for each of the two (2) years follow completion of the project. Additionally, provide the details regarding the methodology used project utilization. The methodology must include detailed calculations or documentation for referral sources, and identification of all assumptions.

Wharton Nursing Home has maintained an occupancy rate of 94% - 98% from 2010 - 2013. The proposed project estimates a total occupancy rate of 94%, however, the services and payer sources a projected to change when the project is completed. SNF services began May 2013. Currently SNF days are approximately 11% of total days. When the proposed project is completed and SNF services a primarily provided in a separate unit from ICF services, SNF days are projected to increase approximately 22% of total days during the first year of operation. During the second year of operation SNF services are projected to increase to approximately 50% of total days. This is based on an average occupancy rate of 93% for the new unit.

Please see Attachment C. Need. 6

- 1. Provide the cost of the project by completing the Project Costs Chart on the following pa
- All projects should have a project cost of at least \$3,000 on Line F. (Minimum CON Fili
   Fee). CON filing fee should be calculated from Line D. (See Application Instructions for Filing Fe
- The cost of any lease (building, land, and/or equipment) should be based on fair mark value or the total amount of the lease payments over the initial term of the lease, whichever greater. Note: This applies to all equipment leases including by procedure or "per clic arrangements. The methodology used to determine the total lease cost for a "per clic arrangement must include, at a minimum, the projected procedures, the "per click" rate and the term of the lease.
- The cost for fixed and moveable equipment includes, but is not necessarily limited to maintenance agreements covering the expected useful life of the equipment; federal, state, an local taxes and other government assessments; and installation charges, excluding capital expenditures for physical plant renovation or in-wall shielding, which should be included under construction costs or incorporated in a facility lease.

• For projects that include new construction, modification, and/or renovation; documentation must be provided from a contractor and/or architect that support the estimated construction costs.

Please see Attachment C. Economic Feasibility. 1.

# PROJECT COSTS CHART

	A. Co	instruction and equipment acquired by purchase:	
	1.	Architectural and Engineering Fees	300/305
	2.	Legal, Administrative (Excluding CON Filing F Consultant Fees	ee), 35,000
	3.	Acquisition of Site	More than the second of the se
	4	Preparation of Site	186,740
	5.	Construction Costs	3(817)360, 534 4.7 4.74
	6.	Contingency Fund	The Property of the Control of the C
	7.	Fixed Equipment (Not included in Construction Contract)	Compared and Edition (Editor) Section (Control of Control of Contr
	8.	Moveable Equipment (List all equipment over \$50,000)	749/185 A.
	9.	Other (Specify)	<b>美国的基础是一种企业</b>
В.	Acqu	isition by gift, donation, or lease:	
	1,	Facility (inclusive of building and land)	是是2000年3月
	2.	Building only	的。 第一年第四日第四日(1914年)
	3.	Land only	A head of the first to the second of the sec
	4.	Equipment (Specify)	TELLIONES LINES SECTION AND
	5.	Other (Specify)	<b>公司的</b>
C.	Financ	ing Costs and Fees:	
	1. 1.	nterim Financing	ETEROLOGICA PROPERTY (A)
	2. L	Inderwriting Costs	STATE OF THE STATE
	3. R	Reserve for One Year's Debt Service	<b>的多数形形的</b> 自由发出更为
	4. O	ther (Specify)	
D.	Estimate (A+B+C	ed Project Cost )	<b>是经验的证据的对象的关系</b>
			510887550
E,:		Filing Fee	47.460
F.	Total I	Estimated Project Cost	THE THE PROPERTY OF STREET
	(D+E)		No. and the state of the state
		TOTAL	5.100,000

2. Identify the funding sources for this 30 ject.

Please check the applicable item(s) below and briefly summarize how the project will I financed. (Documentation for the type of funding MUST be inserted at the end of the application, in the correct alpha/numeric order and identified as Attachment C, Econom Feasibility-2.)

- ☐ A. Commercial loan--Letter from lending institution or guarantor stating favorable initial contact, proposed loan amount, expected interest rates, anticipated term of the loar and any restrictions or conditions;
- ☐ B. Tax-exempt bonds--Copy of preliminary resolution or a letter from the issuing authority stating favorable initial contact and a conditional agreement from an underwriter of investment banker to proceed with the issuance;
- ☐ C. General obligation bonds—Copy of resolution from issuing authority or minutes from the appropriate meeting.
- ☐ D. Grants--Notification of intent form for grant application or notice of grant award; or
- ☐ E. Cash Reserves--Appropriate documentation from Chief Financial Officer.
- ☑ F. Other—Identify and document funding from all other sources.

The project will be funded with a direct loan through USDA Rural Development. The loan is for \$6,500,000; however, the proceeds of the loan in excess of the costs of the proposed project will be used to fund other projects that are not a part of the project covered by this CON application.

Please see Attachment C. Economic Feasibility. 2.

3. Discuss and document the reasonableness of the proposed project costs. If applicable, compare the cost per square foot of construction to similar projects recently approved by the Health Services and Development Agency.

Cost per square foot estimates were provided by Upland Design Group. The cost per square foot for this project was developed using a combination of methods including RS Means construction per square foot cost, previous and recent local projects that Upland Design Group had recently bid or completed, their engineer recommendations, local contractor input and bidding climate. Based on this, Uplands Design Group estimates cost per square foot for new construction at \$140/sq. ft. and for renovation at \$90/sq. ft.

# Recently approved CON applications:

approved	our applications.	
CN1306-022	The Health Center of Hermitage	\$172.14/sq. ft. for new construction
	01	\$141.51/sq. ft. for new construction
Oh!/	NUIO AL	\$170.48/sq. ft. for new construction

4. Complete Historical and Projected Data Charts on the following two pages--Do not modify Charts provided or submit Chart substitutions! Historical Data Chart represents revenue a expense information for the last three (3) years for which complete data is available for institution. Projected Data Chart requests information for the two (2) years following completion of this proposal. Projected Data Chart should reflect revenue and expension for the Proposal Only (i.e., if the application is for additional beds, included anticipated revenue from the proposed beds only, not from all beds in the facility).

### HISTORICAL DATA CHART

Give information for the last *three (3)* years for which complete data are available for the facility or agency. The fiscal year begins in (Month).

	Year 2011 Year 2012 Year 2013
<ul> <li>A. Utilization Data (Specify unit of measure)</li> </ul>	22,241 Days 21,264 Days 21,513 Days
B. Revenue from Services to Patients	
<ol> <li>Inpatient Services</li> </ol>	\$3,712,406 \$3,804,977 \$4,097,152
<ol><li>Outpatient Services</li></ol>	(斯拉勒斯) 原是在一个。
<ol><li>Emergency Services</li></ol>	<b>种种或属的图形的数</b> [[100] [100] [100] [100]
4. Other Operating Revenue (Specify)	THE PARTY OF THE P
Gross Operating Reve	nue \$3,712,406 \$3,804,977 \$4,097,152
C. Deductions from Gross Operating Revenue	8
Contractual Adjustments	\$ 23,229 \$ 10,1020 \$ 10,500
<ol><li>Provision for Charity Care</li></ol>	
<ol><li>Provisions for Bad Debt</li></ol>	27/957
Total Deductio	ns \$[51]186 \$ [110,942   \$[395]306
NET OPERATING REVENUE	\$3,664,220 \$ \$3,694,035 \$ \$3,701,846
D. Operating Expenses	The state of the s
<ol> <li>Salaries and Wages</li> </ol>	\$1,981,897,444-45 \$ 2,154,636 \$2,248,093
<ol><li>Physician's Salaries and Wages</li></ol>	1945年 - 1945年
3. Supplies	302,329 316,568 278,152
4. Taxes	137,950
5. Depreciation	220,386 236,473 235,663 235,663
6. Rent	
7. Interest, other than Capital	
8. Other Expenses (Specify) (ORDERS, Contract Syco, Reports, American	2521008 2891315 3 453780 3 45780 3 45780 3 45780 3 45780 3 45780 3 45780 3 45780 3 45780 3 45780 3 45780 3 45780 3 45780 3 45780 3 45780 3 45780 3 45780 3 45780 3 45
Total Operating Expenses	\$ 218941520 \$ 3,134,942 \$ 3,0353,688 4.4.
E. Other Revenue (Expenses) – Net (Specify)	\$ \$ \$
NET OPERATING INCOME (LOSS)	\$ 766,700 \$ 559,093 \$ 348,258
F. Capital Expenditures	
1. Retirement of Principal	\$[59,788.44.7]2 \$[58,162
2. Interest	139,844 1267,95
Total Capital Expenditures	\$ 193,632 \$ 192,466 \$ 186,819
NET OPERATING INCOME (LOSS)	A Transference A Learning Section 1 A Transfer of the section 2
LESS CAPITAL EXPENDITURES	\$ 366,627 \$ 161.439

### PROJECTED DATA CHART

Give information for the two (2) years following the completion of this proposal. The fiscal year begins in [July - (Month).

		YearJ20162''	Year 2017
<ul> <li>A. Utilization Data (Specify unit of</li> </ul>	measure)	21,045 Days	21,045 Days
<ul> <li>B. Revenue from Services to Patie</li> </ul>	ents		
1. Inpatient Services		\$ 7,445,284	\$ 9,741,699
<ol><li>Outpatient Services</li></ol>		16.24(14.5fg)	1 - 7 - 1 A
<ol><li>Emergency Services</li></ol>	w	TOTAL CONTRACTOR	EPETE-MEI
<ol><li>Other Operating Revenue (</li></ol>	(Specify)	图 医环状形状态 星	
Gr	oss Operating Reven	ue \$7,445,284	\$[9,741,699
<ul><li>C. Deductions from Gross Operatin</li></ul>	g Revenue		
<ol> <li>Contractual Adjustments</li> </ol>	41.7	\$[1,131,910	\$ 2,045,249.
<ol><li>Provision for Charity Care</li></ol>	e : 1 = 1 = 1	And the second s	是特征的推销。20
<ol><li>Provisions for Bad Debt</li></ol>		37,226	48,708
	<b>Total Deduction</b>	\$ \$1,169,136	\$ 2,093,967
NET OPERATING REVENUE	es fais	\$[6/276,148	\$7,647,742
D. Operating Expenses	V 161		
1. Salaries and Wages		\$3,521,993	\$ 3,627,653
<ol><li>Physician's Salaries and Wag</li></ol>	es		
3. Supplies		4621975	476 864 400
4. Taxes	2	1/37/950.5 (+1)	187/950, 4
5. Depreciation		857,500	357/500 14
6. Rent			
<ol><li>Interest, other than Capital</li></ol>		<b>解型表达</b>	
8. Other Expenses (Specify)	Contract Svcs, Repairs & Maint, late	993)969	848,804
Total (	Operating Expenses	\$ 5 474 387 37 5	6,448,774
<ul><li>E. Other Revenue (Expenses) Net (S</li></ul>	pecify)	\$ 13.50	
NET OPERATING INCOME (LOSS)		Part of the second seco	1,198(971
F. Capital Expenditures			
<ol> <li>Retirement of Principal</li> </ol>	;	\$[12515704	30,422
2. Interest	B	340,028	1476 (1) (1)
Total Ca	pital Expenditures \$	\$ 465,898	55,898
NET OPERATING INCOME (LOSS)			,
LESS CAPITAL EXPENDITURES	\$	335,863	3,073

5. Please identify the project's average gross charge, average deduction from operating revenue, and average net charge.

		1st Year			2nd Year	
Gross Charges	Days		Avg/Day			Avg/Day
Medicaid ICF	9,400	1,974,000	210	6,000	1,260,000	210
Private Pay ICF	7,095	1,489,950	210	4,525	950,250	210
Medicare SNF	4,550	2,375,178	522	10,525	5,925,284	563
Alzheimer's	10,520	1,347,612	128	10,520	1,347,612	128
-Dining Services		219,000		10,520	219,000	120
Other		39,544			39,553	
		7,445,284			9,741,699	
					5,741,055	
<b>Revenue Deductions</b>		4				
Medicaid ICF		(488,800)	(52)		(312,000)	(52)
Private Pay ICF		(110,682)	(16)		(70,590)	(16)
Medicare SNF		(532,428)	(117)		(1,662,659)	
Bad Debt		(37,226)	(-22)		(48,708)	(158)
	-	(1,169,136)		-	2,093,957)	
		2 "		(	2,033,337)	
Net Charges						
Medicaid ICF		1,485,200	158		948,000	158
Private Pay ICF		1,342,042	189		830,952	184
Medicare SNF		1,842,750	405	2	1,262,625	405
Alzheimer's		1,347,612	128		.,347,612	128
Dining Services		219,000		-	219,000	120
Other		39,544			39,553	
	-	6,276,148		5 <del></del>	-5,000	

6. A. Please provide the current and proposed charge schedules for the proposal. Discuss an adjustment to current charges that will result from the implementation of the proposal Additionally, describe the anticipated revenue from the proposed project and the impact on existing patient charges.

ICF/SNF Room & Board
Ancillary supplies, drugs & services

\$210 per day 2x cost or Medicare fee schedule

The charges for the proposed project are based on charges that are currently in place. Revenue from the proposed project is anticipated to increase from current revenues due to increase in skilled utilization. Additionally, the revenue from the Memory care assisted living will provide addition revenues that are not currently provided.

B. Compare the proposed charges to those of similar facilities in the service area/adjoining service areas, or to proposed charges of projects recently approved by the Health Services and Development Agency. If applicable, compare the proposed charges of the project to the current Medicare allowable fee schedule by common procedure terminology (CPT) code(s).

	<u>ICF</u>	SNF
Wharton Nursing Home	\$210	\$405
Good Samaritan Society	\$205	\$407
Lifecare Center of Crossville	\$187	\$443
Wyndridge Health & Rehab Ctr	\$243	\$243
Lifecare Center of Sparta	\$214	\$427
NHC Health Center Sparta	\$184	\$413

Source for similar facilities: 2012 Joint Annual Report

7. Discuss how projected utilization rates will be sufficient to maintain cost-effectiveness.

Projected utilization rates are based on current occupancy rates of approximately 93%. Although the occupancy rate is projected to remain at approximately 93%, we anticipate that, with the recent implementation of SNF services, the service mix will change in that Medicare SNF services will increase and Medicaid & Private Pay ICF services will decrease from current utilization. As reflected in the Projected Data Chart, the projected occupancy rates provide sufficient revenues to more than offset projected costs.

8. Discuss how financial viability will be ensured within two years; and demonstrate the availability of sufficient cash flow until financial viability is achieved.

As reflected in the Historical and Projected Data Charts, financial viability is currently being realized as well as during the first two years of the completed project.

9. Discuss the project's participation in state and federal revenue programs including a description of the extent to which Medicare, TennCare/Medicaid, and medically indigent patients will be served by the project. In addition, report the estimated dollar amount of revenue and percentage of total project revenue anticipated from each of TennCare, Medicare, or other state and federal sources for the proposal's first year of operation.

The project will continue to participate in state and federal revenue programs including Medicare and TennCare/Medicaid. Services to medically indigent patients are provided by funds maintained by Uplands but restricted for benevolent use. Estimated revenues are presented in the chart provided with question 5 above.

10. Provide copies of the balance sheet and income statement from the most recent reporting period of the institution and the most recent audited financial statements with accompanying notes, if applicable. For new projects, provide financial information for the corporation, partnership, or principal parties involved with the project. Copies must be inserted at the end of the application, in the correct alpha-numeric order and labeled as Attachment C, Economic Feasibility-10.

Please see Attachment C. Economic Feasibility. 10.

- 11. Describe all alternatives to this project which were considered and discuss the advantages and disadvantages of each alternative including but not limited to:
- a. A discussion regarding the availability of less costly, more effective, and/or more efficient alternative methods of providing the benefits intended by the proposal. If development of such alternatives is not practicable, the applicant should justify why not; including reasons as to why they were rejected.

The alternative to this project would be to do nothing and continue to provide the services that are currently being provided. This project will allow Uplands Village to provide SNF services in a separate unit from ICF services. It also provides for memory care assisted living services which are not currently provided and are not available in the service area. Although memory care services are provided in the service area, it is not currently provided in an assisted living venue.

b. The applicant should document that consideration has been given to alternatives to new construction, e.g., modernization or sharing arrangements. It should be documented that superior alternatives have been implemented to the maximum extent practicable.

Consideration was given to both new construction and to renovation of a current vacant facility. Renovation was more economically feasible in that the cost was approximately \$2,500,000 lower than new construction. Although ongoing maintenance costs of a renovated building would be higher than for a newly constructed building, it is estimated that the maintenance costs would be less than the cost difference of building a new facility.

Please see Attachment C. Economic Feasibility. 11.b.

### CONTRIBUTION TO THE ORDERLY DEVELOPMENT OF HEALTH CARE

1 List all existing health care providers (e.g., hospitals, nursing homes, home care organizations, etc.), managed care organizations, alliances, and/or networks with which the applicant currently has or plans to have contractual and/or working relationships, e.g., transfer agreements, contractual agreements for health services.

Cumberland Medical Center Cookeville Regional Medical Center White County Community Hospital Functional Pathways (Therapy services) Morrison (Dietary services) Middle TN Pharmacy Services Hospice of Cumberland County Gentiva Hospice

Caris Hospice
Avalon Hospice
Dr. Dwight Willett (Medical Director)
Holston Gases (Oxygen services)
PHS Health Solutions (Mental Health services)
CLS Clinical Lab Services
Quality Mobile X-ray Services

Describe the positive and/or negative effects of the proposal on the health care system. Please be sure to discuss any instances of duplication or competition arising from your proposal including a description of the effect the proposal will have on the utilization rates of existing providers in the service area of the project.

Although no new ICF/SNF beds are being proposed with this CON application, the proposal will have a positive effect on the health care system in Cumberland and White counties in that it will help with an unmet need for memory care assisted living services.

Uplands Village is 1 of only 12 Eden Alternative ® registered facilities in Tennessee and is the only one in Cumberland and White counties. The Eden Alternative ® advocates for a shift from institutional models of care to person-directed values and practices that put the person first. Person-directed care is structured around the unique needs, preferences, and desires of the individual. The Eden Alternative ® focuses on creating Elder-centered communities — wherever Elders live — that thrive on close and continuing relationships, meaningful interactions, opportunities to give as well as receive, and a rich and diverse daily living.

Please see Attachment C. Contribution to the Orderly Development of Health Care.2

This proposal will allow Uplands to continue to provide a continuum of care to elders and others we serve within the Eden Alternative ® philosophy of care, even when providing skilled nursing care which traditionally is provided in a medical model of care. Skilled nursing care services will be provided in private rooms in a home-like environment.

Provide the current and/or anticipated staffing pattern for all employees providing patient care for the project. This can be reported using FTEs for these positions. Additionally, please compare the clinical staff salaries in the proposal to prevailing wage patterns in the service area as published by the Tennessee Department of Labor & Workforce Development and/or other documented sources.

Administrator	1.0	LPN	15.4
Director of Nursing	1.0	Caregiver (CNA)	43.4
Ass't Director of Nursing	1.0	Team Leader	2.0
MDS Coordinator	2.0	Dietary	20.5
Staff RN	4.2	Housekeeping	4.2
Social Worker	1.0	Transportation	1.0
Activity Coordinator	1.0	Laundry	2.8
Activity Assistant	1.4	Maintenance	- 1.0
Medical Records	1.0	Total	104.9
Administrative Ass't	1.0		

 Hourly Wage Comparison for Clinical Staff

 Project
 2012 Wages

 RN
 24.00
 25.60

 LPN
 16.60
 15.80

 Caregiver (CNA)
 10.40
 10.00

Source for 2012 Wages: 2012 Tennessee Occupational Wages published by the Tennessee Department of Labor and Workforce Development

Discuss the availability of and accessibility to human resources required by the proposal, including adequate professional staff, as per the Department of Health, the Department of Mental Health and Developmental Disabilities, and/or the Division of Mental Retardation Services licensing requirements.

The applicant currently has staff required by the proposal, including adequate professional staff as per the Department of Health. In addition, the applicant plans to add an MDS Coordinator, an Activities Assistant, 4.2 LPN FTE's, 9.8 Caregiver FTE's, 7 Dietary FTE's, 4.2 Housekeeping FTE's, 2.8 Laundry FTE's, and one FTE each for Transportation and Maintenance. The additional positions include staffing for the planned memory care assisted living unit as well.

Verify that the applicant has reviewed and understands all licensing certification as required by the State of Tennessee for medical/clinical staff. These include, without limitation, regulations concerning physician supervision, credentialing, admission privileges, quality assurance policies and programs, utilization review policies and programs, record keeping, and staff education.

The applicant currently provides the services proposed in this project and, therefore, understands all licensing certification.

Discuss your health care institution's participation in the training of students in the areas of medicine, nursing, social work, etc. (e.g., internships, residencies, etc.).

The applicant provides in-house Eden Alternative ® care training to all staff...clinical, clerical, and administrative staff.

7 (a) Please verify, as applicable, that the applicant has reviewed and understands the licensure requirements of the Department of Health, the Department of Mental Health and Developmental Disabilities, the Division of Mental Retardation Services, and/or any applicable Medicare requirements.

The applicant currently provides the services proposed in this project and, therefore, has reviewed and understands licensure requirements of the State of Tennessee and applicable Medicare requirements.

(b) Provide the name of the entity from which the applicant has received or will receive licensure, certification, and/or accreditation.

Licensure: State of Tennessee for nursing home and assisted living services

Accreditation: Centers for Medicare and Medicaid Services (CMS)

(c) If an existing institution, please <sup>4</sup>describe the current standing with any licensing, certifying, or accrediting agency. Provide a copy of the current license of the facility.

Please see Attachment C. Contribution to the Orderly Development of Health Care.7.c.

Wharton Nursing Home has a 5-star overall rating according to CMS' Nursing Home Compare. Please see Attachment C. Contribution to the Orderly Development of Health Care.7.c.2

(d) For existing licensed providers, document that all deficiencies (if any) cited in the last licensure certification and inspection have been addressed through an approved plan of correction. Please include a copy of the most recent licensure/certification inspection with an approved plan of correction.

Please see Attachment C. Contribution to the Orderly Development of Health Care.7.d.

9. Document and explain any final orders or judgments entered in any state or country by a licensing agency or court against professional licenses held by the applicant or any entities or persons with more than a 5% ownership interest in the applicant. Such information is to be provided for licenses regardless of whether such license is currently held.

Not Applicable

10. Identify and explain any final civil or criminal judgments for fraud or theft against any person or entity with more than a 5% ownership interest in the project

Not Applicable

11. If the proposal is approved, please discuss whether the applicant will provide the Tennessee Health Services and Development Agency and/or the reviewing agency information concerning the number of patients treated, the number and type of procedures performed, and other data as required.

The applicant will continue to provide the Tennessee Health Services and Development Agency and/or reviewing agency information as required/requested. The applicant will continue to file information annually in the Joint Annual Report.

PROOF OF PUBLICATION

Attach the full page of the newspaper in which the notice of intent appeared with the mast and dateline intent or submit a publication officially the newspaper of the publication of the newspaper. dateline intact or submit a publication affidavit from the newspaper as proof of the publication of the letter of intent.

### **DEVELOPMENT SCHEDULE**

Tennessee Code Annotated § 68-11-1609(c) provides that a Certificate of Need is valid for a period not to exceed three (3) years (for hospital projects) or two (2) years (for all other projects) from the date of its issuance and after such time shall expire; provided, that the Agency may, in granting the Certificate of Need, allow longer periods of validity for Certificates of Need for good cause shown. Subsequent to granting the Certificate of Need, the Agency may extend a Certificate of Need for a period upon application and good cause shown, accompanied by a non-refundable reasonable filing fee, as prescribed by rule. A Certificate of Need which has been extended shall expire at the end of the extended time period. The decision whether to grant such an extension is within the sole discretion of the Agency, and is not subject to review, reconsideration, or appeal.

- Please complete the Project Completion Forecast Chart on the next page. If the project will be completed in multiple phases, please identify the anticipated completion date for each phase.
- If the response to the preceding question indicates that the applicant does not anticipate completing the project within the period of validity as defined in the preceding paragraph, please state below any request for an extended schedule and document the "good cause" for such an extension.

Form HF0004 Revised 02/01/06 Previous Forms are obsolete

### PROJECT COMPLETION FORECAST CHART

Enter the Agency projected Initial Decision date, as published in T.C.A. § 68-11-1609(c):

5/28/14

Assuming the CON approval becomes the final agency action on that date; indicate the number of days from the above agency decision date to each phase of the completion forecast.

Phase			DAYS REQUIRED	Anticipated Date (MONTH/YEAR)
1. Architectura	al and engineering contract signed		Completed	08/13
2. Constructio Department	n documents approved by the Tenne of Health	ssee		04/14
3. Construction	contract signed	N. 7		05/14
4. Building per	mit secured		15年 15年 15年 15年 15年 15日 15日 15日 15日 15日 15日 15日 15日 15日 15日 15日	Not Req'd
5. Site preparat	ion completed	-	30	07/14
6. Building con	struction commenced		30	07/14
7. Construction	40% complete		180	01/15
8. Construction	80% complete		360	06/4/5
9. Construction	100% complete (approved for occup	ancy	450	09/15
0. *Issuance of l	icense		Currently	Licensed
1. *Initiation of	service		480	10/15
2. Final Architec	tural Certification of Payment		480	10/15
3. Final Project F	Report Form (HF0055)		510	11/15

For projects that do NOT involve construction or renovation: Please complete items 10 and 11 only.

Note: If litigation occurs, the completion forecast will be adjusted at the time of the final determination to reflect the actual issue date.

## **AFFIDAVIT**

STATE OF Tennessee COUNTY OF Cumberland

Al Griffin being first duly sworn, says that he/she is the applicant named in this application or his/her/its lawful agent, that this project will be completed in accordance with the application, that the applicant has read the directions to this application, the Rules of the Health Services and Development Agency, and T.C.A. § 68-11-1601, et seq., and that the responses to this application or any other questions deemed appropriate by the Health Services and Development Agency are true and complete.

Sworn to and subscribed before me this 13th day of February

a Notary

Public in and for the County/State of

Cumberland

My commission expires December 6

(Month/Day)

HEO

STATE TENNEGGEE PUBLIC

CIME!

2016 (Year)

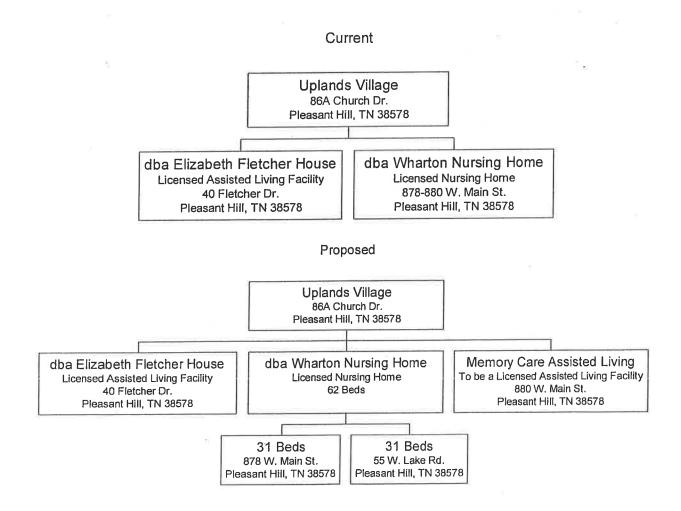
### **List of Attachments**

	<u>Pages</u>
A.3, Corporate Charter	A.3 A.7 A.8
B.I. (A), Plot Plan	A.10 A.11 A.12 A.13
Attachment C, General Criteria  Need  C.1.A, Nursing Home Bed Projections	A.18 A.19 A.20 A.21 A.22 A.24 A.25
C.10, Internal and Audited Financial Statements C.11.b, Construction Cost Comparison  Contribution to the Orderly Development of Health Care C.2, Eden Alternative Documentation C.7.c, Current Facility License C.7.c.2, Nursing Home Compare Results C.7.d, Most Recent Inspection/Plan of Correction  C.7.d, Most Recent Inspection/Plan of Correction	A.63 A.66 A.67 A.70

### Attachment A. 4.

Uplands Village is a 501(c)(3) tax-exempt continuing care retirement community (CCRC). As a CCRC, Uplands Village strives to provide care to its members and those in the community in need of healthcare services. Uplands Village provides services throughout the continuum of care to include home nursing visits for its residents, assisted living, skilled nursing, and intermediate long-term care.

The below chart provides a summary organizational structure of the business lines owned and operated by Uplands Village. All business lines are owned 100% by Uplands Village and operates under the oversight a single self-perpetuating board of directors. Although this proposal is not requesting addition to the 62 beds currently licensed, the proposed plan would move 31 of the beds from 880 W. Main St. to an adjacent building located at 55 W. Lake Rd. and operate all 62 licensed beds under one license. Assisted living licensure will be sought for the 31 beds vacated to convert the facility to a memory care assisted living unit.



### ATTACHMENT A.13

### Contracted (current/anticipated) Managed Care and Behavioral Health Organizations

### UnitedHealthcare Community Plan

UnitedHealthcare Community Plan 8 Cadillac Dr. Brentwood, TN 37027

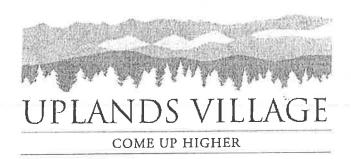
### **AMERIGROUP**

www.amerigroupcorp.com Community Care Three Lakeview Place 22 Century Blvd., Suite 310 Nashville, TN 37214

### TennCare Select

TennCare Select 801 Pine Street Chattanooga, TN 37402-2555 FAX: (423) 752-6790

# Attachment B Projection Description



e e	<b>Pages</b>
Attachment B, Project Description	
B.I, Approval Letter from Tennessee State Board of Licensing Facilities	A.10
B.III. (A), Plot Plan	A.11
B.III. (B), Relationship to Public Transportation	A.12
B IV. Floor Plans	A.13

### Attachment B.I



# STATE OF TENNESSEE DEPARTMENT OF HEALTH DIVISION OF HEALTH LICENSURE & REGULATION OFFICE OF HEALTH CARE FACILITIES 665 MAINSTREAM DRIVE, SECOND FLOOR NASHVILLE, TENNESSEE 37243 TELEPHONE (615) 741-7221 FAX (615) 741-7051

February 12, 2014

Al Griffin
Director of Financial Services
Uplands Village
P.O. Box 168
Pleasant Hill, TN 38578

RE: Wharton Nursing Home #28

Dear Mr. Griffin:

The Board for Licensing Health Care Facilities met on January 23, 2014. The following request was granted:

TO ALLOW WHARTON NURSING HOME TO MOVE 31 NURSING HOME BEDS FROM THE 880 W. MAIN STREET BUILDING TO THE ADJACENT BUILDING LOCATED AT 55 W. LAKE ROAD AND TO OPERATE THE TWO DIFFERENT BUILDINGS ON THE SAME CAMPUS UNDER ONE LICENSE WHICH WILL BE WHARTON NURSING HOME SUBJECT TO PLANS REVIEW APPROVAL OF SUBMITTED PLANS FOR RENOVATION OF OLD NURSING HOME AND PROVISION OF SCHEMATIC WITH CLEAR INDICATION OF TWO BUILDINGS TO BE PART OF THE LICENSE. ALLOW ONE ADMINISTRATOR AND ONE DON TO SERVE BOTH BUILDINGS UNDER LICENSE #28 WHILE LOCATED AT 880 W. MAIN STREET AND 55 W. LAKE ROAD.

Board action was taken in accordance with Section 68-11-209, Chapter 11, Tennessee Code Annotated, which gives the Board authority to waive rules and regulations that do not have a detrimental effect on the health, safety and welfare of the public.

If you have-any questions you may contact this office at (615) 741-7221.

Sincerely

Ann Rutherford Reed, RN, BSN, MBA

Director of Licensure

Division of Health Care Facilities

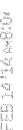
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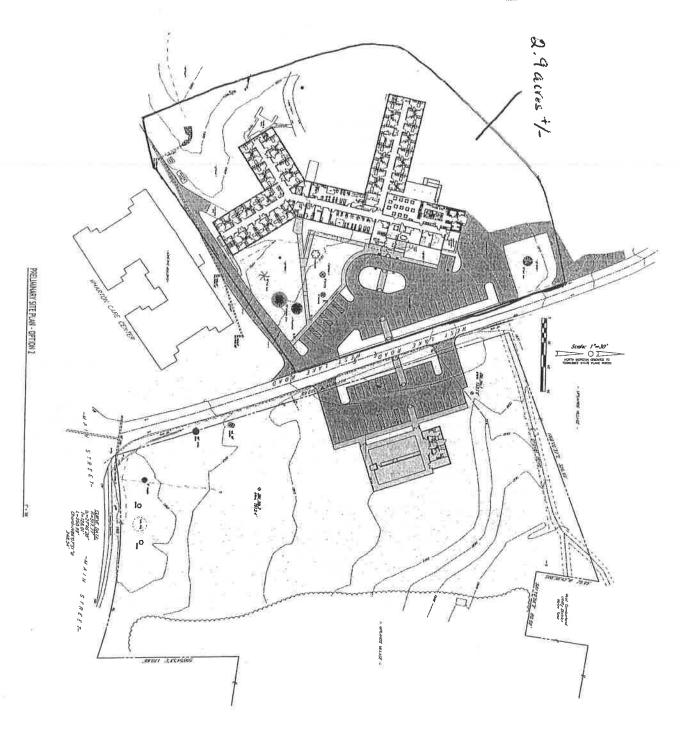
cc: Richard Woodard, Executive Director

ETRO File

Delores Willis

### Attachment B. III. (A)











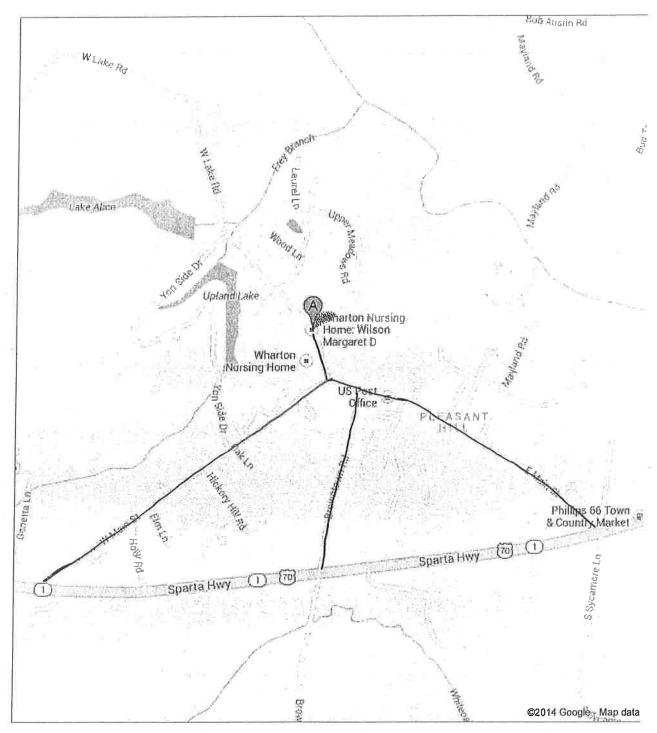




### Attachment B. III. (B)

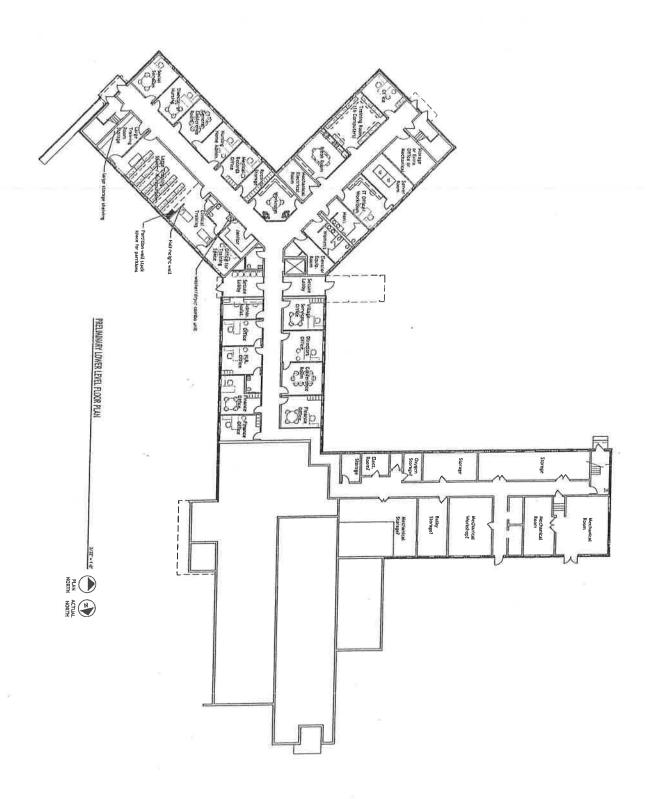


Address **55 W Lake Rd**Pleasant Hill, TN 38578



This site is not located on any public transportation routes. There are no public transportation routes in the area. The site contains a parking lot accessible from public roads. The site is accessible from Highway 70 via E. Main Street, W. Main Street, and Browntown Road and then W. Lake Road.

### Attachment B.IV Page 1 of 2





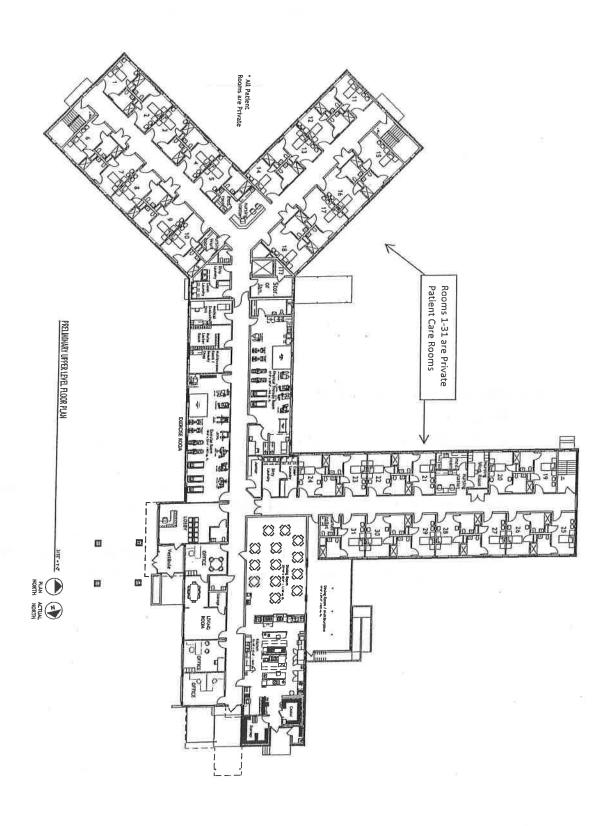




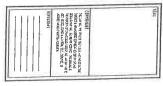


Uplands Village
Page A.13

### Attachment B.IV Pæge 2 of 2





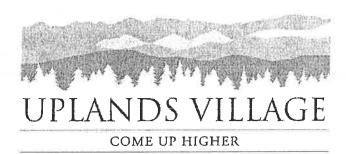






Page A.14

# Attachment C General Criteria Need



*	<b>Pages</b>
Attachment C, General Criteria	
<u>Need</u>	
C.1.A, Nursing Home Bed Projections	A.16
C.1.B, Nursing Home Occupancy Rates	A.17
C.3, Proposed Service Area Map	A.18
C.4.A, Service Area Population Projections	A.19
C.4.B, Service Area Need	A.20
C.5, Existing or Certified Nursing Home Beds in Proposed Service Area	A.21
C.6. Uplands Village/Wharton Nursing Home Utilization	A.22

### Attachment C. Need. 1.A **Cumberland and White Counties Nursing Home Bed Projections**

### **Population Projections**

Total

ulation i rojections					2013-2016
Age	2013	2014	2015	2016	Growth
<= 65	62,743	62,924	62,921	63,090	0.55%
65-74	11,342	11,718	12,319	12,354	8.92%
75-84	5,804	5,915	6,035	6,172	6.34%
85+	2,147	2,218	2,295	2,355	9.69%
0JT	92.036	82 775	83 570	83.971	2.36%

82,775

83,570

83,971

Source: Tennessee Department of Health, Office of Policy, Planning Assessment, Division of Health Statistics

### **Need for Nursing Home Beds**

-Cu (0) 110.	Factor	Beds	Beds	Beds	Beds
<= 65	0.0005	31	31	31	32
65-74	0.0120	136	141	148	148
75-84	0.0600	348	355	362	370
85+	0.1500	322	333	344	353
Total		838	860	886	903

82,036

### **Licensed Nursing Home Beds**

Cum	hor	lan	dС	OH.	ntv

Good Samaritan Society	30
Life Care Center of Crossville	122
Wharton Nursing Home	62
Wyndridge Health & Rehab Ctr	157
Total Licensed Beds	371

#### White County

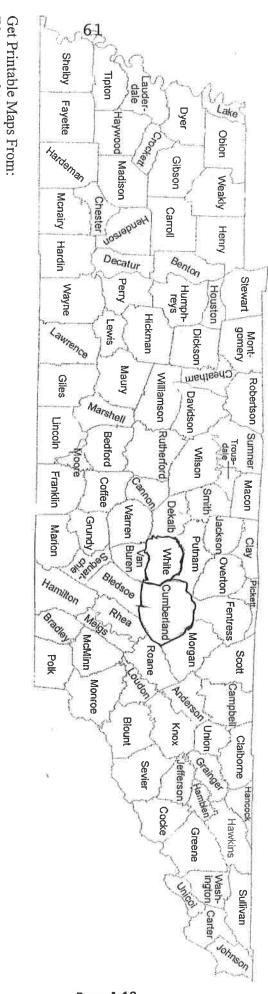
:y	
Life Care Center of Sparta	100
NHC Heatlhcare, Sparta	120
Total Licensed Beds	220
Total Licensed Beds	591

Source: Tennessee Department of Health: Health Care Facilities

Attachment C. Need. 1.B Cumberland and White Counties Nursing Home Occupancy Rates

	Licensed		Resident	
	Beds	Admissions	Days of Care	Occ %
Cumberland County				
Good Samaritan Society	30	189	8,930	82%
Life Care Center of Crossville	122	326	32,604	73%
Wharton Nursing Home	62	37	21,264	94%
Wyndridge Heatlh & Rehab Ctr	157	402	48,787	85%
Total	371	954	111,585	82%
White County				
Life Care Center of Sparta	100	303	31,593	87%
NHC Healthcare Sparta	120	348	35,180	80%
Total	220	651	66,773	83%
Total Primary Service Area	591	1,605	178,358	<u>83</u> %

Source: 2012 Joint Annual Report of Nursing Homes



Waterproof Paper.com

Page A.18

### Attachment C. Need. 4.A

### **Population Projections for Cumberland & White Counties**

Age	2013		
<= 65	62,743	76%	
-65=74	11,342	14%	
75-84	5,804	7% -	24% Age 65+
85+	2,147	3%	
Total	82,036		

Source: Tennessee Department of Health, Office of Policy, Planning Assessment,
Division of Health Statistics

# Conclusions

which includes: ThirdAge was asked to review the market viability of the proposed re-use of the old Wharton Nursing Home,

@2013 CliftonLarsonAllen LLP

- Moving 31 beds from the existing Wharton Homes to a refurbished, updated Wharton Nursing Home building
- Creating a therapy gym, dining and attendant support spaces
- Re-using the vacated area within the Wharton Homes to provide Assisted Living Memory Care services (this would represent the phased addition of approximately 31 new beds)
- Based on our review, analysis and the application of proprietary bed need methodologies our conclusions are as
- approximately 31 beds (located in private rooms, with full private baths) will enhance Uplands market position. along with a modest surplus of 6 long stay beds. Stated differently, there is a continuing demand for the nursing analysis preformed by ThirdAge indicates an unmet need for 14 additional short stay beds within the market area There is a continuing demand for skilled and intermediate nursing care within Cumberland County. The market beds currently operated by Uplands Village. Creating a specialized short stay/ rehab unit comprised of internal financial projections developed by Uplands staff) though perhaps not as high as indicated in Proforma 1. We believe that the number of Medicare bed days will be higher than indicated in Proforma. 2 (included in the
- approximately \$3,900 per month, a phased approach to the implementation of the memory care assisted living supportable if the fees approximate \$3,000 or 19 beds if fees approximate \$4,000. With fees estimated at Assuming that Uplands Village can achieve a reasonable market share – a project consisting of up to 36 beds is \$35,000 in income) or 32 beds (if only affordable to those with \$50,000 in annual income) within the County. In addition, there is an unmet need for 61 additional memory care assisted living beds (affordable to those with followed by the opening of the remaining beds. program is recommended (in other words, opening 1/3 to 1/2 of the beds, achieving full or near full occupancy –
- The viability of the project is dependent on the development of an appropriate marketing plan for both business lines, adequate funding of the marketing efforts and skillful execution of the strategies.

ThirdAge Solutions

### Attachment C. Need. 5

### **Cumberland and White Counties Nursing Home Occupancy Rates**

	Licensed		Resident	14
	Beds	Admissions	Days of Care	Occ %
Cumberland County				
Good Samaritan Society	30	189	8,930	82%
Life Care Center of Crossville	122	326	32,604	73%
Wharton Nursing Home	62	37	21,264	94%
Wyndridge Heatlh & Rehab Ctr	157	402	48,787	85%
Total	371	954	111,585	82%
White County				
Life Care Center of Sparta	100	303	31,593	87%
NHC Healthcare Sparta	120	348	35,180	80%
Total	220	651	66,773	83%
Total Primary Service Area	591	1,605	178,358	83%

Source: 2012 Joint Annual Report of Nursing Homes

### Attachment C. Need. 6

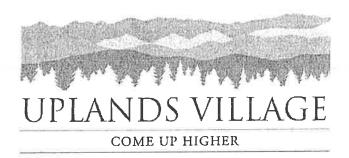
### Uplands Village

### **Wharton Nursing Home**

Occupancy Statistics for the Past 3 Years and Projected for 2 Years

			Days		
	Admissions	ICF	SNF	Total	Occ %
2010	33	22,138	In:	22,138	98%
2011	27	22,241	7	22,241	98%
2012	37	21,264	2	21,264	94%
2013	59	20,134	1,379	21,513	95%
2015	175	16,495	4,550	21,045	93%
2016	210	10,520	10,525	21,045	93%

# Attachment C General Criteria Economic Feasibility



	<b>Pages</b>
Attachment C, General Criteria	
Economic Feasibility	
C.1, Schematic Design Cost Estimate	A.24
C.2, Documentation of Funding Sources	A.25
C.10, Internal and Audited Financial Statements	A.26
C.11 b. Construction Cost Comparison	A.61

### Attachment C. Economic Feasibility. 1



P.O. Box 1026 Crossville, TN 38557 Ph. 931 484-7541

P.O. Box 4238 Cookeville, TN 38502 Ph. 931-372-7541 www.uplanddesigngroup.com

Dec. 18, 2013

Uplands Wellness Center Uplands Village Pleasant Hill, Tennessee

### Schematic Design Cost Estimate

### 1. Construction Costs

A.	- H - Si - R - A	cilitation Facility Renovation azardous Materials Abater te Development enovation – 42,415 sf x \$9 /E Fees oft Costs (review fees, adm	ment 0/sf	\$ 52,000.00 134,710.00 3,817,350.00 300,304.50 <u>35,000.00</u> 4,339,364.50
B.	- Si - Se - Th - En	ic Rehabilitation Center te Development ervice Building – 1,225 sf x nerapy Pool – 60' x 45' nclosure – 4,466 sf E Fees oft Costs (review fees, adn		\$ 125,000.00 220,500.00 195,000.00 295,000.00 62,662.50 12,000.00 910,162.50
			Total	\$ 5,249,527.00





United States Department of Agriculture

Rural Development

August 26, 2013

State Director

3322 West End Ave Suite 300 Nashville, TN 37203 Lyle Weible, Chairman Uplands Village 86-A Church Drive P.O. Box 168 Pleasant Hill, TN 38578

615-783-1300 800-342-3149 x1300 Fax 615-783-1301 Dear Chairman Weible:

We are pleased to inform you that a \$6,500,000 Rural Development Community Facility Loan has been approved and obligated for your nursing home renovation, new facility construction and telecommunication system upgrade project. Enclosed is a copy of Form USDA-RD 1940-1 for your records.

Our Area Office staff will work with you regularly to help expedite loan processing and closing at the earliest possible date.

Congratulations to you on this project.

Sincerely,

BOBBY M. GOODE State Director

Enclosure

CC:

Area Director, Cookeville, TN

USDA is an equal opportunity provider and employer.

## Uplands Village Balance Sheet

83	06/30/2013	12/31/2013	
Current Assets Cash	1,293,922	1,268.280	
Accounts Receivable URV	0000		
Accounts Receivable FH	52,917	15,438	
Accounts Receivable – WNH	0,143	23,109	
AR - SNF	450,000	447,899	
AR - OP THERAPY	71.06,921	422,984	
Resident Accounts Receivable	555 905	1 030 245	
Allowance for Conctractual Adjustments	(84 620)	(038,213	
Allowance for Uncollectibles	(14.138)	(203,469)	
Net Resident Accounts Receivable	557,147	821,455	
Inventories	32,975	58,712	
Prepaid Expenses	49,346	57,390	
Checking Patient Trust	5,697	6,240	
Total Current Assets	1,939,087	2,212,077	
Long Term Assets			
Reserve Account - USDA	146 201	163 571	
Homes for Resale	2.277,441	2 266 521	
Long Term Investments	766,631	826,644	
Notes Receivable	103,207	140,186	
Total Long Term Assets	3,293,481	3,396,922	
Fixed Assets			
Total Fixed Assets	16.540.279	16 658 801	
Accumulated Depreciation	(7,105,534)	(7,354,945)	
Net Fixed Assets	9,434,745	9,303,856	
Restricted Funds			
Adshead Fund	1.057.505	1 059 365	
Keisling Fund	101,615	99.547	
Cravath Fund	492,066	494,799	
Baird Fund	229,987	240,876	
Mulins Fund	209,902	221,147	
Torrie Health Fund	548,815	552,396	
l otal Restricted Funds	2,639,890	2,668,130	
Total Assets	17,307,203	17,580,986	

Village	Sheet
Uplands	Balance

12/31/2013	348,842 250,411 18,930 12,210 49,146 3,333 682,872	28,593 483,014 4,958,120 214,295 429,689 259,620 6,373,331	7,056,204 7,751,881 1,100,705 100,652 519,908 251,772 221,147 578,717 2,772,901	17.580.986
06/30/2013	261,883 177,308 20,609 5,697 38,978 13,333	32,836 486,218 4,998,449 669,662 266,997 6,454,160	6,971,969 7,704,494 1,049,449 100,520 492,066 229,987 209,902 548,815 2,630,740	17,307,203
	Current Liabilities Accounts Payable Accrued Expenses Interest Payable Patient Trust Fund Deposits Payable Deferred Income Total Current Liabilities	Long Term Debt  Note Payable - USDA FHA  Note Payable - CCB - Sewer Plant Loan Payable - USDA - WNH/EFH  Notes Payable - USDA - WNH/EFH  Note Payable - CCB - Buybacks  Note Payable - CCB - Buybacks  Total Liabilities	Net Assets Unrestricted Net Assets Adshead Fund Keisling Fund Cravath Fund Baird Fund Mullins Fund Home Health Fund Total Restricted Net Assets	otal Liabilities and Net Assets

Uplands Village Statement of Revenue and Expense
---

For the Period Ending 12/31/2013

	C	Current Period	- 1				Ye	Year-to-Date		
Actual	Budget	Variance	Last Year	Variance		Actual	Budget	Variance	Last Year	Variance
					Operating Revenues	,				
65,210 133,427 343,615 134,257	72,421 144,102 266,781 292,950	-9.96% -7.41% 28.80% -54.17%	67,734 122,326 308,811	-3.73% 9.07% 11.27%	Village Revenues Fletcher Revenues Wharton ICF Revenue Wharton SNF Revenue	392,913 785,111 1,946,693 801,281	426,441 855,590 1,691,825 1,364,850	-7.86% -8.24% 15.06% -41.29%	424,865 753,960 1,884,349	-7.52% 4.13% 3.31%
736,262 (118,715) 617,547	825,034 (175,927) 649,107	-10.76% -10.76% -4.86%	498,871 (1,940) 496,931	47.59% 6019.34% 24.27%	Outpatient Therapy Revenue Gross Resident Revenue Revenue Deductions Net Resident Revenue	324,893 4,250,890 (678,793) 3,572,097	292,680 4,631,386 (908,301) 3,723,085	11.01% -8.22% 25.27% -4.06%	3,063,174 (124,302) 2,938,872	38.77% 446.38% 21.55%
1,000	23,334 102,265 125,599	-95.71% -84.90% -86.91%	1,000	0.00%	Membership Fees Property Sales Other Operating Revenues	46,500 272.796 319.296	70,000 357,395 427,395	-33,57% -23.67% -25.29%	2,000 39,944 41,944	2225.30% 582.35% 661.25%
633,993	774,706	-18.16%	497,931	27.33%	Total Net Operating Revenue Operating Expenses	3,891,393	4,150,480	6.24%	2,980,816	30.55%
342,449 67,485	319,332 70,713	7.24%	376,919 36,599	-9.15% 84.39%	Salaries & Wages Employee Benefits	1,956,682	1,904,977	2.71%	1,836,740	6.53%
26,248 102,538 851	45,720 89,871 2,074	42.59%	41,622	-36,94% 565,15%	Supplies Purchased Services	163,425 602,708	273,446 539,216	40.24%	267,567	-38.92% -183.75%
946	2,446	-61.42%	1,585	40.48%	Postage & Printing Travel & Education	15,548	12,444	24 95%	8,036	93,48%
2,499 9,982	14,338	-82.57%	8,360	-70.11%	Marketing & Advertising	50,330	86,028	41.50%	35,199	42.99%
51,372 7.298	32,223	59.43%	29,262	75.56%	Utilities, Phone, TV	161,776	193,338	-19.12%	157,057	3.00%
41,568	44,209	-5.97%	42,325	-1.79%	Nepairs & Maintenance Depreciation	56,961	36,102	57.78%	43,009	32.44%
12,144	13,141	-7.58%	45,402	-73.25%	Taxes & Licenses	70,207	78,846	-10.96%	103,161	-31 94%
1,368	3,173	-56.88%	23,357 8,738	5.40% -84.34%	Interest Miscellaneous	135,589	131,700	2.95%	146,866	-7 68%
691,364	677,790	2.00%	645,976	7,03%	Allocated Expenses Total Operating Expenses	3,954,474	4,024,267	-1.73%	3.447.294	14 71%
(57,372)	96,916	-159,20%	(148,045)	61,25%	Operating Margin	(63,082)	126,213	-149 98%	(466,478)	86 48%
					Other Revenue					
23,427 5,821 29,248	863	574.50% 3289.06%	17,289 6,223 - 23,512	35.50% -6.46% 24.40%	Gain/(Loss) on Asset Disposals Donations Interest & Investment Income Fund Transfers Total Other Revenue	49,344 19,276 68,619	5,178	272.26%	14,087 44,937 19,721 90,611	-100 00% 9 81% -2 26% -100 00% -59.48%
953	750	27.08%	336	183.69%	Unrealized Gains/(Losses)	42,760	4,500	850,22%	21,159	102.09%
(27,171)	98,529	-127.58%	(124,197)	78.12%	Increase/(Decrease) in Net Assets	48,297	135,891	-64.46%	(275,963)	117.50%

Uplands Village Statement of Revenue and Expense	rol life relioa Enaing 12/31/2013
--	-----------------------------------

		Variance		-59.95% 63.11%	34.31%	-100.00%	-100.00%
		Last Year		106,684	68,718	1,009	1,023
	Year-to-Date	Variance Last Year					
	7	Budget		, ,	((0))	100	
		Actual		50 49,813	142,162	ğ ı	142,162
			Restricted Funds	Donations Interest & Investment Income Unrealized Cainett constitutions	Total Revenue & Unrealized Gains/(Losses)	Fund Costs Fund Transfers	Total Restricted Fund Inc/(Dec) in Net Assets
	Variance	A SI INCE		-83.33% -22.48% -103.10%	-33.90%	Ì	-33.90%
	Variance I set Year Variance	1801 1001		3,000 15,537 420	18,957		18,957
CULTER FELIO	Variance						
	Budget	1			8	1	
	Actual			500 12,044 (13)	12,531	* 4	12,531

#### **UPLANDS VILLAGE**

Pleasant Hill, Tennessee

## FINANCIAL STATEMENTS AND SUPPLEMENTARY INFORMATION

Years Ended June 30, 2013 and 2012

JOHNSON, HICKEY & MURCHISON, P.C. Certified Public Accountants Chattanooga, Tennessee

## Attachment C. Economic Feasibility. 10 Page 6 of 35

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Schedule 3 - Administrative Expenses	30



#### INDEPENDENT AUDITORS' REPORT

To the Board of Directors of Uplands Village:

We have audited the accompanying financial statements of Uplands Village (a nonprofit organization), which comprise the balance sheets as of June 30, 2013 and 2012, and the related statements of operations and changes in net assets and cash flows for the years then ended, and the related notes to the financial statements.

### Management's Responsibility for the Financial Statements

Management is responsible for the preparation and fair presentation of these financial statements in accordance with accounting principles generally accepted in the United States of America; this includes the design, implementation, and maintenance of internal control relevant to the preparation and fair presentation of financial statements that are free from material misstatement, whether due to fraud or error.

#### Auditors' Responsibility

Our responsibility is to express an opinion on these financial statements based on our audits. We conducted our audits in accordance with auditing standards generally accepted in the United States of America. Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statements are free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditor's judgment, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation and fair presentation of the financial statements in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. Accordingly, we express no such opinion. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of significant accounting estimates made by management, as well as evaluating the overall presentation of the financial statements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our qualified audit opinion.

#### **Basis for Qualified Opinion**

As explained in Note 19 to the financial statements, individual residences within the Uplands Village have been recorded incorrectly in the financial statements. Accounting principles generally accepted in the United States of America require that such property be recorded at cost at the date of acquisition less applicable accumulated depreciation. The effects on the accompanying financial statements of the unrecorded property have not been determined.

#### **Qualified Opinion**

In our opinion, except for the effects of the matter described in the Basis for Qualified Opinion paragraph, the financial statements referred to above present fairly, in all material respects, the financial position of Uplands Village as of June 30, 2013 and 2012, and the changes in its net assets and its cash flows for the years then ended in accordance with accounting principles generally accepted in the United States of America.

#### Other Matter

Our audits were conducted for the purpose of forming an opinion on the financial statements as a whole. The supplementary information included in Schedules 1 through 3 are presented for the purposes of additional analysis and is not a required part of the financial statements. Such information is the responsibility of management and was derived from and relates directly to the underlying accounting and other records used to prepare the financial statements. The information has been subjected to the auditing procedures applied in the audits of the financial statements and certain additional procedures, including comparing and reconciling such information directly to the underlying accounting and other records used to prepare the financial statements or to the financial statements themselves, and other additional procedures in accordance with auditing standards generally accepted in the United States of America. In our opinion, the information is fairly stated in all material respects in relation to the financial statements as a whole.

Johnson, Weikey of Mencheson, P.C.

Chattanooga, Tennessee January 21, 2014

## Attachment C. Economic Feasibility. 10 Page 9 of 35

# UPLANDS VILLAGE BALANCE SHEETS JUNE 30, 2013 AND 2012

	2013				
	General	Restricted	Total		
ASSETS:					
CURRENT ASSETS:	\$ 1,395,537	\$ 266,853	\$ 1,662,390		
Cash Cash	Φ 1,393,337	ф 200,033	Ψ 1,002,071		
Resident receivables, less allowance of (\$98,758	557,623		557,623		
for 2013 and \$14,138 for 2012)	41,153		41,153		
Notes and interest receivable	32,975		32,975		
Inventories	2,284,272		2,284,272		
Homes for sale	49,348		49,348		
Prepaid expenses	49,346	-	17,510		
Total current assets	4,360,908	266,853	4,627,761		
ASSETS LIMITED AS TO USE:					
Debt service reserve	146,201		146,201		
Resident trust funds	5,697	<b>2</b> 0	5,697		
Resident trust funds					
	151,898		151,898		
INVESTMENTS	766,632	2,271,423	3,038,055		
PROPERTY AND EQUIPMENT, net	9,427,911		9,427,911		
OTHER ASSETS: Notes receivable	70,498		70,498		
TOTAL ASSETS	\$ 14,777,847	\$ 2,538,276	\$ 17,316,123		

			2012		
	General		Restricted		Total
-					
\$	1,995,003	\$	264,492	-\$	2,259,495
	357,075		<u>~</u>		357,075
	2,896		2,754		5,650
	11,972		e e		11,972
	2,322,180		8.		2,322,180
12	23,761		F		23,761
		-		2000	
	4,712,887		267,246		4,980,133
	118,680		-		118,680
	15,537		-		15,537
-					
	134,217		14		134,217
	-				
	728,391		2,146,914		2,875,305
-	720,051	-		-	
	9,830,510		:=:		9,830,510
_		3			
	-	_			#
	1				
\$	15,406,005	\$	2,414,160	\$	17,820,165

## Attachment C. Economic Feasibility. 10 Page 11 of 35

# UPLANDS VILLAGE BALANCE SHEETS JUNE 30, 2013 AND 2012

	2013				
	General	Restricted	Total		
LIABILITIES AND NET ASSETS:					
CURRENT LIABILITIES:			154712		
Current maturities of long-term debt	\$ 154,713		\$ 154,713		
Notes payable	571,697	<u> </u>	571,697 140,013		
Accounts payable	140,013	*	60,755		
Deposits and credits	60,755		320,764		
Accrued expenses	320,764	-	320,704		
Deferred income		:			
Total current liabilities	1,247,942		1,247,942		
LONG-TERM DEBT, net of current maturities	5,727,752	· · · · · · · · · · · · · · · · · · ·	5,727,752		
OTHER LIABILITIES:					
Resident trust funds	5,697	-	5,697		
Deposits and credits	?₩	(m)	4		
Deferred income	(***				
potential meeme					
	5,697	(C 2)	5,697		
Total liabilities	6,981,391	U ( <del>****</del>	6,981,391		
NET ASSETS:			<b>5</b> 000 041		
Unrestricted	7,382,841	4 4 5 4 6 6 6	7,382,841		
Temporarily restricted	413,615	1,121,098	1,534,713		
Permanently restricted	).H	1,417,178	1,417,178		
Total net assets	7,796,456	2,538,276	10,334,732		
TOTAL LIABILITIES AND NET ASSETS	\$ 14,777,847	\$ 2,538,276	\$ 17,316,123		

^	Λ	4	•
7.	"	п	7.

			2012		
	General		Restricted		Total
1		-			
\$	144,252	\$	_	\$	144,252
ψ	796,944	Ψ	_	Ψ	796,944
	190,837		-		190,837
	94,677				94,677
	200,461		.=.:		200,461
_	1,168				1,168
-	1,428,339	_	-	-	1,428,339
9 <del></del>	5,893,482	: <del></del>		_	5,893,482
			Ŧ		
	15,537		(e)		15,537
	20,000		8=		20,000
	4,370	-	√ <del>€</del>	_	4,370
	39,907		-		39,907
-	7,361,728	-	·=	:	7,361,728
	7,722,269				7,722,269
	322,008		1,003,629		1,325,637
	·		1,410,531		1,410,531
		-		7	
	8,044,277	_	2,414,160	_	10,458,437
\$	15,406,005	\$	2,414,160	\$	17,820,165

(The accompanying notes are an integral part of these statements.)

## UPLANDS VILLAGE STATEMENTS OF OPERATIONS AND CHANGES IN NET ASSETS FOR THE YEARS ENDED JUNE 30, 2013 AND 2012

	2013						
		General	F	Restr	icted		Total
REVENUES, GAINS AND OTHER SUPPORT:							
Net resident service revenue	\$	6,487,302	\$		5	\$	6,487,302
Administrative assessments		123			×		3 <del>5</del> .0
Contributions		88,319			6,647		94,966
Net assets released from restrictions used for							
operations		33,189			÷		33,189
Investment income		11,690			37,726		49,416
Gains on sale of securities		1,733			3,921		5,654
Wharton auxiliary		53,129			*		53,129
Other income		697			-		697
	-	( (7( 050			48,294		6,724,353
Total revenues, gains and other support	-	6,676,059	-	-	40,274	-	0,724,555
EXPENSES:							
Cost of services		5,017,140			7.		5,017,140
Administrative assessments		128			1,009		1,009
Administrative expenses		1,740,746			2		1,740,746
Interest expense	-	279,511	-			-	279,511
Total expenses	-	7,037,397			1,009	_	7,038,406
OPERATING INCOME (LOSS)		(361,338)		,	47,285		(314,053)
Change in net unrealized gains (losses) on investments		32,353			79,891		112,244
Net assets released from restrictions used for general							
administrative and other expenses		*			(3,060)		(3,060)
Loss on disposal of assets	_	(181)	-		-		(181)
Excess (deficit) of revenues over expenses	17	(329,166)		12	24,116		(205,050)
TEMPORARILY RESTRICTED NET ASSETS:							
Contributions		111,474			-		111,474
Net assets released from restrictions	( <del>)</del>	(30,129)			-	_	(30,129)
Change in temporarily restricted net assets		81,345			-	-	81,345
CHANGE IN NET ASSETS		(247,821)		12	24,116		(123,705)
NET ASSETS:							
Beginning	-	8,044,277	_	2,4	14,160	77	10,458,437
Ending	\$_	7,796,456	\$	2,53	38,276	\$	10,334,732

			2012		
	General		Restricted		Total
\$	5,928,493	\$		\$	5,928,493
	26,515		2		26,515
	612,168		7,449		619,617
	81,963				81,963
	18,514		45,085		63,599
	20,608		110,472		131,080
	46,493		3.44		46,493
	1,921	-			1,921
-	6,736,675	_	163,006	-	6,899,681
	5 045 074				5 045 074
	5,045,974		10 515		5,045,974
	1 170 702		18,515		18,515
	1,178,782		3.50		1,178,782
	301,917	-		-	301,917
	6,526,673		18,515	_	6,545,188
	210,002		144,491		354,493
	(9,498)		(76,421)		(85,919)
	S.		(81,963)		(81,963)
_	(268)			=	(268)
	200,236		(13,893)		186,343
	65,215		<u>=</u>		65,215
-	<del></del> _	-		-	
-	65,215	_	<u> </u>	_	65,215
	265,451		(13,893)		251,558
	7,778,826	-	2,428,053	_	10,206,879
\$_	8,044,277	\$	2,414,160	\$	10,458,437

(The accompanying notes are an integral part of these statements.)

# UPLANDS VILLAGE STATEMENTS OF CASH FLOWS FOR THE YEARS ENDED JUNE 30, 2013 AND 2012

		2013		2012
CASH FLOWS FROM OPERATING ACTIVITIES:	1			
Change in net assets	\$	(123,705)	\$	251,558
Adjustments to reconcile change in net assets to net cash provided (used) by				
operating activities -				
Depreciation		512,863		519,174
Loss on disposal of assets		181		268
Net unrealized (gains) losses on investments		(112,244)		85,919
(Increase) decrease in operating assets -				
Resident receivables		(200,548)		52,557
Notes and interest receivables		(106,001)		437
Inventories		(21,003)		=
Homes for sale		37,908		(196,400)
		(25,587)		6,088
Prepaid expenses Increase (decrease) in operating liabilities -	$\mathcal{E}_{\mathcal{H}}$	` ' '		
		(50,824)		41,494
Accounts payable		(53,922)		(56,465)
Deposits and credits	0.50	120,303		32,255
Accrued expenses		(5,538)		(1,168)
Deferred income	A.,	(3,336)	_	(1,100)
Net cash provided (used) by operating activities	_	(28,117)	_	735,717
CASH FLOWS FROM INVESTING ACTIVITIES:				
Purchase of investments		(821,085)		(898,590)
Sale of investments		770,579		866,459
Additions to property and equipment		(110,445)		(116,522)
Increase in assets limited as to use		(27,521)		(29,832)
Net cash used by investing activities	-	(188,472)		(178,485)
CASH FLOWS FROM FINANCING ACTIVITIES:				220.007
Proceeds from notes payable		(		339,806
Payments on notes payable		(225,247)		(296,613)
Proceeds from long-term debt		16		48,000
Payments on long-term debt		(152,087)		(143,144)
Principal payments on capital lease obligations	-	(3,182)		(4,002)
Net cash used by financing activities		(380,516)		(55,953)
NET INCREASE (DECREASE) IN CASH		(597,105)		501,279
CASU.				
CASH:		2,259,495		1,758,216
Beginning	===			
Ending	\$	1,662,390	\$	2,259,495
SUPPLEMENTAL DISCLOSURES OF CASH FLOWS INFORMATION:				
THE ELECTION AND DESCRIPTION OF COMMENCE OF THE PROPERTY OF TH		279,511		301,917

(The accompanying notes are an integral part of these statements.)



#### Organization -

The retirement village includes various rental apartments, resident homes and duplex units constructed on land life-leased from Uplands Village (Uplands) or owned by resident members as fee-simple properties.

In addition to the retirement village, Uplands operates an assisted living facility (Elizabeth Fletcher House) and an intermediate care (Wharton Homes) nursing home and provides skilled nursing and outpatient therapy services.

#### Basis of accounting -

The financial statements have been prepared on the accrual basis of accounting in accordance with accounting principles generally accepted in the United States of America.

#### Use of estimates -

The preparation of financial statements in accordance with accounting principles generally accepted in the United States of America requires management to make estimates and assumptions that affect certain reported amounts and disclosures. Accordingly, actual results could differ from those estimates.

#### Cash and cash equivalents -

Uplands considers currency on hand and demand deposits with financial institutions to be cash. Uplands considers all highly liquid investments with an original maturity of three months or less, excluding amounts held under a loan agreement, to be cash equivalents. Excess cash, transferred to broker's accounts, is included under investments. Cash in resident trust funds are not considered cash or cash equivalents since balances therein are held by Uplands in an agency capacity for various residents.

#### Receivables -

For resident receivables, the allowance for uncollectible accounts is based on management's assessment of the collectability of specific resident accounts and the aging of the accounts receivable. If there is a deterioration of a major resident's credit worthiness or actual defaults are higher than the historical experience, management's estimates of the recoverability of amounts due Uplands could be adversely affected.

#### Inventories -

Inventories are stated at the lower of cost (first-in, first-out) or market.

#### Homes for sale -

Homes for sale are stated at the lower of cost (first in, first out) or market. These are homes that were purchased back from residents on Uplands old life lease agreement at eighty percent of the appraised value. Uplands is no longer purchasing back any homes for any residents that are still active in a life lease agreement.

### (1) SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES (Continued):

Assets limited as to use -

Assets limited as to use include money required to be set aside by a loan agreement for the life of the related loan and residents' personal assets.

#### Investments -

Investments include all amounts transferred to brokers' accounts for investments in money markets, certificates of deposit, mutual funds, and U.S. government and mortgage-backed securities, stated at fair market value. Unrealized gains or losses are included in nonoperating income.

Property and equipment -

Uplands capitalizes all expenditures in excess of \$500 for property and equipment with a useful life greater than 3 years. Property and equipment assets are recorded at cost with depreciation being charged on the straight-line basis over the estimated useful life of each item. Interest costs incurred on borrowed funds during the period of construction of capital assets are capitalized as a component of the cost of acquiring those assets.

Donations of property and equipment are recorded as contributions at their estimated fair value at the date of donation. Such donations are reported as an increase in unrestricted net assets unless the donor has restricted the donated assets to a specific purpose. Assets donated with explicit restrictions regarding their use and contributions of cash that must be used to acquire property and equipment are reported as restricted contributions. Absent donor stipulations regarding how long those donated assets must be maintained, Uplands reports expirations of donor restrictions when the donated or acquired assets are placed in service as instructed by donor. Uplands reclassifies temporarily restricted net assets at that time.

#### Net assets -

Net assets are classified based on the existence or absence of donor-imposed restrictions. Accordingly, net assets of Uplands and changes therein are classified and reported as unrestricted net assets, temporarily restricted net assets, and permanently restricted net assets. Unrestricted net assets are not subject to donor-imposed stipulations. Temporarily restricted net assets are subject to donor-imposed stipulations that may or will be met, either by action of Uplands or the passage of time. When a restriction expires, temporarily restricted net assets are reclassified to unrestricted net assets and reported in the statement of operations as net assets released from restrictions. Permanently restricted net assets are subject to donor-imposed stipulations that they be maintained permanently by Uplands.

Donor-restricted gifts -

Uplands reports gifts of cash and other assets as either temporarily or permanently restricted support if they are received with donor stipulations that limit the use of the donated assets. Donor stipulations are presumed for donations to specific funds designated by the Board or established by previous donors for specific purposes. When a donor restriction expires, that is, when a stipulated time restriction ends or purpose restriction is accomplished, temporarily restricted net assets are reclassified to unrestricted net assets and reported in the statement of operations as net assets

### (1) SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES (Continued):

Donor-restricted gifts (continued) -

released from restrictions. Donor restricted contributions whose restrictions are met within the same year as received are reported as unrestricted contributions in the accompanying financial statements.

Contributed services -

The directors have donated the time necessary to managing the affairs of Uplands and its activities along with residents of the community who have volunteered their services. The value of these donated services is not reflected in the accompanying financial statement since such services are not susceptible to objective measurement or valuation.

Charity care -

Uplands provides care to residents who meet certain criteria under its charity care policy without charge or at amounts less than its established rates. Because Uplands does not pursue collection of amounts determined to qualify as charity care, they are not reported as revenue. Uplands estimates that the cost of providing the supplies and services under the charity care policy was approximately \$27,000 and \$22,000, for years ended June 30, 2013 and 2012, respectively, based on applying an average cost to charge ratio to the charges for charity care.

#### Net resident service revenue -

Net resident service revenue is reported at the estimated net realizable amounts from residents, third party payors, and others for services rendered and include estimated retroactive revenue adjustments due to future audits, reviews, and investigations. Retroactive adjustments are considered in the recognition of revenue on an estimated basis in the period the related services are rendered, and such amounts are adjusted in future periods as adjustments become known or as years are no longer subject to such audits, reviews, and investigations.

#### Income taxes -

Uplands Village was founded by Dr. May Cravath Wharton and incorporated in 1922 under the laws of the State of Tennessee as a nonprofit corporation and Internal Revenue Code 501(c)(3) and was granted exemption from income taxes under code section 501(a) in January 1939.

Advertising -

Uplands expenses the cost of advertising as it is incurred. Advertising expense for June 30, 2013 and 2012, was \$76,807 and \$28,751, respectively.

### (2) NET RESIDENT SERVICE REVENUE:

Uplands has agreements with third-party payors that provide for payment to Uplands at amounts different from its established rates. Contractual adjustments under third-party reimbursement programs represent the difference between Uplands established rates for services and the amounts reimbursed by third-party payors. A summary of the payment arrangements with major third-party payor follows.

### (2) NET RESIDENT SERVICE REVENUE (Continued):

#### Medicare -

The Medicare program reimburses Uplands on prospectively determined rates per day. These rates vary according to a resident classification system which is based on clinical, diagnostic, and other factors. Uplands began providing skilled Medicare services during the year.

#### Medicaid -

Services rendered to Medicaid program beneficiaries are reimbursed as interim daily rates determined by the state Comptroller's office. The rates are subject to ceilings for both skilled and intermediate care. Reimbursement for services provided to intermediate and skilled care program residents is prospectively determined.

Rental income is billed monthly to each apartment and assisted living resident at the beginning of each month.

Nonrefundable service fees are billed monthly to each retirement village and assisted living resident.

### (3) RESIDENT TRUST FUNDS:

Residents' personal money and money placed in an activity fund for the benefit of residents are held in trust by Uplands. These funds are accounted for as assets limited as to use and other liabilities. At June 30, 2013 and 2012, these funds totaled \$5,697 and \$15,537, respectively.

### (4) DEBT SERVICE RESERVE:

The U.S Department of Agriculture loan for financing on Uplands assisted living and nursing home requires Uplands to set aside into a reserve account the sum of \$2,453 each month until there is accumulated in that account the sum of \$294,305 after which deposits may be suspended. This account shall be maintained so long as the indebtedness remains unpaid.

### (5) PROPERTY, PLANT AND EQUIPMENT:

A summary of property and equipment at June 30, 2013 and 2012, is as follows:

			Estimated
	2013	2012	Useful Lives
Land	\$ 395,534	\$ 405,075	
Land improvements	573,946	573,946	5 to 20 years
Buildings	12,153,493	12,129,045	10 to 40 years
Equipment	2,609,949	2,530,989	5 to 20 years
Sewer and treatment plant	779,889	779,889	10 to 20 years
bevol and a camera posses	16,512,811	16,418,944	
Less accumulated depreciation	7,105,536	6,593,434	
2005 westmanner a sep	9,407,275	9,825,510	
Construction in progress	20,636	5,000	
1 3	6.		
Property, plant and equipment, net	<u>\$ 9,427,911</u>	<u>\$ 9,830,510</u>	
T ALY			

Depreciation expense was \$512,863 and \$519,174 for June 30, 2013 and 2012, respectively.

A portion of the original nursing home building is being used for administrative offices and the remainder is idle. Building and equipment with a carrying value of \$242,501 are idle at June 30, 2013.

#### (6) INVESTMENTS:

The composition of investments at June 30, 2013 and 2012, consisted of:

		2013		2012
Cash	\$	69,960	\$	381,065
Certificates of deposit		80,427		115,973
Money market funds		28,993		448,515
Mutual funds		2,732,427		1,754,982
U.S. Government agency securities	¥0	54,395		105,602
U.S. Government securities		64,782		69,168
Equity securities	:-	7,071		
	<u>\$</u>	3,038,055	<u>\$</u>	2,875,305

#### (6) INVESTMENTS (Continued):

Investments are summarized in general and restricted funds as follows:

	2013	2012
General amounts invested in mutual funds, money	33	
market funds, U.S. Government and mortgage-backed	e 766 622	\$ 728,391
securities through securities firms	\$ 766,632	φ 720,371
Restricted amounts invested in mutual funds, money		
market funds, U.S. Government and mortgage-backed		
securities held through securities firms, attributable to		
the various funds as follows:	-1-6	200 556
Baird Fund	213,697	208,756
Cravath Family Fund	436,793	414,024
Alice Adshead Fund	922,282	862,292
Home Health Care Fund	488,749	459,808
Mullins Memorial Fund	209,902	202,034
Total restricted fund investments	2,271,423	2,146,914
Total resulcted fund investments	2,211,12	
Total investments	\$ 3,038,055	<u>\$ 2,875,305</u>

Earnings from investments consisted of interest and dividends of \$49,416 and \$63,599, net unrealized gains (losses) of \$112,244 and \$(85,919), and realized gains of \$5,654 and \$131,080 for the years ended June 30, 2013 and 2012, respectively.

#### (7) INVESTMENTS – DONOR-RESTRICTED ENDOWMENTS:

Uplands endowments consists of five individual restricted funds, which are donor-restricted endowments established for a variety of purposes described in Note 11.

The Board of Directors of Uplands has interpreted the State Prudent Management of Institutional Funds Act (SPMIFA) as requiring the preservation of the fair value of the original gift as of the gift date of the donor-restricted endowment funds absent explicit donor stipulations to the contrary. As a result of this interpretation, Uplands classifies as permanently restricted net assets (a) the original value of gifts donated to the permanent endowment, (b) the original value of subsequent gifts to the permanent endowment, and (c) accumulations to the permanent endowment made in accordance with the direction of the applicable donor gift instrument at the time the accumulation is added to the fund. The remaining portion of the donor-restricted endowment fund that is not classified in permanently restricted net assets is classified as temporarily restricted net assets until those amounts are appropriated for expenditure by Uplands in a manner consistent with the standard of prudence prescribed by SPMIFA. In accordance with SPMIFA, Uplands considers the following factors in making a determination to appropriate or accumulate donor-restricted endowment funds: (1) the duration and preservation of the various funds, (2) the purposes of the donor-restricted endowment funds, (3) general economic conditions, (4) the possible effect of

### (7) INVESTMENTS – DONOR-RESTRICTED ENDOWMENTS (Continued):

inflation and deflation, (5) the expected total return from income and the appreciation of investments, (6) other resources of Uplands, and (7) Uplands investment policy.

Uplands has adopted an investment policy for all funds invested by Uplands to have a balanced and diversified, combination approach to portfolio management to help reduce volatility and prudently maximize total return for the long term (at least a 10 year horizon). Total return is defined to be the result of capital gains, realized and unrealized, plus income derived from dividends and interest. It is recognized that economic and security market conditions are not constant, but ever changing and, as a result, ongoing portfolio adjustments will be required in order to maintain asset productivity. The fund performance objective is to be not less than the average annual increase in the Consumer Price Index plus 3% net of fees. The maximum spending objective is 5% of the rolling three year average net asset value as determined on a total return basis on January 1 of each calendar year. Portfolio funds will be rebalanced semi-annually or whenever any investment class varies more than 5% from the target allocation.

Uplands has a spending policy that calculates the amount of money annually distributed from Uplands donor-restricted endowed funds. On January 1 of each calendar year all donor-restricted endowments (restricted funds) owe the general fund (which consists of Wharton Home, Fletcher House and Retirement Village) an amount equal to two and a half percent of the total net assets line on each fund's balance sheet. Additionally each of the donor-restricted endowments are available for the withdrawal of monies in order to serve the programs purpose of each fund. This amount is calculated with the net gain (loss) year to date, minus fund donations received year to date, plus temporarily restricted assets at end of previous fiscal year.

Endowment net assets composition by type of fund as of June 30, 2013 and 2012, is as follows:

	2013			2012				
		nporarily estricted		ermanently Restricted		mporarily estricted		ermanently Restricted
Donor-restricted endowment funds:	_ <u>R</u>	estricted		<u> </u>	_1	.cstricted_	-1	COSTITUTOR
Baird Fund	\$	90,336	\$	139,651	\$	86,235	\$	139,599
Cravath Family Fund	•	208,122		283,944		185,361		281,444
Alice Adshead Fund		403,321		654,185		349,573		650,090
Home Health Fund		284,701		264,115		255,527		264,115 75,283
Mullins Memorial Fund	_	134,618		75,283		126,933	-	13,203
	<u>\$</u>	1,121,098	\$	1,417,178	\$	1,003,629	<u>\$</u>	1,410,531

### (7) INVESTMENTS – DONOR-RESTRICTED ENDOWMENTS (Continued):

Total net changes in endowment net assets as of June 30, 2013 and 2012, are as follows:

	2013				20	012		
		emporarily Restricted	Pe	ermanently Restricted		emporarily Restricted		ermanently Restricted
Endowment net assets, beginning of year: Contributions Investment income Net appreciation (depreciation)	\$	1,003,629 - 41,647 79,891	\$	1,410,531 6,647 -	\$	1,024,971 - 155,557 (76,421)	\$	1,403,082 7,449 -
Amounts appropriated for expenditure	_	(4,069)	-		) 	(100,478)		
Endowment net assets, end of year	\$	1,121,098	\$_	1,417,178	\$_	1,003,629	<u>\$</u>	1,410,531

#### (8) NOTES PAYABLE:

At June 30, 2013 and 2012, notes payable consisted of the following:

	2013		2012
Note payable to bank at 4.9% interest, with interest only payments. Principal is payable in one lump sum including unpaid interest on December 2013	\$ 430,208	\$	545,326
Note payable to individual at 3.5% interest with annual interest payments of \$1,677, principal due upon sale of the property, secured by property purchased from former resident that is held for sale	55,887		55,887
Note payables to individuals at 0% interest, payable in one lump sum upon the sale of property	 85,602	_	195,731
Total	\$ 571,697	<u>\$_</u>	796,944

The loans are secured by various properties purchased from former residents that are held for resale.

(9) LONG-TERM DEBT:
A summary of long-term debt at June 30, 2013 and 2012, follows:

	2013	2012
U.S. Farmer's Home Administration, \$95,000 loan on Heritage Hall, due October 2027, payable in annual installments with interest at 5% per annum	\$ 32,836	\$ 36,499
U.S. Department of Agriculture, financing on Fletcher House and the new Wharton Home, due June 2046, payable in monthly installments of \$24,365 including interest at 4.25% per annum	4,998,449	5,077,292
Capital lease obligation payable in monthly installments of \$363 including interest, at an imputed interest rate of 7.503% until January 2013, collateralized by lease equipment		3,182
U.S. Department of Agriculture, nursing home equipment loan, due April 2025, payable in monthly installments of \$2,380 including interest at 4.125% per annum	266,997	284,181
Note payable to individual, payable in monthly installments of \$941 including interest at 3.5% per annum, until January 2015, secured by property purchased from former resident that is held for sale	16,471	26,982
Note payable to bank, payable in monthly installments of \$2,505 including interest at 5.25% per annum, until August 2048, secured by Van Dyck units located at Uplands	486,218	490,099
Note payable to individual, payable in monthly installments of \$1,022 at 0% interest, until October 2017, secured by property purchased from former resident that is held for sale	53,137	65,399
Note payable to individual, payable in monthly installments of \$1,000 at 0% interest, until February 2014, secured by property purchased from former resident that is held for sale	8,000	18,466

(9) LONG-TERM DEBT (Continued):

Note payable to individual, payable in monthly installments of \$1,272 at 0% interest, until October 2014, secured by property purchased form former resident that		
is held for sale	20,357	35,634
Total long-term debt	5,882,465	6,037,734
Less current maturities of long-term debt	154,713	144,252
Long-term debt, net of current maturities	<u>\$ 5,727,752</u>	\$ 5,893,482

Future debt payments are scheduled as follows:

	USDA Loans	Other Debt	Total
2014 2015 2016 2017 2018 Thereafter	\$ 99,404 103,689 108,158 112,820 117,683 4,723,692	\$ 55,309 32,294 22,038 22,616 14,981 469,781	\$ 154,713 135,983 130,196 135,436 132,664 5,193,473
Total	\$ 5,265,446	\$ 617,019	\$ 5,882,465

The U.S. Department of Agriculture (USDA) loan for refinancing on Fletcher House and financing the new Wharton Home are secured by a first lien deed of trust on the new nursing home facility, all present and future contract rights, accounts receivable, and general intangibles arising in connection with Uplands.

The note payable to the bank contains various restrictions and covenants relating to a financial ratio and other activities. At June 30, 2013 and 2012, Uplands was in compliance with all covenants.

### (10) GENERAL TEMPORARILY RESTRICTED NET ASSETS:

General temporarily restricted net assets are those whose use by Uplands has been limited by donors to be used to fund additional projects and further education and training to caregivers in the nursing home.

### (11) RESTRICTED NET ASSETS:

The Baird Fund was established in 1963 by David Baird for the medical care of area indigent children, and later expanded to include indigent nursing home residents and other adults. The original terms having been fulfilled through passage of time, a portion of the fund was permanently restricted in December 1991.

#### (11) RESTRICTED NET ASSETS (Continued):

The Cravath Family Fund was established in December 1991 from a portion of the Baird Fund, providing that the net income of the fund be used to provide for the needs of members of Uplands Village and residents of the May Cravath Wharton Nursing Home who are otherwise unable to provide for their own health care and general retirement living, with an emphasis on assisting in maintaining an independent living circumstance for such persons.

The Home Health Care Fund was established in 1979 by a resident of Pleasant Hill to provide funds for professional consultations through home visitations to the families of the area.

The Mullins Memorial Fund was established in December 1981 with initial gifts from interested relatives and friends in memory of Mr. and Mrs. William Hutson Mullins, under conditions that the capital of the Fund remain intact, and that the income from investments be used by Uplands at any time, as may be deemed appropriate by Uplands, for any purpose connected with the Wharton Nursing Home.

The Alice Adshead Fund was established in 1972 to provide a source of revenue to offset free resident care granted by Uplands to indigent residents of the May Cravath Wharton Nursing Home. Contributions to the Fund become part of the growing corpus of the Fund with interest earned thereon to be transferred as needed to the General Fund specifically for indigent resident care at the May Cravath Wharton Nursing Home.

#### (12) INTEREST EXPENSE:

Uplands incurred interest expense on borrowed funds during the periods as follows:

	-	2013		2012
U.S. Farmer's Home Administration USDA loans Individuals, on real estate acquisition and transfer loans Note payable to bank	\$	1,995 224,938 22,707 29,871	\$	365 230,299 44,162 27,091
Total interest expense incurred	<u>\$</u>	279,511	<u>\$</u>	301,917

#### (13) CONTRIBUTIONS:

ontributions for the years are as follows:  General contributions	2013 \$ 199,793	\$ 677,383
Restricted contributions: Baird Fund Alice Adshead Fund Cravath Fund	52 4,095 2,500 6,647	4,399 3,050 7,449
Total contribution income	<u>\$ 206,440</u>	\$ 684,832

### (14) CONCENTRATION OF CREDIT RISK:

Uplands grants credit without collateral to its nursing home residents, many of whom are local residents and are insured under third-party payor agreements. The mix of receivables from resident and third-party payors at June 30, 2013 and 2012, is as follows:

	2013	2012			
Medicare	28 % 31	- % 54			
Medicaid Residents	41	46			
Totals	<u> </u>	100 %			

Financial instruments that potentially subject Uplands to concentrations of credit risk consist principally of its cash deposits with financial institutions, certificates of deposit, money market funds, mutual funds and U.S. government and mortgage-backed securities.

Uplands has eash deposits with one financial institution at June 30, 2013 and 2012, located in Tennessee. Uplands does not require collateral or other support for eash deposits and certificate of deposit instruments in excess of the federally insured limit. The maximum loss which would have resulted from that risk totaled \$1,510,365 and \$2,103,607 at June 30, 2013 and 2012, for the excess of the eash deposits reported by the financial institution.

At June 30, 2013 and 2012, financial instruments related to certificates of deposit, mutual funds, U.S. government and mortgage backed securities, and money market funds amounting to \$3,038,055 and \$2,875,305 were not collateralized.

#### (15) EMPLOYEE BENEFITS:

Uplands has a sheltered annuity plan for Uplands' employees after one year's service. The plan may make discretionary contributions to individual annuity contracts for each participant. Uplands contributed 4.25% of annual compensation on an annual basis for 2013 and 2012. In addition, each participant can elect to have additional contributions to the plan withheld from their wages.

Uplands' costs for all employee benefits for the years are summarized as follows:

	2013			2012		
Included in costs of services: Payroll taxes Other employee benefits		\$	216,672 142,151	\$	211,450 154,604	
Included in administrative expenses: Payroll taxes Other employee benefits	· 6	;	59,588 93,548	1	36,023 29,001	
Total employee benefits		\$	511,959	<u>\$</u>	431,078	

### (16) FUNCTIONAL EXPENSES:

Uplands provides resident services to residents within its geographic location. Expenses related to providing these services are as follows:

			2013		2012
Resident services	33	\$	5,017,140	\$	5,045,974
General and administrative	(e		2,021,266		1,499,214
		<u>\$</u>	7,038,406	<u>\$</u>	6,545,188

#### (17) COMMITMENTS AND CONTINGENCIES:

Professional Liability and Workers' Compensation Insurance -

Coverage for medical malpractice insurance is provided on a claims-made basis. The primary level of coverage is \$1,000,000 each occurrence with a \$3,000,000 general aggregate limit. Coverage for workers' compensation insurance is provided on a claims-made basis. The primary level of coverage is \$1,000,000 per accident and \$1,000,000 per employee, with a \$1,000,000 policy limit.

#### Medicare and Medicaid -

Revenue from the Medicare and Medicaid programs account for approximately 3% and 39%, respectively, of Uplands net resident revenue for 2013. Revenue from the Medicaid program accounted for approximately 36% of Uplands net resident revenue for 2012. Laws and regulation governing the Medicare and Medicaid programs are extremely complex and subject to interpretation. As a result, there is at least a reasonable possibility that recorded estimates will change by a material amount in the near term.

### (17) COMMITMENTS AND CONTINGENCIES (Continued):

Uncertain tax positions –

Uplands accounts for uncertain tax positions with provisions of FASB ASC 740-10 "Accounting for Uncertainty in Income Taxes" (FASB ASC 740-1), which provides a framework for how companies should recognize, measure, present and disclose uncertain tax positions within the financial statements. Uplands may recognize the tax benefit from an uncertain tax position only if it is more likely than not that the tax position will be sustained on examination by the taxing authorities, based on the technical merits of the position. Uplands does not have any uncertain tax positions as of June 30, 2013 and 2012. As June 30, 2013 and 2012, Uplands did not record any penalties or interest associated with uncertain tax positions.

Uplands Form 990's, Return of Organization Exempt from Income Tax, for the years 2010 and beyond remain subject to examination by the IRS, generally for three years after they were filed.

(18) FAIR VALUE MEASUREMENT:

FASB ASC 820-10, Fair Value Measurements, defines fair value as the price that would be received to sell an asset or paid to transfer a liability in an orderly transaction between market participants at the measurement date. FASB ASC 820-10 also specifies a fair value hierarchy which requires an entity to maximize the use of observable inputs and minimize the use of unobservable inputs when measuring fair value. The standard describes three levels of inputs that may be used to measure fair value:

Quoted prices in active markets for identical assets or liabilities. Level 1

Observable inputs other than Level 1 prices, such as quoted prices for similar Level 2 assets or liabilities, quoted prices in markets that are not active or other inputs that are observable or can be corroborated by observable market data for substantially the full term of the assets or liabilities.

Unobservable inputs that are supported by little or no market activity and that Level 3 are significant to the fair value of the assets or liabilities.

Uplands uses appropriate valuation techniques based on the available inputs to measure the fair value of its investments. All investments have been valued using a market approach. All of Uplands investments have been valued using level 1 inputs. There have been no changes in valuation techniques and related inputs.

### (19) GENERALLY ACCEPTED ACCOUNTING PRINCIPLES (GAAP) DEPARTURE:

Uplands has historically not recorded individual residences as an asset. Uplands treated the transaction as if the property was transferred to the individual residents upon the execution of the life lease agreement. During fiscal year 2012, Uplands began reviewing the life lease agreement. Uplands attorneys determined that the properties were not transferred to the individual residents upon execution of the life lease agreement, thus the assets should have been recorded on the financial statements.

GAAP requires these assets to be reported at cost less applicable accumulated depreciation. Uplands is still in the process of determining how this GAAP departure will effect the financial statements, thus the effect still cannot be determined at June 30, 2013.

#### (20) RECLASSIFICATIONS:

Certain accounts in the prior year financial statements have been reclassified for comparative purposes to conform with the presentation in the current year financial statements.

### (21) SUBSEQUENT EVENTS:

Uplands noted no transactions that would provide evidence about material conditions that did not exist at the balance sheet date but arose subsequently through the date these financial statements were available to be issued, January 21, 2014.

SUPPLEMENTARY INFORMATION

# UPLAND'S VILLAGE SCHEDULE 1 - NET RESIDENT SERVICE REVENUE FOR THE YEARS ENDED JUNE 30, 2013 AND 2012

		2013		2012
Routine nursing care	\$	4,268,364	\$	3,785,759
Sunday/guest meals		50,651		42,940
Beauty shop		10,467		12,356
Rent		1,548,153		1,467,398
Property sales, net		324,060	,	111,542
Maintenance		41,025		23,686
Sewer service		55,230		56,785
Processing and membership fees		680,568		540,020
Home health care		7,383		10,910
Auxiliary gifts		5,200		2,357
Miscellaneous		20,566		16,944
		7,011,667	_	6,070,697
Less deductions from revenue:				10.400
Provision for uncollectibles		3,060		18,493
Contractual adjustment	-	521,305		123,711
Total deductions	-	524,365	_	142,204
			4	# 000 400
TOTAL NET RESIDENT SERVICE REVENUE	<u>\$</u>	6,487,302	\$	5,928,493

## UPLANDS VILLAGE SCHEDULE 2 - COST OF SERVICES FOR THE YEARS ENDED JUNE 30, 2013 AND 2012

	2013	2012
NURSING:	\$ 1,745,212	\$ 1,718,917
Salaries and wages	132,353	129,062
Payroll taxes	83,904	88,965
Other employee benefits	79,308	89,272
Supplies	75,500	576
Repairs and maintenance	35,965	54,013
Contracted services	5,475	8,084
Workshops and travel	-	
Total nursing	2,082,217	2,088,889
HOME HEALTH CARE:	184,076	192,904
Salaries and wages	13,520	14,581
Payroll taxes	11,264	11,963
Other employee benefits	590	1,021
Utilities	3,816	11,248
Supplies	4,116	9,284
Repairs and maintenance	2,025	3,839
Contracted services	1,064	2,046
Workshops and travel	2,283	2,265
Insurance	980	2,549
Miscellaneous	*	
Total home health care	223,734	251,700
OUTPATIENT THERAPY:	2 100	
Supplies	3,108 103,036	-
Contracted services	103,030	
Total outpatient therapy	106,144	
DIETARY:		5/5 7//
Salaries and wages	559,215	565,266
Payroll taxes	42,734	43,427 33,719
Other employee benefits	30,785	315,882
Raw food	302,858	41,191
Supplies	30,334	4,762
Repairs and maintenance	8,088	6,285
Contracted services	10,932	45
Miscellaneous	607	2,393
Workshops and travel	007	74
Rental		
Total dietary	985,553	1,013,044
HOUSEKEEPING:	56.051	54,485
Salaries and wages	56,951 4,331	3,846
Payroll taxes	3,675	3,934
Other employee benefits		38,873
Supplies	26,321	20,073
Repairs and maintenance	114	775
Workshops and travel		
Total housekeeping	91,392	101,913

		2013	2012
LAUNDRY:		746	4,576
Linen purchases		746 4,804	6,713
Supplies		550	0,713
Repairs and maintenance		330	-
Total laundry		6,100	11,289
BEAUTY SHOP:		95	156
Supplies			156
Total beauty shop		95	156
PLANT OPERATIONS:		251 502	211,593
Salaries and wages		251,503 19,340	16,681
Payroll taxes		11,752	12,457
Other employee benefits		346,234	317,503
Utilities -		37,534	42,128
Supplies		104,448	142,143
Repairs and maintenance		47,729	141,987
Contracted services		17,611	51,460
Miscellaneous		16,288	6,329
Workshops and travel		67,376	37,250
Insurance		2,930	2,830
Rental Sewer operating expense		18,307	18,263
Total plant operations		941,052	1,000,624
Total plant operations			
ACTIVITIES:		26,703	22,753
Salaries and wages		2,060	1,810
Payroll taxes		478	1,670
Other employee benefits		2,618	2,866
Supplies		333	ď
Workshops and travel		32,192	29,099
Total activities		32,192	29,077
SOCIAL SERVICE:		31,460	26,039
Salaries and wages		2,334	2,043
Payroll taxes		293	1,896
Other employee benefits		252	in .
Supplies Workshops and travel		1,459	108
		35,798	30,086
Total social service			
DEPRECIATION:		319,610	322,395
Buildings	70	128,545	124,596
Equipment	χ.	34,940	37,228
Sewer and pumping station		5,600	8,517
Vehicles		24,168	26,438
Land improvements		21,700	7
Total depreciation		512,863	519,174
TOTAL COST OF SERVICES		\$ 5,017,140	\$ 5,045,974
	20		

# UPLAND'S VILLAGE SCHEDULE 3 - ADMINISTRATIVE EXPENSES FOR THE YEARS ENDED JUNE 30, 2013 AND 2012

	2013		2012
Salaries and wages	\$ 793,093	\$	502,478
Payroll taxes	59,588		36,023
Other employee benefits	93,548		29,001
Stationery, printing, and supplies	36,491		25,633
Postage and freight	9,150		7,134
Telephone	24,155		17,722
Insurance	186,213		190,734
Dues and subscriptions	36,956		26,311
Legal and accounting	31,716		36,062
Advertising and promotional	76,807		28,751
Contracted services	100,169		2,031
Other administrative expenses	98,957		80,934
Taxes and license fees	172,163		161,974
Computer programming and support	21,740	_	33,994
TOTAL ADMINISTRATIVE EXPENSES	\$ 1,740,746	\$	1,178,782

Attachment C. Ecohomic Feasibility. 11.b



Building Survey/Evaluation Uplands Village Old Wharton Nursing Home Pleasant Hill, TN

#### **Construction Cost Comparison**

The following construction cost analysis is meant to assist the Committee with discussions regarding the reuse or replacement of the existing facility to meet the needs of the proposed new rehabilitation facility for Uplands Village. A very rough space needs program was provided by Mr. Woodard to assist UDG in this study as well as a diagrammatic look at potential use of the existing space. The costs are very much estimates and are very conservative in nature.

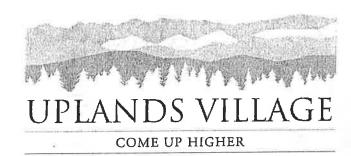
Renovation			
<ul> <li>Hazardous Materials Abatement</li> </ul>		\$	52,000.00
<ul> <li>Renovation – 41,808 sf x \$90/sf</li> </ul>			3,762,720.00
- Soft Costs (A/E fees, review fees, etc.)			300,000.00
	Subtotal	\$ .	4,114,720.00
		9	
New Construction			
<ul> <li>Hazardous Materials Abatement</li> </ul>		\$	52,000.00
- Demolition (assume reuse of existing si	te)		95,000.00
- Site Work (assume reuse of existing site	e)		200,000.00
<ul> <li>Construction – 41,000 sf x \$140.00/sf</li> </ul>		15	5,740,000.00
- Soft Costs (A/E fees, review fees, etc.)			400,000.00
	Subtotal	\$	6,587,000.00

#### Notes:

- 1. These costs are very preliminary in nature and are subject to change based on a final design (i.e. amount of space renovation, HVAC system type, finishes....), the construction market, etc. but should be valid for comparison.
- 2. There is also potential that in a new design the size of the building could vary based upon actual programmatic needs. It is possible that the program could be larger or smaller than the 41,000 sf found in the existing building.
- 3. The Committee has expressed an interest and commitment in adhering to the Eden Alternative for the community at Uplands Village. Use of the existing building will most likely force some compromise in maximizing the design goals of the Eden Alternative. A new facility would be more conducive to meeting these goals.
- 4. As with any renovation of an old building it should be noted that once the renovation is complete it is still an old building. While all of the systems, finishes, etc. are new the main structural components of building are still old. The old building will still likely need more maintenance than a new facility.
- 5. A new facility would allow better overall energy efficiency as it would be built with a better building thermal envelope. Insulation can and would be added in the renovation work but it would less than found in a new building. Therefore, energy costs while improved in the renovated building will have a higher square foot operating cost than a new facility.

## **Attachment C**

## General Criteria <u>Contribution to the Orderly Delivery of Health Care</u>



	Pages
Attachment C, General Criteria	
Contribution to the Orderly Development of Health Care	
C.2, Eden Alternative ® Documentation	A.63
C.7.c. Current Facility License	A.66
C.7.c.2, Nursing Home Compare Results	A.67
C.7.d. Most Recent Inspection/Plan of Correction	



Page A.63

## Attachment C. Contribution to the Orderly Development of Health Care. 2 Page 2 of 3 107

### Mission:

To improve the well-being of Elders and those who care for them by transforming the communities in which they live and work.

#### Vision:

To eliminate loneliness, helplessness, and boredom.

#### Values:

The Eden Alternative Ten Principles

## Attachment C. Contribution to the Orderly Development of Health Care. 2 Page 3 of 3

Our 10 Principles

- 1. The three plagues of loneliness, helplessness, and boredom account for the bulk of suffering among our Elders.
- 2. An Elder-centered community commits to creating a human habital where life revolves around close and continuing contact with plants, animals, and children. It is these relationships that provide the young and old alike with a pathway to a life worth living.
- 3. Loving companionship is the antidote to loneliness. Elders deserve easy access to human and animal companionship.
- 4. An Elder-centered community creates opportunity to give as well as receive care. This is the antidote to helplessness.
- 5. An Elder-centered community imbues daily life with variety and spontaneity by creating an environment in which unexpected and unpredictable interactions and happenings can take place. This is the antidote to boredom.
- 6. Meaningless activity corrodes the human spirit. The opportunity to do things that we find meaningful is essential to human health.
- 7. Medical treatment should be the servant of genuine human caring, never its master.
- 8. An Elder-centered community honors its Elders by de-emphasizing top-down bureaucratic authority, seeking instead to place the maximum possible decision-making authority into the hands of the Elders or into the hands of those closest to them.
- 9. Creating an Elder-centered community is a never-ending process. Human growth must never be separated from human life.
- 10. Wise leadership is the lifeblood of any struggle against the three plagues. For it, there can be no substitute.

171

to conduct

# Board for Aicensing Health Care Facilities

Tennessee State of

0000000028 License No.

Beds

DEPARTIMENT OF HEALTH

This is to certify, that a license is hereby granted by the Plats Department of Health to

UPLANDS RETIREMENT VILLAGE

WHARTON NURSING HOME and maintain a Amsing Rome.

878-880 W. MAIN STREET, PLEASANT HIL

This license shall equie

to the provisions of Chapter 11, Tennessee Code Annotated. This license shall not be assignable or transferable, laws of the State of Tennessee or the rules and requlations of the State Department and shall be subject to revocation at any time by the State Department of Stealth, for failure to comply with the

of Fleatth issued thereunder.

In Offiness Mereof, we have hereunto set our hand and seal of the State

MPH OF HEAPTH, CARE FACILITIES DIRECTOR, DIVISION ES OF

2013

COMMISSIONER

Page A.66

# Medicare.gov | Nursing Home Compare

The Official U.S. Government Site for Medicare

### **Nursing Home Results**

9 nursing homes within 25 miles from the center of 38578.

Choose up to three nursing homes to compare. So far you have selected:

Viewing 1 - 9 of 9					64 4 5 55
Nursing Home Information	Overall Rating	Health Inspections	Staffing 1	Quality Measures *	<u>Distance</u>
WHARTON NURSING HOME  55 WEST LAKE ROAD PLEASANT HILL, TN 38578 (931) 277-3511  Add to My Favorites	ជាជាជាជាជាជាជាជាជាជាជាជាជាជាជាជាជាជាជា	ជាជាជាជាជាជាជាជាជាជាជាជាជាជាជាជាជាជាជា	ត់ជំនំជំនំ Above Average	<del>ជាជាជាជា</del> Much Above Average	0.2 Miles
CENTER OF	Below Average	Below Average	Much Below Average	ជាមជាជាជា Much Above Average	11.8 Miles

### Attachment C. Contribution to the Olderly Development of Health Care. 7.c.2

<u>Nurs</u>	ing Home Informatior រំ	Overall Rating	ge <b>2 of 3</b> <u>Health</u> Inspections	Staffing i	Quality Measures i	<u>Distance</u> <sup>∦</sup>
	HC EALTHCARE, PARTA	<b>☆☆☆★☆</b> Average	<del>ជជាធំជាធំ</del> Below Average	ជាជាជាជាជា Above Average	ជាជាជាជាជាជាជាជាជាជាជាជាជាជាជាជាជាជាជា	12.5 Miles
SPA	GRACEY ST ARTA, TN 38583 1) 836-2211					
<u>Add</u>	to My Favorites					4
HE	'NDRIDGE ALTH AND HAB CTR	Much Above Average	ង់ដង់ជំងំ Above Average	<b>አልልልል</b> Much Above Average	ជាជាជាធំគំ Average	12.6 Miles
CRC	WAYNE AVENUE OSSVILLE, TN 38555 ) 484-6129	~s				
Add	to My Favorites					
CAF 410 \ AVEI MON	ANDING STONE RE AND REHAB W CRAWFORD NUE TEREY, TN 38574 839-2244	松公女女女 Below Average	Average	Much Below Average	Above Average	15.6 Miles
Add t	o My Favorites				40	
CEN	CARE ITER OF IRTA	Above Average	Average	<del>នំជន់ជង់</del> Above Average	<del>ជាជាជាជាជ</del> Above Average	20.4 Miles
SPAR	10SE DRIVE RTA, TN 38583 738-9430					
Add to	My Favorites					

### Attachment C. Contribution to the Otderly Development of Health Care. 7.c.2

	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	-				
	Nursing Home Information	Pa Overall Rating	ge 3 of 3 Health Inspection	Staffing s	Quality Measures	Distance i
	į	Ī	t gi		Ī	
	GOOD SAMARITAN SOCIETY - FAIRFIELD GLADE	Above Average	Above Average	<b>☆☆☆★☆</b> Average	☆☆☆☆★ Above Average	21.9 Miles
	100 SAMARITAN WAY CROSSVILLE, TN 38558 (931) 456-1576	Ĭ.				
	Add to My Favorites					
	BETHESDA HEALTH CARE CENTER	Average	<del>ជាជាជាជាជ</del> Average	Average	ជាជាជាក់ក់ Average	24.2 Miles
	444 ONE ELEVEN PLACE COOKEVILLE, TN 38501 (931) 525-6655			8		*
	Add to My Favorites					
•	KINDRED NURSING AND REHABILITATION- MASTERS	#ቋቋቋ Much Above Average	Above Average	始 <b>全体</b> Below Average	加加加加加 Much Above Average	24.8 Miles
	278 DRY VALLEY RD ALGOOD, TN 38501 (931) 537-6524					
	Add to My Favorites	*				

Choose up to three nursing homes to compare. So far you have selected:

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Viewing 1 - 9 of 9

Attachment C. Contribution to the Orderly Development of Health Care 7.d	Page 1 of 5
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DEPARTMENT OF HEAL CENTERS FOR MEDICAR	TH AND HUMAN SERVICES E & MEDICAID SERVICES		PRINTED:2/4/2014 FORM APPROVED OMB NO. 0938-0391
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER / SUPPLIER (X2) MUTIPLE CONSTRUCTION A. BUILDING B. WING 445510	12.54   1   1   1   1   1   1   1   1   1	(X3) DATE SURVEY COMPLETED 08/14/2013
NAME OF PROVIDER OF WHARTON NURSING HO	SUPPLIER STREET ADD	RESS, CITY, S KE ROAD   HLL, TN 3857	
For information on the nursi	ng home's plan to correct this deficiency, please contact the nursing home or the state s		
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST E OR LSC IDENTIFYING INFORMATION)	E PRECEDED	BY FULL REGULATORY
F 0279	  	IDENTIALITY prehensive care was admitted to ted February 18 ous when staff it evealed the residency for the properties of the properties o	plant of two teachers, 2013, revealed the resident ries to assist with lent, attempted to be .Pt. also called d the resident's Care the resident's Care the resident's Dehaviors. b MDS Coordinator's office, iors.  record review of a physician's ded the resident was admitted d June 7, 2013, revealed .D. Coordinator on August 13.
F 0325	Make sure that each resident gets a nutritional and well balanced diet, unless it possible to do so.  **NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONF Based on medical record review, facility policy review, observation and interview, significant weight loss for one resident (#12), of twenty-four residents reviewed, significant weight loss for one resident (#12), of twenty-four residents reviewed, admitted to the facility on [DATE], was discharged to the hospital on June 24, 201 [DATE], with [DIAGNOSES REDACTED]. Failure to Thrive was added on May entitled Monthly Weights revealed the following weights in pounds (#): May 31, ontation of the name of the hospital; July 12, 2013, weight was 135.6#; a significan (%) in thirty days, and July 19, and 26, 2013, weights were 135# and 134.4#, stabi Progress Note dated July 10, 2013, written by the Registered Dictitian (RD) reveal UTT (Urinary Tract Infection) and DM (Diabetes Mellitus), weight; no current weig appetite 0-50 % by mount x (for) 4 days. Recommendation: NSA (No Sugar Addedaily) dt poor (intake). Review of the care plan dated June 11, 2013, revealed the nutrition. Goal: will have stable weight. Approaches: provide food supplement, provide significant weight loss was not addressed. Review of the facility policy entitled 22, 2013, revealed. All residents of (facility) will be weighed upon admission/or wnursing staff which will subsequently be recorded in (named computer program). A monthly or per physician orders. Observation on August 14, 2013, at 8:00 a.m., revoum, in bed, self-feeding breakfast. Further observation revealed the resident had beverages, 100% of the fried egg, 100% of the banana, 25% of the toast, bites of the applesauce. Interview on August 14, 2013, at 9:45 a.m., at the 300 nursing station, confirmed the RD documentation for the recommendation of the NSA supplement. Would be required for the supplement and there was no physician order for [REDA 10:00 a.m., in the conference room, with the Minimum Data Set Coordinator, conference was	it is not  IDENTIALITY the facility faile he findings including and readmitte 3, and readmitte 9, 2013. Medica 013, weight was at weight loss of lized weight loss of divelopment at risk ride extra snack resident Weigi tihin 24 hours o ll weights there realed the reside consumed 100% er ground sausag with Licensed F Further intervic CTED]. Intervici immed the RD re	ed to address the added; Resident #12 was do to the facility on a freeord review of the facility form a 145.2#; July 1, 2013, 9.6# or 6.6 percent view of the Dietary hange r/t (related to) ecent hospitalization supplement TID (three times for Alteration in 5. Further review revealed at Policy updated March fadmission by the after are done either in in the resident's sof three six-ounce e, and 0% of the ractical Nurse #2, we confirmed a physician order two naugust 14, 2013, at commendation for the later six on the commendation for the later six of the commendation for the commendation fo
F 0371	 b>Store, cook, and serve food in a safe and clean way		
	Based on observation, interview, and review of facility policies, the facility failed to failed to maintain dietary equipment in a sanitary manner, in four of four kitchens, the 100 kitchen in building A on August 12, 2013, at 7:20 p.m., revealed an undate peaches. Further observation revealed a cottage cheese and peach salad and a bowl cold oven. Interview with Certified Nursing Assistant (CNA) #3, on August 12, 20 confirmed the container of peaches was undated and food was stored in the cold ob building A on August 12, 2013, at 7:35 p.m., revealed an undated plastic container loaf of rye bread. Interview with CNA #1, on August 12, 2013, at 7:40 p.m., in the pudding was undated and the loaf of bread was expired and needed to be discarded building B on August 12, 2013, at 7:45 p.m., revealed an undated and unlabeled plundated plastic wrapped refrigerated carrot cake, one bagel with no expiration date and one and a half opened wrappers of crackers with an open date May 20, 2013. It at 7:55 p.m., in the 300 kitchen, confirmed the cakes were unlabeled and undated; crackers did not have known expiration dates. Observation of the 400 kitchen in but p.m., revealed a pint of wrapped refrigerated mushrooms belonging to a resident by expiration date; a half-out banana sitting on the counter unwrapped; and a bowl of steam table, Interview with CNA #4, on August 12, 2013, at 8:05 p.m., in the 400 sexpiration date, the half-out banana on the counter was not wrapped or dated, and table. Observation of the 100 kitchen in building A on August 13, 2013, at 7:40 p.m., in the 400 kitchen in August 12, 2013, at 8:05 p.m., in the 400 kitchen in was more tray. Further observation revealed CNA #5 obtained 114.2 degrees Fahreni	Ine mongs in deplaying of cream of bro of cream of bro of cream of bro of refrigerated 200 kitchen, coo. Observation of satic container o a more of container of the container of the cool of cream of bro of cream of bro of cream of bro of cool cream of bro of cool of cam of bro cold cream of bro cold cream of bro cold cream of bro a revealed scraw of cool o	cool is out to the cool is out t

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

Any deficiency statement ending with an asterisk (\*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

FORM CMS-2567(02-99) Previous Versions Obsolete

Event ID: YL1011

Facility ID: 445510

If continuation sheet Page 1 of 2

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER / SUPI / CLIA IDENNTIFICATION NUMBER	LIER (X2) MUHTIPLE CONSTRUCTION A. BUILDING B. WING	OMB NO. 0938-0391 (X3) DATE SURVEY COMPLETED 08/14/2013
AME OF PROVIDER OF S		17	ET ADDRESS, CITY, STATE, ZIP
HARTON NORSING HO	JIVIE		ST LAKE ROAD SANT HILL, TN 38578
or information on the nursi	ng home's plan to correct this d	eficiency, please contact the nursing home or the	e state survey agency.
(X4) ID PREFIX TAG	SUMMARY STATEMEN OR LSC IDENTIFYING I	T OF DEFICIENCIES (EACH DEFICIENCY N NFORMATION)	MUST BE PRECEDED BY FULL REGULATORY
F 0371	temperature (at or greater on August 13, 2013, at 8:2 plastic container labeled prefrigerator; ice build-up in pin; and a broken thermon the tabletop stand-up mixe Interview with the Dietary cans of peach pie filling we discarded; the the conde build-up; wooden clothes preceded to be replaced; and building B on August 13, 2 two #10 dented cans of saturd and punixer. Interview confirmed the dented cans to be discarded, and the ble on August 13, 2013, at 11:50 at the Dietary Manager obtain with dry paper towels between the Dietary Manager obtain with dry paper towels between the facility police Storing Leftover Food, dat name and room number, the will stored for up to three decentral kitchen in building le	han 135 degrees F) and needed to be discarded. 5 a.m., revealed two number ten (#10) cans of p bach pie filling dated July 31; debris on the cond in the interior of the chest freezer; a bag of frozen leter in the three-door reach-in freezer. Continuer, dried splattered debris on the stationary mixer Manager in the building A central kitchen on A is red dented and needed to be removed from stock enser unit fan grate had debris build-up and need ins were not to be used to secure the bag of chic the mixers and lid of the flour bin needed to be 013, at 10:05 a.m., revealed one #10 dented can erkraut, and a plastic container of refrigerated to vation revealed water and debris in the blender, with the Dietary Manager in the building B centro fpudding, beets and sauerkraut needed to be render and the stand-up mixer needed cleaning. O 15 a.m., revealed the Dietary Manager washed It hing the hands, and then proceeded to obtain foed food temperatures for lasagna, sugar snap pe een each food. Interview with the Dietary Mana firmed hand hygiene had not been performed c	lenser unit fan grate of the walk-in a diced chicken closed with a wooden clothes at observation reveated dried splattered debris on a and dried debris on the lid of the flour bin. ugust 13, 2013, at 8:35 a.m., confirmed the two i; the peach pie filling was expired and needed to led to be cleaned; the chest freezer had icc sken; the freezer thermometer was broken and cleaned. Observation of the central kitchen in of vanilla pudding, one #10 dented can of beets, omalo sauce with the expiration date labeled and debris in the bowl and on the sides of the ral kitchen on August 13, 2013, at 10:25 a.m., smoved from stock; the expirad tomato sauce needed observation of the central kitchen in building B he hands and opened the trash can lid with the old temperatures. Continued observation revealed as, and cauliflower, and cleaned the thermometer ger in the central kitchen in building B on August orrectly after touching the garbage can lid and dwith alcohol wipes between food temperatures. From the Outside, revised November, 2011, and ontainer.clearly labeled with the resident's lso the use-by-date per regulation.leftover food nterview with the Dictary Manager in the
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FORM CMS-2567(02-99) Previous Versions Obsolete

Event ID: YL1011

Facility ID: 445510

If continuation sheet Page 2 of 2



### STATE OF TENNESSEE DEPARTMENT OF HEALTH

Office of Health Licensure and Regulation East Tennessee Region 5904 Lyons View Pike, Bldg. 1 Knoxville, Tennessee 37919

November 21, 2013

Mr. Richard Woodard, Administrator Wharton Nursing Home 878-880 W. Main Street P.O. Box 447 Pleasant Hill TN 38578

Re: 44-5510

Dear Mr. Woodard:

The East Tennessee Regional Office of Health Care Facilities conducted a Health and Life Safety recertification survey on August 12 - 14, 2013. An on-site revisit and review of the facilities plan of correction for the deficiencies cited as a result of the survey was conducted on October 7 and November 13, 2013. Based on the on-site revisit and review, we are accepting your plan of correction and your facility is in compliance with all participation requirements as of October 22, 2013.

If you have any questions concerning this letter, please contact our office at (865) 588-5656.

Sincerely,

Karen B. Kirby, R.N. Regional Administrator

Karon B. Kerley

ETRO Health Care Facilities

KK:afl

Department of Health & Human Services
Centers for Medicare & Medicaid Services
61 Forsyth Street, SW, Suite 4T20
Atlanta, Georgia 30303-8909

Refer to: 44-5510.amended.com12.10.13

IMPORTANT NOT
(Receipt of this notice is presume \*Amended Notice to lease to lease



### IMPORTANT NOTICE - PLEASE READ CAREFULLY

(Receipt of this notice is presumed to be December 10, 2013 – date notice e-mailed)
\*Amended Notice to letter dated November 25, 2013\*

December 10, 2013

Mr. Richard Woodard, Administrator Wharton Nursing Home 878-880 W. Main Street P.O.Box 447 Pleasant Hill, Tennessee 38578

Re: Compliance notice

CMS Certification Number: 44-5510

Dear Mr. Woodard:

As a result of the revisit survey conducted on November 13, 2013, by the East Tennessee Regional Office of Health Care Facilities, it has been determined that Wharton Nursing Home is in substantial compliance with the Medicare requirements for participation for Skilled Nursing Facilities\* effective October 4, 2013\*.

In our letter dated September 24, 2013, we imposed the following enforcement remedies: \*Denial of Payment for New Admissions (DPNA)\* and termination of Medicare participation. These remedies did not go into effect because we determined that your facility achieved substantial compliance before the remedies' effective dates. In other words, your Medicare provider agreement remains in effect.

If our previous letter(s) imposed a Civil Money Penalty (CMP) on your facility, the CMP will be collected in accordance with regulations at 42 CFR 488.442.

Accordingly, your agreement for participation as a provider of services under the Health Insurance for the Aged and Disabled Program (Title XVIII of the Social Security Act) is continued.

If you have any questions regarding this matter, please contact Bessie Barnes at 404-562-7442.

Sincerely,

/s/

Sandra M. Pace Associate Regional Administrator Division of Survey & Certification

cc: State Agency
State Medicaid Agency
Medicare Administrator Contractor
Stephanie Davis, Chief LTCCEB
Jill Jones, LTC S&C

# SUPPLEMENTAL #1

March 20, 2014

Jeff Grimm, HSDA Examiner State of Tennessee Health Services & Development Agency Andrew Jackson Building, Ninth Floor 502 Deaderick Street Nashville, TN 37243

RE:

Certificate of Need Application CN1403-006

Wharton Nursing Home

Dear Mr. Grimm:

Attached are our responses to your letter dated March 14, 2014 requesting clarification or additional discussion from your review of our CON application, CN1403-006.

COME UP HIGHER

Please contact me at (931) 277-3518 or by email at <u>agriffin@uplandsvillage.com</u> if you need further information.

Sincerely,

Al Griffin

Director of Financial Services

March 21, 2014 10:55am

### 1. Section A, Applicant Profile, Item 6

The applicant's ownership of the site is noted. Please include a copy of the title or deed to the property as an attachment to the application to document the applicant's legal interest in the site.

Please see attached copy of deed on Page S.2.

### 2. Section B, Project Description, Item 1

The description of the project is noted. To complement the information provided, please provide a response to the following:
What will be the relationship between the memory care assisted living center and the non-skilled/level 1 and skilled/level 2 services in terms of the Eden Alternative implemented by the applicant for Wharton Nursing Home as approved in CN0610-083A? Please include impact to direct patient care and ancillary services, facility maintenance and life safety services and dietary services.

Note to applicant: Please use the term Nursing Facility (NF), Level 1 or Level 2 when referring to ICF or SNF care in the application in recognition of TennCare's reimbursement to nursing homes for two (2) distinct levels of care provided to Medicaid eligible recipients, Level 1 and Level 2. Level 1 reimbursement is for non-skilled care while Level 2 is for skilled services requiring nursing care and/or rehabilitation therapies. In 2012, TennCare further refined its Level of Care criteria with a weighted scale that measures acuity in several areas: functional areas such as activities of daily living, clinical needs such as the need for skilled nursing or rehabilitation services, and other factors that help determine whether an individual can live safely and independently.

The proposed addition of a memory care assisted living center will be a future addition to the continuum care of Uplands Village's CCRC. The location for this new program will be located in a household that is distinct and separated from the non-skilled/level 1 and skilled/level 2 service areas. The space designated for the memory assisted living is designed to meet all the physical requirements for the Eden Alternative household model of services. Uplands Village will begin the assisted living licensing process in early 2015 for this additional program. The location will provide superior, secure space for meeting the needs of elders who do not need the extensive care of a nursing home but who have received an irreversible dementia diagnosis and need a secure environment for receiving direct care, ancillary services, dietary requirements, etc. The building will be safely maintained by a professional on-site staff and will meet all life safety codes as defined by Tennessee's assisted living regulations.

Has the applicant considered using the proposed site for operation of the new memory care assisted living unit in lieu of relocating 31 of its 62 NF Level1/Level 2 beds in its replacement nursing home approved in CN0610-083A? If so, what would be the impact to this project of just operating a 31 bed memory care assisted living center in the proposed site? If not, please identify and describe the reasons that this option was not considered.

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Uplands Village did consider using the renovated building site for the memory support assisted living but quickly determined the current location of the 31 NF level 1 and level 2 beds to be moved is far superior for implementing the Eden Alternative principles because of its physical design, i.e. it is was created and built specifically for implementing the Eden Alternative care. The location for the 31 NF level 1 and level 2 is designed in a more traditional three hallway configuration with ample space for a full therapy gym, resident dining room and kitchen that affords an environment more conducive for NF level 1 and especially NF level 2 care. The environment would place an extra burden on memory support assisted living staff and residents with "sundowners" because it would make it more difficult for staff to be able to maintain visual contact for safety and cuing.

Will individuals who reside at Uplands Village be given priority status over a private pay non-resident in admissions to the 62-bed licensed bed Wharton Nursing Home? If so, how is this factor likely to impact the plans for the short stay NF beds for skilled, Level 2 services identified by the applicant in this and other related sections of the application?

Uplands Village residents/members who reside on the campus do have a contractual agreement that provides them priority status over a private pay non-resident. This is a practice that has been in effect since the 1980's. However, currently and historically Uplands Village residents/members have occupied approximate 22 or 34% of the available NF level 1 and level 2 beds. Uplands Village has and continues to fulfill its mission to the larger Cumberland Plateau areas senior adults who need either NF level 1 or level 2 care, services and amenities. Thus, since the number of NF level 1 and level 2 beds will remain at 62 the current and historical trends of having 65% of these beds available for private pay non-resident admissions will remain a majority component of Wharton Nursing Home admissions.

### 3. Section B, Project Description, Item II A and B

Please revise the Square Footage Chart to include the existing Square footage by location. In addition, please identify all key units/department in the chart such as dining, patient care rooms, wellness, kitchen, etc. similar to what the applicant documented in CN0610-083A such that the space designated for both the existing and proposed locations can be clearly understood.

Please see revised Square Footage Chart on Page S.6.

What is the square footage per bed in the current facility and what will be the square footage per bed in the proposed renovated facility as compared with state standards?

The new facility will have 31 private beds. Each room in the proposed renovated facility will vary from 281 square feet to 311 square feet per bed including self-contained baths and closets.

The Guidelines for Heath Care Facilities have for a one person bed to be 140 Square feet (2.6-2.2.2.2). That is just the room itself and not the bathroom and closet. Our smallest bedroom (not counting the toilet and closet) is approximately 166 square feet. One of the larger ones is 233 square feet. The reason there is such difference is

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that there is a load bearing wall we don't want to move and it either constricts the room or allows a larger room depending on what side of the corridor you are on.

The guidelines have a minimum requirement for patient storage (i.e. our closet). That requirement is 1'-10" x 1'-8" (section 2.6.2.2.2.3). Our closets are around 2'-6" x 2'-7"

The bathrooms do not have a set size because their requirements for handicap accessibility will guide it (section 2.6-2.2.2.6) so by the nature of the accessibility code, they will have a lot of extra space for turning radii.

Total square footage per bed in the existing building is approximately 659 sq ft/bed. Total square footage per bed in the building to be renovated is approximately 1,368 sq ft/bed. However, the square footage per bed of just the upper level of the renovated building, which is where the 31 licensed will be located, is approximately 804 sq ft/bed.

Where will the NF Level 1 and Level 2 patients residing in the 880-887 Wharton Nursing Home building go for rehabilitation and therapy services?

Both 878 and 880 Wharton Nursing Home buildings have therapy gyms located within the buildings. They will continue to receive therapies in the building they reside.

Will there be any services in the 880-887 nursing home building or on the first floor of the renovated 55 W. Lake building that second floor nursing home residents will have to be transported?

No. Each building is self-sufficient for providing services to their respective residents. All resident services in the renovated 55 W. Lake building will be delivered on the second floor without the need to transport.

What is current and what will be the private vs. semi-private accommodations mix? Please complete the chart below.

	Current Rooms	Current Beds	Proposed Rooms	Proposed Beds
Semi-private Rooms	18	36	9	18
Private Rooms	26	26	53	53
Total Beds	62	62	62	62

### 4. Section B, Project Description, Item II.D.

In Section B. Item II. C and other parts of the proposal, the applicant states that there is a need for short stay skilled beds. In the response to this item, the applicant states that the proposed relocation of 31 of the 62 licensed beds from the current 880-887 W. Main Building to the adjacent 55 W. Lake building will create a short stay/rehab unit. Please address the factors relative to Tennessee's

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Linton Ruling that must be considered in utilizing the 31 licensed beds in the manner projected throughout the application for short stay/rehab patient care. For the applicant's convenience and reference, please note the summary description of the Linton Ruling as follows:

"A legal precedent was established in the Linton Ruling, a Tennessee lawsuit settled in 1990. Mildred Lea Linton, a nursing home resident, represented a class of plaintiffs who alleged that Tennessee's nursing home bed certification policy, in which fewer than all beds within a particular wing or floor could be available for Medicaid recipients, violated the Medicaid Act. Ms. Linton's nursing home apportioned only 40 of its 87 intermediate care facility beds as Medicaid beds. When Medicaid officials reduced Ms. Linton's care eligibility from skilled to intermediate, Ms. Linton's nursing home informed her that it was decertifying her Medicaid bed and would not likely have available any Medicaid beds. The District Court found that Tennessee's "limited bed policy" violated the Medicaid Act, and the state was instructed to submit a remedial plan, which, among other provisions, required Medicaid providers to certify all available, licensed nursing home beds within their facilities and to admit residents on a first-come, first-serve basis."

Uplands Village is aware of the Linton Ruling and will operate the existing and renovated building within the strict guidelines of this ruling. All of Wharton Nursing Home's 62 beds are dual certified, are being used for Medicare rehabilitation services as well as NF level 1 and level 2 care. This operational plan will be continued after 31 of the dual certified beds are moved to the renovation space. Since the current Wharton Nursing Home operates under the Eden Alternative practices the long term nursing residents like the feeling of stability that comes with having consistent friends and neighbors who reside with them. When short-term rehabilitation residents come and go at a much higher frequency, average length of stay approximately 15 days, it is unsettling to some of the longer-term residents. While Uplands Village's practice is to return a long-term resident to their home and room in the event of a short-term shift to a NF level 2 or Medicare rehabilitation stay it is too Uplands Village's practice to attempt, when open beds are available, to locate short-term rehabilitation residents to beds that will cause minimal disruption to longer term residents. The renovated building has three distinct hallways and Uplands Village's management plan will to continue to use all 62 licensed beds for all levels of care with the goal of creating a stable living environment for all residents.

### 5. Section B, Project Description, Item III A (Plot Plan)

Please provide annotations to the plot plan that clearly identify the current location of the 62 NF beds in the 880-887 W. Main Street Wharton Nursing Home building approved in CN0610-083 and opened for public use on or about July 2010. Please also include this information for the 55 West Lake Road building being proposed for renovation and modification to house 31 of the 62 licensed Wharton Nursing Home beds.

Please see attached revised Plot Plan on Page S.7 showing the buildings located at 880-887 W. Main St. and the proposed building to be renovated located at 55 W. Lake Rd.

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6. Section C, Need, Item 1 (a)

Tennessee Code Annotated Section 68-11-1625 requires the Tennessee Department of Health's Division of Health Planning to develop and annually update the State Health Plan. The State Health Plan guides the state in the development of health care programs and policies and in the allocation of health care resources in the state, including the Certificate of Need program. The 5 Principles for Achieving Better Health form the State Health Plan's framework and inform the Certificate of Need program and its standards and criteria.

Please discuss how the proposed project will relate to the <u>5 Principles for Achieving</u>
<u>Better Health</u> found in the State Health Plan. Each Principle is listed below with example questions to help the applicant in its thinking.

- 1. The purpose of the State Health Plan is to improve the health of Tennesseans.
  - a) How will this proposal protect, promote, and improve the health of Tennesseans over time?

It will increase the availability to quality skilled nursing care to the elders in the upper Cumberland region and enhance the quality of life for them by sharing with their friends & families improved health education on proper diet & exercise, smoking risks, optimal pain management, infection prevention, required immunizations, and mental health resources, therefor impacting the future healthcare of their communities.

- b) What health outcomes will be impacted and how will the applicant measure improvement in health outcomes?
  - The health outcomes that will be impacted will include an increase in ADL function, decrease in pain, decrease in infection rates, and a decrease in hospitalizations. These outcomes will be measured by MDS data collection, on-going QA/PI process and annual health survey.
- c) How does the applicant intend to act upon the available data to measure its contribution to improving health outcomes?

By implementing best practices based on outcomes and increasing collaboration with providers as needed.

- 2. Every citizen should have reasonable access to health care.
  - a) How will this proposal improve access to health care? It will provide this rural demographic the access and utilization of state of the art equipment, information technology access to the entire CCRC for standardized care across the campus. The occupational therapy area will facilitate optimal transition from skilled care to home more efficiently and safely.
  - b) How will this proposal improve information provided to the patients and referring physicians?

It will simply the access for providers, consultants and elders creating a single point of entry. Implementation and integration of the AOD system will facilitate referral process with providers and case managers.

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- c) How does the applicant work to improve health literacy among its patient population including between patients and providers?
   Provide patient and family teaching. Conduct an Annual community health fair. Monthly health lecture series. Host provider In-services.
- 3. The state's healthcare resources should be developed to address the needs of Tennesseans while encouraging competitive markets economic efficiencies, and the continued development of the state's health care system.
  - a) How will this proposal lower the cost of health care? By offering an efficient, conducive environment for optimal healing and recovery working to decrease re-hospitalizations through education on disease processes such as diabetes and cardiovascular disease.
  - b) How will this proposal encourage economic efficiencies?
     Provide consistent and quality care to align Uplands Village with an ACO provider.
  - c) What information will be made available to the community that will encourage a competitive market for health care services?
    The community will have access to our annual survey results, published annual report, the CMS five star rating, and our Eden registry status along with positive word of mouth confirmations from past consumers and elders of the community.
- 4. Every citizen should have confidence that the quality of health care is continually monitored and standards are adhered to by health care professionals.
  - a) How will this proposal help health care providers adhere to professional standards?

    The health care professionals will be able to access the EMR and extract pertinent data for reporting to committees such as QA/PI and safety for on-going professional standards to help reduce antipsychotic use, re-hospitalizations and increase the utilization of evidence based procedures.
  - b) How will this proposal encourage continued improvement in the quality of care provided by the health care work force?
     It will allow for real time data to be accessed by health care professionals to provide the highest level of patient centered, safe and quality care.
- 5. The state should support the development, recruitment, and retention of a sufficient and quality health care workforce.
  - a) How will this proposal provide employment opportunities for the health care workforce?

    The proposal will offer the creation of jobs for certified nursing assistants, registered nurses, licensed practical nurses, dietary staff, therapists, maintenance workers and other allied health care workers who are trained in working in a skilled nursing environment. This proposal will serve as a historical milestone to provide on-going health care services and positive economic impact for this rural region.
  - b) How will this proposal complement the existing Service Area workforce?

    It will expand the opportunities available to the current workforce, either for educational growth or career advancement. Uplands Village is dedicated to assisting those who have the ambition to continue in life-long learning, as the skill level grows, so will the opportunities for professional growth.

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7. Section C, Need 1.a. (Service Specific Criteria-Construction, Renovation, Expansion, and Replacement of Health Care Institutions) (3) (a.)

Please include an overview of the applicant facility's occupancy rate during the period following start-up of the replacement 62-bed nursing home approved in CN0610-083A. In your response, please discuss how the Long-term Care Community Choices Act of 2008 has impacted nursing home utilization rates in Shelby County for years 2010, 2011, and 2012. The Long-term Care Community Choices Act of 2008 allows TennCare to pay for more community and home-based services for seniors such as household assistance, home delivered meals, personal hygiene assistance, adult day care centers and respite care services.

The Long-term Care Community Act of 2008 has impacted both Cumberland and White counties over the above three stated years with a census of higher acuity elders. As where before the 2008 Act, these elders would have remained in the hospitals or step down areas longer before coming to a nursing facility. Now, a skilled nursing facilities acuities require knowledge of TPN, PICC lines, advanced wound care and acute disease conditions all while attempting to lower average length of stays and improve quality of service outcomes.

8. Section C, Need 1.a. (Service Specific Criteria-Construction, Renovation, Expansion, and Replacement of Health Care Institutions) (3) (b.)

Given its use as the location of the applicant's prior nursing home replaced by the 880-887 W. Main Street in CN0610-083A, please expand the discussion on why the 55 W. Lake street building's physical plant condition warrants significant renovation at the amount proposed in the Project Cost Chart of the application. Please identify any major renovation or modification needs such as those needed to comply with current life safety codes for nursing homes or those required to correct structural, ventilation, moisture or other problems requiring the applicant's attention as a result of this project.

Although the building had been used to provide nursing home services until replaced by the existing nursing home in CN0610-083A, the infrastructure, i.e. plumbing, mechanical, and ventilation systems, was in dire need of significant repair or replacement due to the age of the facility. This is one reason why it was decided to build a new nursing home. The building also did not meet current codes and had been "grandfathered" until no longer in use. The structure itself, however, is sound.

The proposed project involves completely replacing all plumbing, mechanical and ventilations systems. The outside of the building will also be completely renovated to replace an old, single pane window system with energy efficient windows and to enhance and match the aesthetics of the other buildings on the campus.

9. Section C, Need, Items 3 and 4

Item 3: The service area is noted. Please document the reasonableness of the proposed service area by completing the following table to illustrate patient origin by county of residence for the most recent 3-year period and as projected for the first full year of the project (2016):

March 21, 2014 10:55am

Patient Origin, Wharton Nursing Home Service Area

Patient Origin-	2011	2012	2013	Project Year 1 2016
TN PSA - Cumberland	17	27	45	345
TN PSA - White	2	3	0	60
PSA-total	19	30	45	405
Total	27	37	45	426

127

Item 4.A.: Using population data from the Department of Health, enrollee data from the Bureau of TennCare, and demographic information from the US Census Bureau, please complete the following table and include data for each county in your primary service area (Cumberland and White Counties).

Please see attached chart on Page S.8.

Variable	County	Tennessee
Current Year (CY), Age 65+		
Projected Year (PY), Age 65+		
Age 65+, % Change		
Age 65+, % Total (PY)		
CY, Total Population		
PY, Total Population		
Total Pop. % Change		
TennCare Enrollees		
TennCare Enrollees as a % of Total		
Population		
Median Age		
Median Household Income		
Population % Below Poverty Level		

### 10. Section C, Need, Item 4.B.

In terms of special needs that may apply to the project, the applicant states that a demand analysis prepared by Clifton, Larson and Allen in July 2013 identified the need for 14 short stay beds in Cumberland County in addition to currently operated beds. Did the consultant consider the potential impact of the Linton Ruling in the demand analysis for the short stay beds such that the applicant could account for any impact in its projected patient utilization and financial performance profiles of the project?

Yes, the consultant is aware of the Linton Ruling and considered its impact in their analysis.

March 21, 2014 10:55am

### 11. Section C, Need, Item 5

### Your response is noted. Please complete the following tables:

Please see attached charts on Pages S.9 – S.11.

Applicant's Primary Service Area Nursing Home Utilization-2012

Facility	License	Beds-	Beds-	Beds-	Licensed	MCARE	Medicaid	Skilled	Non-	Total	Total
	d Beds	MCARE	Dually	Medicaid	Only	ADC	Level 2	All	Skilled	ADC	Admits
	0 )	certified	Certified	certified	Beds		ADC	other	ADC		
					Non-			Payors			
					Certified			ADC			
							\				
TO TO A Y									L		
TOTAL											

Source: Nursing Home JAR, 2012

Applicant's Primary Service Area Nursing Home UtilizationTrends-2010-2012

Facility	Licensed Beds	2010 Patient Days	2011 Patient Days	2012 Patient Days	'10- '12 % change	2010 % Occupancy	2011 % Occupancy	2012 % Occupancy
7								
				9				
							E	
3								
TOTAL								

Source: Nursing Home JAR, 2010-2011, 2012

### Nursing Home Bed Mix in Applicant's PSA - 2012 JAR

Nursing Home	Licensed Beds	Total Private Beds	Total Semi- Private Beds	Total Companion Beds	Ward Beds
PSA Totals					

March 21, 2014 10:55am

### 12. Section C, Need, Item 6

Your response to this item is noted. As a visual aid to the description, please complete the following table for the applicant's 62-bed licensed nursing home facility

Please attached chart on Page S.12.

Wharton Nursing Home's Historical and Projected Utilization

Year	Licensed	Medicare-	Medicare/Medicaid-	Medicare	Medicaid	Skilled	Non-	Total	Licensed	Total
	Beds	certified	dually certified beds	ADC	Level 2	All	skilled	ADC	%	Admits
		beds			ADC	other	ADC		Occupancy	
				1		Payors				
						ADC				
2010										
2011										
2012										
2013										
2014										
(EST)										
Yr 1										
Yr 2										

### 13. Section C, Economic Feasibility, Item 1 (Project Cost Chart)

As noted, please change the application fee for this project to \$11,499.00 In addition, please describe why there are no financing costs in Section C of the Project Cost Chart for the USDA Rural Development loan identified in Item 2 on page 24 of the application.

Please see attached revised Project Costs Chart on Page S.13. The project is being financed by a direct loan with USDA Rural Development Agency. There are no financing costs associated with this type of financing except Uplands Village's legal fees which are included in Line A.2 costs.

The December 18, 2013 letter with cost estimates for the renovation of the 55 W. Lake Building from Upland Design Group is noted. However, please also provide documentation from a licensed construction industry professional (i.e., architect, builder, or engineer) that attests to the <u>federal</u>, state and <u>local construction codes</u>, standards, specifications, and requirements that apply to the <u>proposed project</u>, including the 2010 AIA Guidelines for Design and Construction of Healthcare Facilities.

Please see attached letter from Upland Design Group on Page S.14.

Please itemize line A.7, Moveable Equipment, in the amount of \$749,185.

Please see attached itemized list on Page S.15.

March 21, 2014 10:55am

### 14. Section C, Economic Feasibility, Item 2

Per the 8/26/13 letter from the USDA representative regarding the applicant's loan of \$6.5 million for this and related project costs, please identify the standard terms of the loan such as the expected interest rate, the required minimum monthly payment and the term of the loan. In addition, please provide an addendum or supplemental letter from the USDA, as appropriate.

Please see attached USDA Loan Resolution Security Agreement and Amendment No. 1 to the Letter of Conditions dated August 16, 2013 beginning on Page S.16.

### 15. Section C, Economic Feasibility, Item 3

The response is noted. In the project narrative the applicant speaks of renovation to the proposed site in lieu of new construction, which the applicant notes as \$140/square foot compared to new construction costs of other similar projects recently approved by HSDA. In addition, the Cost per Square Foot Chart on page 13 reflects the cost for renovation only. The HSDA median for total construction in previously approved nursing home projects between 2009 and 2011 is \$165.00/square foot and the first quartile is \$94.55, which means 75% of all nursing home construction projects from 2009-2011 were above this cost. With major renovation only expected for the proposed construction, has the applicant understated the expected cost of this project at \$90/square foot? Please clarify.

In your response, please also use the updated 2010-2012 Cost per Square Foot Table available on the HSDA website under "Applicant's Toolbox" in comparison to the cost per square foot for the proposed project.

Please see attached Cost per Square Foot Table on Page S.22. Renovated construction per the 3<sup>rd</sup> Quartile in the chart is \$55.00/sq ft. Current estimates for the proposed project are \$90.00/sq ft. This is based on the architect's professional opinion based on the current market in Cumberland County.

### 16. Section C, Economic Feasibility, Item 4 (Historical Data Chart)

It appears that net operating revenue for 2013 in the Historical Data Chart accounts for approximately 65% of the \$6,487,302 of net resident revenue for Uplands Village identified in Schedule B1, page A.57, of the financial statements attached to the application. Please confirm that the amounts reflected for 2012 and 2013 in the chart pertain to the financial performance of the 62 licensed nursing home beds associated with this proposal.

Please see attached revised Historical Data Chart on Page S.23. The Net Operating Revenue for 2013 in the Historical Data Chart is \$3,701,844 and only represents the Net Operating Revenue for the 62 licensed nursing home beds. This is approximately 57% of the Net Operating Revenue reported in the audited financial statements provided in Schedule B1, page A.57. The Chart was also revised to include days, admissions, and ALOS for each level of care. ALOS is calculated by dividing resident/patient days by admissions.

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### 17. Section C, Economic Feasibility, Item 4 (Projected Data Chart)

Please provide a Projected Data Chart that reflects the projections for the 62 licensed nursing home beds of the Wharton Nursing Home applicable to the proposed project. Please note that the chart must incorporate the applicant's projected utilization in the response for clarification of Section C, Need, Item 6, as requested in question 12 of this supplemental questionnaire. In your response, please also identify your projections for the average length of stay (ALOS) of nursing home patients by level of care for the first year of the project and compare to ALOS in 2013.

Please see revised Projected Data Chart on Page S.24. The Chart was revised to reflect the projections for the 62 licensed nursing home beds only. The Chart originally submitted also included projections for the 31 bed memory care assisted living unit which is not a part of the 62 licensed beds proposed in this CON application. The Chart was also revised to report the projected days, admissions, and ALOS for each level of care. ALOS is calculated by dividing resident/patient days by admissions.

### Please explain why there are no provisions for charity care.

The services provided in the 62 bed licensed facility are primarily reimbursed by TennCare/Medicaid, Medicare, or other long term or supplemental insurance. Residents who are private pay will use their funds until depleted at which time they will become eligible for benefits from TennCare/Medicaid. Residents/patients who are unable to meet their financial obligation for the services they receive may be eligible for assistance from Uplands Village's Benevolent Care Policy. Charity care provided by the Benevolent Care Policy is funded by donated funds that are restricted by the donor for benevolent purposes. Therefore, although Uplands Village does provide benevolent care, it is not reported in the Projected Data Chart since it is funded by the donor restricted funds.

There appears to be a significant increase in capital expenditures in the first year of the project from the \$186,819 contained in the applicant's Historical Data Chart for 2013. Please describe what accounts for the increase and identify the amounts pertaining to repayment of the USDA loan for this project.

The Historical Data Chart for 2013 includes debt service that was incurred when the facility approved in CN0610-083A was approved and implemented. The capital expenditures in the attached Projected Data Chart reflect approximately half of the current debt service plus the projected debt service of approximately \$237,000 that relates to the \$5,100,000 portion of the \$6,500,000 proposed direct loan through USDA Rural Development Agency.

It appears that salaries and wages expenses are expected to increase by approximately 60% from 2013 to the first year of the project. What is the amount of the increase projected for this project that pertains to direct patient care nursing salaries and wages? In your response, please include the full time equivalent position amounts in addition to the projected amount for salaries/wages and compare to same for 2013.

The projected salaries and wages expenses have been revised in the attached Projected Data Chart to only include the expenses for the 62 licensed beds. The revised Chart projects an increase in salaries and wages expense of approximately

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23%. The increase not only reflects an estimated 3% increase per year but also reflects an increase due to health insurance costs of approximately \$165,000 that are not currently provided to employees. Please also see the attachment comparing 2013 FTE's with projected FTE's on Page S.25.

### 18. Section C, Economic Feasibility, Item 6.B.

The comparison of the applicant's proposed charges to other nursing homes in the service area is noted. Please also provide a comparison of Wharton Nursing Home's Medicare/Skilled charge per day to the current allowable Medicare charges for nursing homes.

Medicare reimbursement for skilled nursing services varies based on the Resource Utilization Group (RUG). The RUG is based on the resources provided for the care of the resident. Please see attached RUG Reimbursement Chart on Page S.26.

### 19. Section C. Contribution to the Orderly of Health Care, Item. C.3.

Please provide the projected total staffing pattern of the nursing home for all employees providing direct patient care services for the first year after project completion.

Please see attached Daily Staff Posting chart on Page S.27.

### 20. Project Completion Forecast Chart

The Project Completion Forecast Chart is noted. As noted in the chart, the earliest date this project can be reviewed by the Agency is June 2014. In light of same, please explain the rationale for expecting to have a construction contract signed prior to that date. In addition, please also explain the rationale for not obtaining a building permit for the project.

Please see revised Project Completion Forecast Chart on Page S.28.

### 21. Filing Fee

It appears that the applicant's fee paid by check is higher than the \$11,449 amount required for this project for an overpayment of \$26.00. Following processing of the application, a representative of HSDA will be in touch with you in the very near future to correct the discrepancy.

Noted...thank you...

### **List of Attachments**

		<u>Pages</u>
1.	Section A, Applicant Profile, Item 6 – Copy of Deed	S.2
3.	Section B, Project Description, Item 1 – Square Footage Chart	S.6
5.	Section B, Project Description, Item III – Plot Plan	S.7
9.	Section C, Need, Item 4.A – Population Demographic Chart	S.8
11.	Section C, Need, Item 5 – Utilization Charts	S.9
12.	Section C, Need, Item 6 – Wharton Nursing Home Utilization Chart	S.12
13.	Section C, Economic Feasibility, Item 1	
	a. Project Costs Chart	S.13
	b. Letter from Upland Design Group	S.14
	c. Moveable Equipment List	S.15
14.	Section C, Economic Feasibility, Item 2 – USDA Documents	S.16
15.	Section C, Economic Feasibility, Item 3 – Cost per Square Foot Table.	S.22
16.	Section C, Economic Feasibility, Item 4 – Historical Chart Data	S.23
17.	Section C, Economic Feasibility, Item 4	
	a. Projected Chart Data	
	b. FTE Comparison	S.25
18.	Section C, Economic Feasibility, Item 6.B – RUG Reimbursement	S.26
19.	Section C, Contribution to the Orderly of Health Care, Item C.3 $\div$	
	Daily Staff Posting Chart	S.27
20.	Project Completion Forecast Chart	S.28

### March 21, 2014 10:55am

Square Footage and Cost per Square Footage Chart

55 W. Lake Road 31 SNF/ICF Beds

880 M. Main Street 1

878 N. Main Street

# **SUPPLEMENTAL-#1** March 21, 2014 10:55am Wharton Nursing Home

Page S.7

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# Uplands Village Item 9, Section C, Need, Item 4.A

Variable	Cumberland County	White County	Tennessee
Current Year (CY), Age 65+	15,838	5,051	981,984
Projected Year (PY), Age 65+	15,852	5,192	1,042,071
Age 65+, % Change	0.1%	2.8%	6.1%
Age 65+, % Total (PY)	26.9%	19.0%	15.5%
CY, Total Population	57,815	26,871	6,588,698
PY, Total Population	58,913	27,387	6,710,579
Total Pop. % Change	1.9%	1.9%	1.8%
TennCare Enrollees	10,419	5,951	1,194,860
TennCare Enrollees as a % of Total Popula	18.0%	22.1%	18.1%
Median Age	48.6	41.5	38.2
Median Household Income	\$37,963	\$34,717	\$44,140
Population % Below Poverty Level	16.4%	20.1%	14.9%

### Sources:

Tennessee Population Projections 2014 and 2016, Tennessee Department of Health, Division of Policy, Planning and Assessment, Office of Health Statistics

Midmonth Report for November 2013, Bureau of TannCare

Quickfacts from the US Census Bureau for Cumberland and White Counties and Tennessee

March 21, 2014

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Source: Nursing Home JAR, 2012

Total

591

527

64

97.7 18.7

108.9

280.8

487.3

1,605 348 303 402

NHC Healthcare Sparta Life Care Center of Sparta Wharton Nursing Home

Life Care Center of Crossville

Facility

Wyndridge Health and Rehabilition Center Good Samaritan Society - Farifield Glade Licensed Beds 157 122 120 100 30 62 Certified Beds -MCR Certified Dually Beds -122 157 100 62 30 56 Certified Beds -MCD 64 Certified Beds Non-Only

MCR ADC

Level 2 ADC

> skilled Non-

Total ADC

ADC

Admits Total

24.4

89.1

326 189 MCD

All other Payors ADC

13.5

19.0

70.1 10.9

19.7

26.8

10.8

0.9

112.7

133.3

58.1

58.1

37

16.2

61.2 48.7

96.1 86.3

Primary Service Area Nursing Home Utilization - 2012 Uplands Village

March 21, 2014 10:55am

Uplands Village Primary Service Area Nursing Home Utilization Trends - 2010-2012

SOFFEE
Facility  Good Samaritan Society - Farifield Glade Life Care Center of Crossville Wharton Nursing Home Wyndridge Health and Rehabilition Center Life Care Center of Sparta NHC Healthcare Sparta Total  Source: Nursing Home JAR, 2010-2011, 2012
Licensed Beds 30 122 62 157 100 120 591
2010 Patient Days         2011 Patient Days         2012 Patient Days           Days         Days         Days           434         8,930           29,279         31,127         32,604           22,138         22,241         21,264           51,403         49,980         48,787           33,331         31,313         31,593           38,449         37,674         35,180           174,600         172,769         178,358
2011 Patient Days 434 31,127 22,241 49,980 31,313 37,674 172,769
2012 Patient Days 8,930 32,604 21,264 48,787 31,593 35,180 178,358
10 - '12 % Change #DIV/0! 11.4% -3.9% -5.1% -5.2% -8.5% 2.2%
2010 % Occupancy 0.0% 65.8% 97.8% 89.7% 91.3% 87.8% 80.9%
2011 % Occupancy 4.0% 69.9% 98.3% 87.2% 85.8% 86.0%
2012 % Occupancy 81.3% 73.0% 93.7% 84.9% 86.3% 80.1%

SUPPLEMENTAL- # 1
March 21, 2014
10:55am

Primary Service Area Nursing Home Bed Mix - 2012 Uplands Village

4						
		Licensed	Total Drivato		Total	
00	Facility	Beds	Beds	Private Reds	Companion	
	Good Samaritan Society - Farifield Glade			י אואמנכ הכמט	beas	Ward Beds
	life Care Center of Cross-III	30	30	Ĩ		
	Fire care ceriter of ctossollle	122	œ	11/		
	Wharton Nursing Home			+T.T		
	Wandridge Health and the second	62	36	26		
	reditti did kenabilition Center	157	9	148		
	Life Care Center of Sparta	100	0 0	0+T		
	NHC Healthcare Sparts	TOO	CX	92		
		120	30	90		
9	lotal	591	121	057		
т.					1	
	Source: Nursing Homo IAB 2012					

Source: Nursing Home JAR, 2012

March 21, 2014 10:55am

Uplands Village Wharton Nursing Home's Historical and Projected Utilization

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ce: Nursing		11.6	Υ-5	11 1	× - 1	2014 (Est)	CT07	2013	7117	2012	TT07	2011	2010	1001	<b>V</b>			
Source: Nursing Home JAR, 2012		29	2	62	20	ς.	62	3	62		62		62	Beds		licancad		
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93.5%	000	93.5%		91.9%	95.2%		93.5%	30.4%	00 /0/	20.470	701/80	occupancy		Licensed %				
544		426	0.0		45		37	2/	2	L.	3	Admits		Total				

March 21, 2014 10:55am

### **Project Costs Chart**

A. Construction and equipment acquired by purchase:

A. Construction and equipment acquired by purchase.	100
1. Architectual and Engineering Fees	300,305
2. Legal, Administrative (Excluding CON Filing Fee), Consultant Fees	35,000
3. Acquisition of Site	8 = 13 J = 10 = 1
4. Preparation of Site	186,710
5. Construction Costs	3,817,350
6. Contingency Fund	
7. Fixed Equipment (Not included in Construction Contract)	
8. Moveable Equipment (List all equipment over \$50,000)	749,186
9. Other (Specify)	
3. Galler (Speeding)	
B. Acquisition by gift, donation, or lease:	
Facility (inclusive of building or land)	
2. Building only	
3. Land only	
4. Equipment (Specify)	E TENERAL SE
5. Other (Specify)	
3. Other (Specify)	Called Sure
C. Financing Costs and Fees: (See Note Below)	
1. Interim Financing	
2. Underwriting Costs	
3. Reserve for One Year's Debt Service	
4. Other (Specify)	
4. Other (Specify)	Figure Theory T.
D. Estimated Project Cost (A+B+C)	5,088,551
B. Estimated Project cost (APDPC)	
E. CON Filing Fee	11,449
L. CONTINING FEE	22)113
F. Total Estimated Project Cost (D+E)	5,100,000
r. Total Estimated Floject Cost (DTL)	3,100,000

Note: The project is anticipated to be financed with a direct loan from USDA Rural Development Agency.

There are no financing costs associated with this type of financing except for Uplands legal fees which are included in Line A.2.

### **SUPPLEMENTAL-#1**

March 21, 2014 P.O. Box 1026 10:55am

P.O. Box 1026 Crossville, TN 38557 Ph. 931 484-7541

P.O. Box 4238 Cookeville, TN 38502 Ph. 931-372-7541 www.uplanddesigngroup.com



March 19, 2014

Mr. Al Griffin Uplands Village P.O. Box 168 Pleasant Hill, TN 38578

Re:

Renovation of

Uplands Wellness Center

Pleasant Hill, TN

Dear Sir:

To the best of our knowledge, Upland Design Group, Inc.'s documents prepared for the renovation of the Uplands Wellness Center meet all applicable codes including federal, state, and local construction codes, standards, specifications, and requirements that apply to the proposed project, including the 2010 AIA Guidelines for Design and Construction of Healthcare Facilities pertaining to this project.

If we can provide any further information or answer any questions do not hesitate to contact me.

Sincerely.

Kim Allen Chamberlin, AlA, NCARB, LEED AP.

KAC/kc

March 21, 2014 10:55am

### Uplands Village

# Item 13. Section C, Economic Feasibility, Item 1 (Project Cost Chart) Line A.7 - Moveable Equipment

Description	Estimate	Source of Estimate (Vendor)
Kitchen/Dining FF&E	320,780	Clark Turnkey Solutions Group
Therapy Gym Equpment	43,000	Functional Pathways
Wellness Gym Equipment	75,000	Orthotech
Patient/Conference Room TV	120,500	M3 Technologies
Phone System	39,000	Hiscall, Inc.
Nurse Call System	80,200	Hiscall, Inc.
IT Network	70,706	Various - Hiscall, Dell, Cisco, ADA Station
Total	749,186	

### **SUPPLEMENTAL-#1**

March 21, 2014 10:55am

Position 5

LOAN RESOLUTION SECURITY AGREEMENT

Form RD 1942-9

(Rev. 10-96)

FORM APPROVED OMB. No. 0575-0015

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	A RESOLUTION OF THE	Board of Directors		-
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According to the Paparwork Reduction Act of 1925, an agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a walld OMB control number. The valid OMB control number for this information collection is 0325-0015. The time required to complete this information collection is established to average I hour par response, including the data time for reviewing laxinactions, toolching estitute data sources, gathering and malmidaling the data needed, and compileting and reviewing the collection of information.

6,500,000,00

### SUPPLEMENTAL-#1

and issue as evidence

March 21, 2014 10:55am

thereof Note in the form prescribed by the Government for the full principal amount of the loan. The note shall be signed by the President, attested by the Secretary and if necessary, have the corporate seal of the Organization affixed thereto, and shall bear interest from its date, which shall be the date of delivery, at a rate not to exceed \_ 3.5000 percent per annum; 40 years in accordance with the payment schedule set forth in the Note, until the the principal and interest shall be pald over a period of \_ principal and interest are fully paid except the final payment of the entire indebtedness, if not sooner paid, shall be due and payable\_ from the date of the Note. Each payment shall be applied first to the payment of the accrued interest and second to the payment of the principal. Prepayments of any installment may be made in any amount at any time at the option of the Organization. Section 3. (Assignment and Pledge of Revenue). The indebtedness hereby authorized to be incurred, together with the interest thereon, shall be payable from the gross income and revenue to be derived from the operation of the Facility, a sufficient portion of which, to pay the principal and interest as and when the same shall become due, is hereby assigned, and pledged and shall be set aside for that purpose and this assignment and pledge shall extend to and include any assessments that may be levied pursuant to Section 5 (d) hereof. Section 4. (Protection and Disposition of Funds). The President of the Organization shall be the oustodian of all funds of the Organization. Funds may be deposited in institutions insured by the State or Federal Government or invested in readily marketable securities backed by the full faith and credit of the United States. Any income from these accounts will be considered as revenues of the system. is hereby directed to establish the following accounts into which the corrent funds of the Organization, Note proceeds, the revenues from the Facility and any other income shall be deposited, which accounts shall be continually maintained, except as otherwise provided, so long as the indebtedness hereby authorized remains unpaid: The proceeds of the Note, hereby authorized not disbursed contemporaneously with loan closing for incurred Facility costs, and at least the amount to be contributed by the Organization from the collection of initial connection fees, membership fees or contributions shall be deposited in an account designated as the Construction Account which shall be established as required by the Government. Withdrawals from the construction account shall be made only on checks signed by the President of the Organization as authorized by the Board from time to time, and with prior concurrence of the Government. At the option of the Government, the construction account may be established as a "supervised bank account". Amounts in the supervised bank account exceeding \$100,000 shall be secured by the depository bank in advance in accordance with 31 C.F.R. part 22. Withdrawals from a supervised bank account shall be made only on shall be shaded by the depository bank in advance in accordance with 31 C.F.R. part 22. checks signed by the of the Organization and countersigned by an authorized official of the Government. The Organization's share of any insurance or liquidated damages and other monies paid by defaulting contractors or their surelies will be deposited in the Construction Account to assure completion of the Facility. When all construction costs have been paid in full, any balance remaining in the Construction Account may be applied on the loan or used for other authorized purposes that have been approved by the Government and the Construction Account shall be closed, As soon as the Facility becomes revenue producing, all funds received shall be set aside in an account to be designated as the General Account Disbursements and transfers from this account shall be for: debt service, operations and maintenance, and transfers to an account designated as the Reserve Account. Monies deposited in the General Account shall be used only in the manner and order as follows: (1) Organizations making monthly Government debt service payments shall use the General Account for making such payments plus operating and maintenance expenses. Any remaining funds will be transferred from this account to the Reserve Account in accordance with .wolet (b) (2) Borrowers making other than monthly Government debt service payments shall first use the General Account to pay operating and maintenance expenses. Then other transfers from this account will be made in the following order: (i) To an account designated as the Debt Service Account will be made in accordance with (c) below, (ii) Transfers to the Reserve Account will be made in accordance with (d) below. Organizations making other than monthly debt service payments, shall transfer subject to income availability from the General Account to the Debt Service Account, a sum not to increase the next installment on the note.

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	(d) Reserve Account.	count, after transfers and pa	yments required in (b) (1) or (b) (2) and (o), there shall be set aside into
	the Reserve Account the sum of \$		
	disbursements may be used for payments due	on the Note if sufficient fu ay be withdrawn for:	nds are not available in the General of Best Set 100 100 100 100 100 100 100 100 100 10
	(1) paying the cost of rep	airing or raplacing any dam	age to the Facility which may have been caused by catastrophe, or
	the F	eservo Account, monthly of	abnarra arieri prori oo seemina arriva
	Organization to make prepayments on the roam may be established and maintained as bookker directed by the Government.	eping accounts or as separat	, at which time deposits may be discontinued. Whenever there shall in subsections (b) (1) and (2), (c), and (d), such excess will be used by the Account. The accounts required in subsections (b) (1) and (2), (c) and (d) is bank accounts at the election of the Organization, unless otherwise
	indebtedness hereby authorized remains unpai	d:	ization). The Organization covenants and agrees that so long as the
	(a) It will indemnify the Govern	nment for any payments mad	de or losses suffered by the Government.
	(b) It will comply with applicat	ole state laws and regulation	s and continually operate and maintain the Facility in good condition.
	(c) It will impose and collect su the operation and maintenance thereof and the service rendered by or use of the Facility shall	oh rates and charges that gro installment payments on the be subject to the full rates p	oss revenues will be sufficient at all times to provide for the payment of Note and the maintenance of the various accounts herein oreated. All rescribed in the rules and regulations of the Organization.
	(d) If, for any reason, gross reve to operate and maintain the Facility in good cor	nues are insufficient, it will ndition and meet installment	oguss to be levied and collected such assessments as may be necessary payments on the Note as the same become due.
	<ul><li>(ii) will provide for the annual audit thereof in a request a copy of each such audit, and (iv) will to time require.</li></ul>	make and forward to the Go	relating to the operation of the Facility and its financial affairs, ired by the Government, (tii) will provide the Government without its vernment such additional information and reports as it may from time
	(f) It will provide the Governme may ascertain that the Organization is complying or insuring of the loan.	nt, at all reasonable times, a ng with the provisions hereo	ceess to the Facility and all its books and records so that the Government fand with the provisions of other instruments incident to the making
	or insuring of the total.	insurance and fidelity bond	or employee dishonesty coverage as may be required by the Government.
			to any contract or agreement or incur any other liabilities in connection it maintenance, without obtaining the prior written consent of the
	without obtaining the prior written consent of th lands and interest in lands by sale, security instr Government. Revenue, in excess of the amount transferred to any other organization or legal en	e Government, It will not or ument, lease or other encum required to maintain the acc lity.	o Organization or merge or consolidate with an other organization, spose of, or transfer title to the Facility or any part thereof, including brance, without obtaining the prior written consent of the ounts described by Section 4 herein, will not be distributed or
	consent of the Government.		including any articles of incorporation or by laws without the written
	Government's concurrence prior to refusing new such person shall have a direct right of action ag	or adequate services to such ainst the Organization or pu	
1	(I) All present and future contract pledged as security for the loan.	t rights, accounts receivable	and general intangibles arising in connection with the Facility are

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# **SUPPLEMENTAL-#1**

March 21, 2014 10:55am

(m) It will comply with the measures identified in the Government's environmental impact analysis for this Facility for the purpose of avoiding or reducing the adverse environmental impacts of the Facility's construction or operation.

Section 6. (Security Instruments). In order to secure the payment of the principal and interest of the Note, the President and Secretary of the Organization are hereby authorized and directed to execute and deliver good and sufficient lien instruments, where necessary, encumbering the properties and assets, both real and personal, constituting said Facility, as completed, or as the same may be thereafter extended, including an assignment and pledge of revenues and such other instruments as may be prescribed by the Government.

Section 7. (Refinancing). If at any time it shall appear to the Government that the Organization is able to refinance the amount of the indebtedness then outstanding, in whole or in part, by obtaining a loan for such purposes from responsible cooperative or private credit sources, at reasonable rates and terms for loans for similar purposes and periods of time the Organization will, upon request of the Government, apply for, and accept, such loan in sufficient amount to repay the Government and will take all such actions as may be required in connection with such loan.

socept, such loan in sufficient amount to repay the Government		151	adlan" The	President and th	e Secretary be and
Section 8. ("Equal Employment Opportunity under Constr they are authorized and directed to execute for and on behalf of	ruotion Contracts ar	d Nondisoriiiii form RD 400-	1, "Equal Opp	ortunity Agreen	nent", and Form
that are authorized and directed to execute for and on contact of	the Organization,			*	
DD 400_4 "Assurance Agreement.					, the Organization
Scotion 9. (Authorization of Officials). In the case of a gra	ent in the sum not to	exceed S		hmd	
	Office and the second				propriate in the
of the Organization are here execution of all written instruments as may be required in regard	d to or as evidence	of such grant a	nd the Organiz	zation hereby re	solves to operate the
execution of all written instruments as may be required in regard Facility under the terms as offered in said grant agreements		14			
	Calis any amant or	ony Instrument	incident to th	e making or iss	uing of the loan
Section 10. (Cross Default), Default under the provisions of may be constitute default under may be construed by the Government to constitute default under	r any other instrum	ent held by the	Government a	and executed or	assumed by the
may be construed by the Government to constitute default under Organization, and default under any such instrument may be con	nstrued by the Gove	rnment to cons	titute default.	hereunder.	
		P 41 1	was in aldant to	the muking of	the insuring of the
Section 11. (Resolution of Contract). The provisions hereoi loan, unless otherwise specifically provided by the terms of such	f and the provisions	constitute a con	ntract between	the Organization	on and the
loan, unless otherwise specifically provided by the terms of sadd	emains unpaid.		œ.		
Government or assignee so long as the note hereby admission	2011 1000 - 1000 11 20 11 1000 1000 1000			275	day of
Government or assignce so long as the note hereby authorized at Section 12. (Effective Date). This resolution shall take offer the section of the section at the section of the section at the section of	ot and be in force fi	om and after to			
July, 2013, being the date of its enaotment.			^		4
Yea	is 15_	Nays	-6	Absent	
The yote was:	White				
9.00	*	1	` `	\ ·	
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(SEAL) (if applicable)	Ву	myr	-600	2000	107
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Christino Stinson					- 5
1 . I B. I = D (DeAc)	itoro				3*
Title Secretary, Dand of world	1000				7.65
0'	CERTIFICATION				
e e mi					
I, the undersigned, as secretary of the Board of Dire	EGCOTP	-			
hereby certify that the Board of Directors		f such Organiz	ation or Corpo	oration is compo	scd of
neterby centry that me	.4 .4	Calular and had no	ed hald on the	day of	80.1
members of whom; constituting a quorum, were present	t at a meeting there	ot diffy officer so	III TICYO OLI MIC		,
that the foregoing resolution was adopted at such meet	ting by the vote sho	yn above, and 1	that said resolu	ition has not be	en rescinded or
that the foregoing resolution was adopted at above mended in any way.					
amended in any way.			•		
Dated, thisday of					
57					
					s#) <del> </del>
	Secretary of	Board of	Director	s	
r i de la companya d	230,0,,				

March 21, 2014

10:55am



United States Department of Agriculture

January 17, 2014

Mr. Lyle Weible, Chairman Uplands Village 86-A Church Dr PO Box 168 Pleasant Hill TN 38578

Re:

\$6,500,000 RHS Loan

Nursing Home Renovations, New Facility Construction and Telecommunications

Upgrades

Amendment No.1 to the Letter of Conditions dated August 16, 2013

Dear Mr. Weible:

This letter is to amend the Letter of Conditions dated August 16, 2013. This amendment is needed to change the amortization period of your loan from 40 to 38 years to allow for the two years of interest only payments. The following items of the Letter of Conditions dated August 16, 2013 are amended as follows:

12. The loan will be repaid over a period not to exceed 40 years. The principal and interest will be amortized monthly over the 38-year period at the lower of the intermediate or market interest rate. The amortized payment will be due two years (to allow for two years of interest only payments) and one month from the date of loan closing and each month thereafter until the loan is paid in full. The Applicant will participate in the Preauthorized Debit (PAD) payment process. It will allow for the payment to be electronically debited from the Applicant's account on the day the payment is due. The borrower must budget revenue sufficient to meet (1) operation and maintenance expenses, (2) requirements for outstanding loan payments, and (3) reserve requirements which will be accumulated annually in an amount equal to one-tenth of an annual payment until a full annual payment is reached.

No other changes are authorized.

Rural Development • Cookeville Area Office 390 S Lowe Ave Ste K • Cookeville, TN 38501 931-528-6539 • Fax 931-528-1976

USDA is an equal opportunity provider and employer.

If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form (PDF), found online at http://www.ascr.usda.gov/complaint\_filing\_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mall at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov.

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March 21, 2014 2 10:55am

We will work closely with you in developing the docket and will furnish you forms and guides to be used. We trust that loan closing and a completed project will be accomplished at the earliest possible date.

Sincerely,

JERRY W. JOLLEY

Area Director

cc: Local Attorney

State Director, USDA, Rural Development

March 21, 2014 10:55am

# Ambulatory Surgical Treatment Center Construction Cost Per Square Foot

Years: 2010 - 2012

	Renovated	New	Total
	Construction	Construction	Construction
1 <sup>st</sup> Quartile	\$50.00/sq ft	\$200.00/sq ft	\$78.42/sq ft
Median	\$100.47/sq ft	\$252.74/sq ft	\$166.28/sq ft
3 <sup>rd</sup> Quartile	\$166.28/sq ft	\$292.61/sq ft	\$244.26/sq ft

Source: CON approved applications for years 2010 through 2012

#### Hospital Construction Cost Per Square Foot

Years: 2010 - 2012

	Renovated	New	Total
	Construction	Construction	Construction
1 <sup>st</sup> Quartile	\$99.12/sq ft	\$234.64/sq ft	\$167.99/sq ft
Median	\$177.60/sq ft	\$259.66/sq ft	\$235.00/sq ft
3 <sup>rd</sup> Quartile	\$249.00/sq ft	\$307.80/sq ft	\$274.63/sq ft

Source: CON approved applications for years 2010 through 2012

#### Nursing Home Construction Cost Per Square Foot

Years: 2010 - 2012

	Renovated	New	Total
	Construction	Construction	Construction
1 <sup>st</sup> Quartile	\$19.30/sq ft	\$164.57/sq ft	\$73.23/sq ft,
Median	\$35.76/sq ft	\$167.31/sq ft	\$164.57/sq ft
3 <sup>rd</sup> Quartile	\$55.00/sq ft	\$181.72/sq ft	\$167.61/sq ft

Source: CON approved applications for years 2010 through 2012

# Outpatient Diagnostic Center Construction Cost Per Square Foot

Years: 2010 - 2012

Due to insufficient sample size, Construction ranges are not available.

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#### **Historical Data Chart**

Give information fo the last three (3) years for which complete data are available for the facility or agency. The fiscal year begins in <u>July</u> (Month).

	FY 2011	FY 2012	FY 2013
A. Utilization Data (Specify unit of measure)			
Level 1 Days	22,241	21,264	21,352
Level 2 Days			161
Total Days	22,241	21,264	21,513
Level 1 Admissions	27	37	40
Level 2 Admissions	(# <u>*</u> )	120	5
Level 1 ALOS	824	575	538
Level 2 ALOS			32
B. Revenue from Services to Patients			
1. Inpatient Services	3,712,406	3,804,977	4,097,152
2. Outpatient Services			
3. Emergency Services			
4. Other Operating Revenue			
(Specify) Beauty Shop, Guest & Emp Meals			
Gross Operating Revenue	3,712,406	3,804,977	4,097,152
C. Deductions from Gross Operating Revenue			
1. Contractual Adjustments	23,229	101,020	395,308
2. Provision for Charity Care			
3. Provisions for Bad Debt	27,957	9,922	<b>12</b> (i
Total Deductions	51,186	110,942	395,308
NET OPERATING REVENUE	3,661,220	3,694,035	3,701,844
D. Operating Expenses	- 5	3	
1. Salaries and Wages	1,981,897	2,15,4,636	2,248,093
Shartes and Wages     Physician's Salaries and Wages	1,502,057	2,25,1,000	_,0,000
3. Supplies	302,329	316,568	278,152
4. Taxes	137,950	137,950	137,950
	220,336	236,473	235,663
5. Depreciation 6. Rent	220,330	230,473	233,003
7. Interest, other than Capital			
	252,008	289,315	453,730
8. Other Expenses (Specify)	232,000	205,515	455,750
Utillities, Contract Svcs, Repairs & Maint, etc.  Total Operating Expenses	2,894,520	3,134,942	3,353,588
E. Other Revenue (Expenses) - Net (Specify)			9
			0.40.055
NET OPERATING INCOME (LOSS)	766,700	559,093	348,256
F. Capital Expensitures		50 105	CA 24 -
1. Retirement of Principal	53,788	58,182	60,024
2. Interest	139,844	134,284	126,795
Total Capital Expenditures	193,632	192,466	186,819
NET OPERATING INCOME (LOSS)			
LESS CAPITAL EXPENDITURES	573,068	366,627	161,437

### **Projected Data Chart**

Give information fo the last *three (3)* years for which complete data are available for the facility or agency. The fiscal year begins in <u>July</u> (Month).

	FY 2016	FY 2017
A. Utilization Data (Specify unit of measure)		
Level 1 Days	13,015	10,525
Level 2 Days	8,030	10,525
Total Days	21,045	21,050
Level 1 Admissions	24	19
Level 2 Admissions	402	525
Level 1 ALOS	542	554
Level 2 ALOS	20	20
B. Revenue from Services to Patients		
1. Inpatient Services	6,097,672	8,394,087
2. Outpatient Services		
3. Emergency Services		
4. Other Operating Revenue		
(Specify) Beauty Shop, Guest & Emp Meals		
Gross Operating Rev	enue 6,097,672	8,394,087
C. Deductions from Gross Operating Revenue		
1. Contractual Adjustments	1,131,910	2,045,249
2. Provision for Charity Care		
3. Provisions for Bad Debt	30,488 -	41,970
Total Deduct	ions 1,162,398	2,087,219
NET OPERATING REVENUE	4,935,274	6,306,868
D. Operating Expenses		
1. Salaries and Wages	2,774,191	2,857,417
Sharies and Wages     Physician's Salaries and Wages	2,774,131	2,037,417
3. Supplies	308,650	217 010
4. Taxes		317,910
F 5 1 11	137,950 297,668	137,950
6. Rent	297,000	305,737
7. Interest, other than Capital		
8. Other Expenses (Specify)	899,191	1,754,026
Utilities, Contract Svcs, Repairs & Maint, etc.	000/100	2,101,020
Total Operating Expens	ses 4,417,650	5,373,039
E. Other Revenue (Expenses) - Net (Specify)		
NET OPERATING INCOME (LOSS)	517,624	933,829
F. Canital Evponsitures		
F. Capital Expensitures	0.0 43.0	00.744
1. Retirement of Principal	86,426	90,741
2. Interest	247,473	242,576
Total Capital Expenditure	es 333,899	333,317
NET OPERATING INCOME (LOSS)		
NET OPERATING INCOME (LOSS) LESS CAPITAL EXPENDITURES	183,725	600,512
ELOS GAFTIME ENFEMBLIONES	103,723	000,512

# Uplands Village FTE Comparison

Position	FY 2013	Projected	Change
Administrator	1.0	1.0	π.
Director of Nursing	1.0	1.0	r.
Ass't Director of Nursing	0.2	1.0	0.8
MDS Coordinator	1.0	2.0	1.0
Medical Records	1.1	1.0	(0.1)
Social Worker	1.0	1.0	<b>(*</b> 0)
Activity Coordinator	0.1	1.0	0.9
Administrative Assistant	1.0	1.0	₩
RN	1.3	4.2	2.9
LPN	10.9	11.2	0.3
Caregivers	38.0	35.6	(2.4)
Dietary	15.7	13.5	(2.2)
Housekeeping		4.2	4.2
Laundry	55(	2.8	2.8
Transportation	<u> </u>	1.0	1.0
Maintenance	0.9	1.0	0.1
51	73.2	82.5	9.4

March 21, 2014 10:55am

# Uplands Village RUG Reimbursement Calculation

RUG	Total Rate	Labor	NonLabor	Wage In	Rate	2% Seq	Final Rate
RUX	778.44	541.37	237.07	0.7444	640.07	12.80	627.26
RVX	683.97	475.67	208.30	0.7444	562.39	11.25	551.14
RUC	602.61	419.09	183.52	0.7444	495.49	9.91	485.58
RUB	602.61	419.09	183.52	0.7444	495.49	9.91	485.58
RUA	512.32	356.29	156.03	0.7444	421.25	8.43	412.83
RVC	509.72	354.48	155.24	0.7444	419.11	8.38	410.73
RVB	446.36	310.42	135.94	0.7444	367.02	7.34	359.68
RVA	444.77	309.32	135.45	0.7444	365.71	7.31	358.39
RHC	438.29	304.81	133.48	0.7444	360.38	7.21	353.17
RLB	364.13	253.23	110.90	0.7444	299.40	5.99	293.42
RMB	358.66	249.43	109.23	0.7444	294.91	5.90	289.01
HC1	338.21	235.21	103.00	0.7444	278.09	5.56	272.53
CD1	322.37	224.19	98.18	0.7444	265.07	5.30	259.77
CC1	285.93	198.85	87.08	0.7444	235.10	4.70	230.40
PB1	227.32	158.09	69.23	0.7444	186.91	3.74	183.17

Note: The majority of Uplands patients fall within the outlined RUG codes

March 21, 2014 10:55am

Date:		

# **Daily Staff Posting**

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Shift	Category of Staff	# of Staff	Total Hours Worked
6A – 2P	DNI	1	8
2 P – 10P	RN	1	8 1
10p – 6A			
6A – 2 P	LPN	3	24
2P - 10P	_		1656
10P 6A		2	16
6A - 6P		0	
6P – 6A		0	
6:30A - 6:30P	CNA		
6:30P - 6:30A	CNA		
6:30A - 2:30P	CNA	12	96
2:30P - 10:30P	CNA	8	64 224
10:30P - 6:30A	CNA	8	64
7 – 3p 7 – 3p 8 - 4P 8 - 4P 8 – 4P 8 – 2P 8 - 4P	Restorative CNA Team Leader, CNA MDS RN ADON RN Social Services Activity Director Med Records, LPN DON RN	2 4 8 8 8 -8 -7 8 8 8	48

	Total Hours Worked	352	
62			

Staff ratio (Census divided by total hours worked)\_

5.67

# SUPPLEMENTAL- # 1 March 21, 2014 10:55am

# PROJECT COMPLETION FORECAST CHART

Enter the Agency projected Initial Decision date, as published in T.C.A. § 68-11-1609(c): 06/25/14

Assuming the CON approval becomes the final agency action on that date; indicate the number of days from the above agency decision date to each phase of the completion forceast.

Dhasa	DAVC	Anticipated Date
Phase	$\frac{\text{DAYS}}{\text{REQUIRED}}$	(MONTH/YEAR)
Architectural and engineering contract signed	Completed	08/13
2. Construction documents approved by the Tennessee  Department of Health		06/14
3. Construction contract signed	30	07/14
4. Building permit secured	30	07/14
5. Site preparation completed	60	08/14
6. Building construction commenced	60	08/14
7. Construction 40% complete	240	02/15
8. Construction 80% complete	390	07/15
9. Construction 100% complete (approved for occupancy	480	10/15
10. *Issuance of license	Currently	Licensed
11. *Initiation of service	510	11/15
12. Final Architectural Certification of Payment	510	11///5
13. Final Project Report Form (HF0055)	540	12/15

For projects that do NOT involve construction or renovation: Please complete items 10 and 11 only.

Note: If litigation occurs, the completion forecast will be adjusted at the time of the final determination to reflect the actual issue date.



COME UP HIGHER

March 27, 2014

Jeff Grimm, HSDA Examiner State of Tennessee Health Services & Development Agency Andrew Jackson Building, Ninth Floor 502 Deaderick Street Nashville, TN 37243

RE:

Certificate of Need Application CN1403-006

Wharton Nursing Home

Dear Mr. Grimm:

Attached are our responses to your letter dated March 24, 2014 requesting clarification or additional discussion from your review of our CON application, CN1403-006.

Please contact me at (931) 277-3518 or by email at <u>agriffin@uplandsvillage.com</u> if you need further information.

Sincerely,

Al Griffin

Director of Financial Services

Uplands Village, Wharton Nursing Home CN1403-006

March 28, 2014 10:15 am

# 1. Section B, Project Description, Item II A and B

The revised Square Footage Chart with breakout of key units/department and the expected increase in the square footage per bed is noted.

With respect to the comparison of the private vs. semi-private accommodations mix, there appears to be an error in the third and fourth columns of the table based on the applicant's statements in the application that the proposed renovated West Lake building will contain space for 31 private rooms. As such, please clarify why the number of private rooms upon completion would not total to 26 private rooms (W. Main) plus 31 private rooms (W. Lake) for a total of 57 private rooms. In your response, please revise the table below:

	Current Rooms	Current Beds	Proposed Rooms	Proposed Beds
Semi-private Rooms	18	36	9	18
Private Rooms	26	26	44	44
Total	44 rooms	62 beds	53 rooms	62 beds

Half of the current rooms and beds in the 878 W. Main St. location will be converted to an assisted living memory care unit leaving 9 semi-private rooms with 18 semi-private beds plus 13 private rooms/beds for a total of 22 rooms and 31 beds in the 880 W. Main St. location for Level 1 and/or Level 2 services. The renovation will add 31 private rooms in the 55 W. Lake Rd. location. This will provide us with 62 total proposed licensed beds as reflected in the above chart.

# 2. Section C, Need, Item 1 (a)

The responses to the <u>5 Principles for Achieving Better Health</u> found in the State Health Plan are noted.

Please clarify the statement that the project can simplify the access for providers, consultants and elders by creating a single point of entry. In addition, please clarify the relationship of the project to the implementation and integration of the AOD (please identify) system that will facilitate referral process with providers and case managers.

Uplands current computer systems are not integrated and cause many inefficiencies and duplications, especially in the referral and billing processes. AOD is the acronym for Answers on Demand, a fully integrated computer system designed specifically for continuing care retirement communities such as Uplands Village. This system maintains, in a single database, data on residents/patients throughout the continuum of care. It will become the single point of entry for all of Uplands residents/patients whether they are able to live independently or need assisted living, outpatient therapy, skilled nursing, memory care, or long-term nursing services. This will facilitate a more efficient referral process for providers and case managers in that all medical information will be readily available in one database.

Also, although Uplands Village is not currently aligned with any ACO, we are tracking our quality measures to maintain the 5 star rating we received from the Centers for Medicare and Medicaid Services (CMS).

3. Section C, Need 1.a. (Service Specific Criteria-Construction, Renovation, Expansion, and Replacement of Health Care Institutions)

The response to Item 3(a) and 3 (b) of these criteria is noted. To ensure that the standard is addressed in its entirety, please provide a response for each item that applies. A response as "not applicable" should include a brief statement for the rationale that applies. Please provide your response to each item below:

# SERVICE SPECIFIC CRITERIA AND STANDARD REVIEW

# CONSTRUCTION, RENOVATION, EXPANSION, AND REPACEMENT OF HEALTH CARE INSTITUTIONS

1. Any project that included the addition of Beds, Services, or Medical Equipment will be reviewed under the standards for those specific activities

Not applicable, the project does not involve the addition of new nursing home beds or services

- 2. For relocation or replacement of an existing licensed health care institution:
- a. The applicant should provide plans which include costs for both renovation and relocation, demonstrating the strengths and weaknesses of each alternative

The proposed addition of a memory care assisted living center will be a future addition to the continuum care of Uplands Village's CCRC. The location for this new program will be located in a household that is distinct and separated from the non-skilled/level 1 and skilled/level 2 service areas. The space designated for the memory assisted living is designed to meet all the physical requirements for the Eden Alternative household model of services. Uplands Village will begin the assisted living licensing process in early 2015 for this additional program. The location will provide superior, secure space for meeting the needs of elders who do not need the extensive care of a nursing home but who have received an irreversible dementia diagnosis and need a secure environment for receiving direct care, ancillary services, dietary requirements, etc. The building will be safely maintained by a professional on-site staff and will meet all life safety codes as defined by Tennessee's assisted living regulations.

Uplands Village considered using the renovated building site for the memory support assisted living but quickly determined the current location of the 31 NF level 1 and level 2 beds to be moved is far superior for implementing the Eden Alternative principles because of its physical design, i.e. it is was created and built specifically for implementing the Eden Alternative care. The location for the 31 NF level 1 and level 2 is designed in a more traditional three hallway configuration with ample space for a full therapy gym, resident dining room and kitchen that affords an environment more conducive for NF level 1 and especially

Uplands Village, Wharton Nursing Home CN1403-006

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NF level 2 care. The environment would place an extra burden on memory support assisted living staff and residents with "sundowners" because it would make it more difficult for staff to be able to maintain visual contact for safety and cuing.

Based on the information provided by our architect and provided as Attachment C. Economic Feasibility. 11.b with our initial CON application, the cost to build a new facility would cost us approximately \$2,500,000 more than to renovate the proposed building.

b. The applicant should demonstrate that there is an acceptable existing or projected future demand for the proposed project.

The results of a Demand Analysis provided to us by CliftonLarsonAllen indicate a continuing demand for skilled and intermediate care within Cumberland County with an unmet need for 14 additional short stay beds. Their conclusion is provided in Attachment C. Need. 4.B in our initial CON application submission. In addition, the information provided in Attachment C. Need. 1.A and the attachments provided on pages S.8 – S.12 shows anticipated increases in the over 65 years old population as well as a current unmet need of additional nursing home beds. Although Uplands Village is not proposing any additional beds to its complement of 62 licensed beds, the analysis provided by CliftonLarsonAllen and the data from the Tennessee Department of Health and Joint Annual Reports of Nursing Homes a current and continuing need both Level 1 and Level 2 beds in Cumberland and White counties.

- 3. For renovation or expansions of an existing licensed health care institution:
- a. The applicant should demonstrate that there is an acceptable existing demand for the proposed project

Please see response to 2.b above

b. The applicant should demonstrate that the existing physical plant's condition warrants major renovation or expansion

Please see attached Summary and Recommendations provided by our architect, Upland Design Group (no relation to Uplands Village) including a report from Maffett Loftis Engineering regarding the conditions of the proposed building including their recommendations.

4. Section C, Need, Item 4. B and Item 6.

The response is noted. Review of the 2012 Hospital JAR for hospitals in Cumberland and White Counties revealed that residents of Cumberland and White County accounted for approximately 5,582 or 80% of 6,868 total hospital admissions in 2012 (Hospital JAR - 2012). In addition, it appears that patients age 65 and older accounted for approximately 3,982 of the 5,582 admissions – see table below:

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Hospital	Total Admits	Cumberland County residents	White County residents	Age 65+
Cumberland Medical Center	5,430	4,316	124	3,010
White County Hospital	1,430	84	958	915
Total	6,868	4,400	1,082	3,925

Since it appears that the six nursing homes in the service area admitted approximately 1,603 patients from hospitals in 2012, of which 1,307 admissions were admitted for level 2 nursing home services, there may be sufficient source of referrals from these hospitals. Please comment on the availability of discharges & referrals from area hospitals in justifying the unmet need for short stay beds (14 beds) in the service area and the development of the projections for short stay patient admissions in the first two years of the project.

The data provided in the initial and supplemental CON application data, the data provided above, and the analysis provided by CliftonLarsonAllen justifies the need not only for the currently licensed 62 beds, but also for at least the 14 beds suggested in the CliftonLarsonAllen analysis.

Additionally, CliftonLarsonAllen in performing their analysis interviewed professionals in and around Cumberland county, including case managers from area hospitals. Comments from these interviews indicates that Uplands has a strong reputation in the community, consumers typically want to stay as close to home as possible, and that there is a need for additional skilled rehab beds at Uplands with one interviewee noting a "dire need for geriatric medical care" in the community.

Based on this, Uplands anticipates that it will continue to have a strong referral source from area hospitals to maintain a census of approximately 22 Level 2 patients per day during the 1<sup>st</sup> year after project completion and 28 – 29 Level 2 patients the 2<sup>nd</sup> year. This census is anticipated to produce the Level 2 days projected in the Projected Data Chart. Based on an average length of stay (ALOS) of 20 days for Level 2 patients, Uplands anticipates the 402 (8,030 days / 20 day ALOS) Level 2 admissions during the 1<sup>st</sup> year and 525 (10,525 days / 20 day ALOS) admissions during the 2<sup>nd</sup> year.

# **Building Survey/Evaluation:**

# Old Wharton Nursing Home Uplands Village

Pleasant Hill, Tennessee



DATE: May 1, 2013

PROJECT NO. 862



Upland Design Goup, Inc. P.O. Box 1026 Crossville, TN 38557 Ph. 931 484-7541 Fax 931 484-2351 www.uplanddesigngroup.com



**Summary and Recommendations** 

March 28, 2014





#### **Physical Facilities Survey Summary**

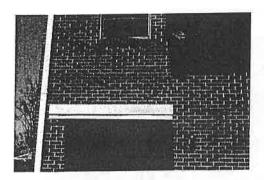
The existing old Wharton Nursing Home building originally served as a skilled care nursing facility for Uplands Retirement Village (now Uplands Village) community in Pleasant Hill, TN. The original building was constructed in the 1950's and has seen one major addition in the 1960's and a couple of smaller additions (sunroom off of the dining hall in the rear of the building and a new main entry vestibule). There have been a number of internal renovation projects to upgrade the building including HVAC systems, sprinkler system, fire alarm, etc.

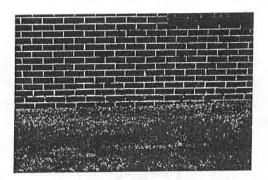
The building is a two-story structure with 17,306 sf on the lower level and 24,502 sf on the upper level for a total of approximately 41,808 sf. The building is currently occupied on the lower level in one wing with administrative offices and another wing housing maintenance and storage areas for the campus. The upper level has been completely vacant for some time. After the addition, the upper level housed patient rooms for the nursing home along with administrative support offices and food service. The lower level had patient rooms, support areas (laundry, medical, offices, maintenance, storage, etc.) until the nursing home relocated.

The following summary comments refer to the attached Physical Facilities Survey.

#### A Substructure

The building is a typical masonry structure with a brick veneer exterior walls. The structural system is concrete block exterior and interior bearing walls with steel bar joist floor and roof structure with metal deck and concrete composite upper floor system and metal deck roof. The overall structure or "bones" of the building remain in good condition. There has been some movement in the exterior brick veneer most likely from thermal movement due to the lack of control joints. This movement is exhibited by cracks in the brick typically near corners of the building. This condition should be corrected by minor masonry work to the brick veneer along with the addition of cut control joints around the building at appropriate locations. The remainder of the building structure shows minor wear from the age of the building and should not adversely affect renovation for adaptive reuse of the building.





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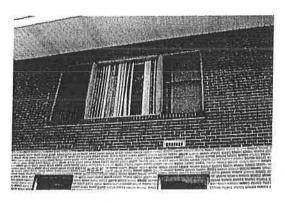
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Uplands Village
Old Wharton Nursing Home
Pleasant Hill, TN



#### **B Shell 1 & 2**

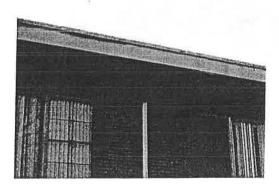
The building envelop is made up of a typical concrete block wall with a brick veneer typical of the time of construction. Modern construction techniques still use a masonry veneer wall for many buildings. However, there is a very distinct difference in newer wall construction techniques. Newer walls are made up of cavity type construction that provide a moisture barrier and insulation for the walls. While it will not be practical to alter the existing walls to provide the cavity with insulation it is recommended to add insulation on the interior of the exterior walls to provide improved R values for the building.

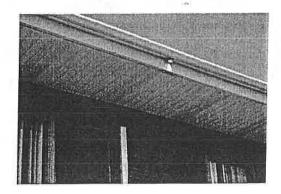
The existing windows are single pane glass non-thermally broken aluminum frames. They do not provide adequate thermal barriers for today's buildings. It is recommended that they be replaced in their entirety with new energy efficient widows. Exterior doors are in reasonably good condition requiring minor upgrades in hardware and paint.





The existing roof is a low slope adhered EPDM membrane approaching 20 years since installation. It is showing no apparent areas of leaks at this time but has reached the last years of its expected life. If the building is renovated it is recommended to replace the roof at the same time. This will prevent damage to newly renovated spaces below in the very near future. At the time of reroofing it would also be advantageous to add additional insulation to the roof to increase its thermal R rating value to reduce future energy costs. The existing gutters and downspouts are in poor condition and will require complete replacement along with the reroof work. Note that currently some gutters are missing or hanging loose. If the building is to remain in use this issue should be addressed immediately to prevent damage to the building's foundation.





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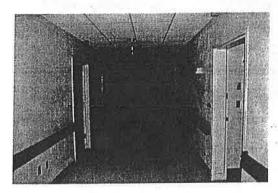
Building 19:10-7 Evaluation
Uplands Village
Old Wharton Nursing Home
Pleasant Hill, TN

#### **C** Interiors

The interior of the building is predominately concrete block wall construction with some drywall/stud wall construction. While showing some signs of its age it is in overall good condition. It is expected that the adaptive reuse of the building will result in considerable rearrangement of spaces to accommodate its new function. In areas where new functions can be located in existing spaces the construction will function well without major need for renovation.

The stairs in the building appear adequate to meet the necessary egress requirements in size. Handrails do not meet current codes and will need replacement with any building renovation.

The building interior finishes have undergone renovations in the past so the finishes are not typically original to the building. In the lower level wing housing the administrative offices the finishes are in better condition than the remainder of the building. However, with the extent of renovation that would be needed to adaptively reuse the upper level for patient rooms the areas below will need to be removed and replaced to facility this work. This would effectively result in the need for the majority of the buildings existing finishes needing to be replaced with the renovation project.





#### D Systems 1

The existing elevator appears to have been out of service for some time. It is doubtful that it would be cost effective to try to upgrade the existing system and would be more cost effective to replace with an all new elevator. The elevator equipment room currently houses services not required for the elevator operation. Current codes will require that these services be relocated outside of the elevator equipment room.

#### Systems 2

Refer to attached from Maffett Loftis Engineering.

#### Systems 3

Refer to attached from Maffett Loftis Engineering.

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Building **Striet** E**AR** ation Uplands Village Old Wharton Nursing Home Pleasant Hill, TN

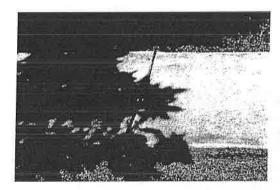


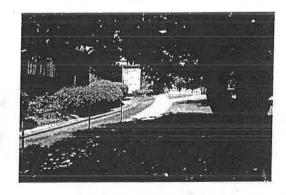
#### General 1

There is little equipment or furnishings remaining in the facility other than what is needed for the administrative offices on the lower level. With the conversion to a rehabilitation facility it is likely that new equipment and furnishings will be required and will be determined as needed for the design.

#### General 2

The site amenities are in good condition overall with good access and parking. A detailed land topographic survey will be needed if the adaptive reuse project moves forward to further evaluate handicap access. It appears that a number of the walks do not meet the maximum slope requirements so accessible routes will need to be established. Existing handrails at ramps are in poor condition and do not meet minimum ADA requirements. They should be replaced along with the building renovation.





There was some discussion in one of the early meetings with the Committee that there may be some storm water drainage issues at adjacent property caused by this site. The topographic survey will assist in further study of this issue if it is still presenting a problem. Currently the 1960's addition utilizes underground storm drainage to capture roof rain water; however the original building does not. This may be adding to potential offsite drainage problems. A full storm drainage system is recommended to capture and properly drain.

#### **Architectural Conclusions/Recommendations**

In evaluating a building for adaptive reuse a number of factors affect the final determination.

- 1. Is the building large enough to meet the new use?
- 2. Is it in a location to serve the need it is intended to meet?
- 3. Is the site adequate?
- 4. Are the "bones" of the building in good condition to allow for another 50 years of use?
- 5. How does the cost of the renovation compare to a new structure?

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Building Survey/Evaluation Uplands Village Old Wharton Nursing Home Pleasant Hill, TN

Further in this report there are floor plans of the existing building along with very preliminary diagrammatic design plans showing areas of possible use for the new rehabilitation facility. These areas were taken from a preliminary space program provided by Uplands Village staff. These plans are in no way meant to be a final design but to serve as a tool to show if the building is adequate for reuse.

It is our opinion that the building will meet the physical needs to allow for its reuse as a rehabilitation facility with a full building renovation and reconfiguration of spaces to meet new functional requirements, especially on the upper level. The included diagrammatic plans show potential layouts and uses for the spaces. The upper level could house the patient rooms, rehabilitation areas, food service and offices as discussed with the staff. The lower level can continue to house administrative offices, storage and maintenance.

#### **Architectural Renovation Recommendation Items**

The following items are minimum recommended architectural renovation work needed to bring the existing building up to modern standards. Refer to recommendations from Maffett Loftis for building MP&E systems upgrades required.

#### Exterior

- · New roof and additional insulation
- New gutters and downspouts
- New thermally broken insulated glass windows
- New paint & caulking
- Repair damaged brick
- Install brick control joints

#### Interior

- Redesign of spaces for new functional requirements
- New finishes (ceilings, paint, flooring, etc.)
- New doors & hardware to meet ADA requirements
- New kitchen equipment
- New casework and cabinetry as required
- New stair railings
- New elevator

#### Site

- Rework site access to meet ADA slope requirements
- Replace ramp railings
- Repair/replace damaged sidewalks
- Upgrade parking to meet ADA requirements
- Provide storm drainage system to all downspouts

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#### Maffett Loftis Engineering, LLC

231 East Broad Street, Suite 102, Cookeville, TN 38501 Tel: (931) 526-5143, Fax (931) 526-5153 www.maffett-loftis.com

#### Mechanical, Plumbing, Electrical, Fire Protection, and Fire Alarm Report

Inspection Date: March 27, 2013

### **Uplands Retirement Village**

(Old Wharton Nursing Home) 55 West Lake Road Pleasant Hill, TN 38578

#### **Assumed Construction Timeline based on Provided Plans**

1957 Original Construction of "T" Section:

- Central Hot Water Boiler and Pumps
  - o Natural Gas Fired
- Two-Pipe Heat-only Distribution System
- Heat-only Fan-coil Units
- Cast-iron Sewer
- Copper Domestic Water
- 4" Transite Water Main
- Installed 800 amp 208 volt 3 phase service
- Simplex fire alarm system installed
- Nurse call installed

#### 1966 "Y" Addition

- Extended Two-Pipe Heat-only Distribution System into Addition
- Heat-only Fan-coil Units 1.
- · Toilet Exhaust Vented up through roof
- 4" Transite Water Main rerouted from beneath Addition footprint
- 3" DW Routed into new Addition
- Cast-iron Sewer
- Copper Domestic Water
- Flush Tank Room Toilets with wall-mounted Bedpan Cleaner above
- Installed 2nd 800 amp 208 volt 3 phase service
- Fire alarm system extended into "Y" addition
- Nurse call extended into "Y" addition

#### 1990 Phase One Mechanical Upgrades (Throughout "T" and "Y" Sections)

- Installed Air-Cooled Packaged Chiller 71 Tons Nominal
- Converted to Four-Pipe Hydronic System
- Installed Heating / Cooling Unit Ventilators with Outside Air provisions
- Installed Three Air Handlers with Duct Systems to serve Business Offices on Ground Floor of "T".
- Installed nominal 5 ton Roof-top Gas Package Unit to serve Dining Area on Upper Floor of "T".

- Installed nominal 10 ton Roof-Top Gas Package Unit to serve Kitchen on Upper Floor of "T".
- Fixed Speed HW and CW Pumps. Coils with Three-way Valves
- Installed new 400 amp 208 volt 3 phase service for Chiller
- Installed new 150 amp 208 volt 3 phase service for root top HVAC units

#### 1992 Phase Two Lighting, Ceiling, and Fire Sprinkler Upgrades

- Fire Sprinkler System extended into "T" Section. "Y" Section had been sprinkled at some point prior to 1992.
- Installed new life safety emergency generator and automatic transfer switch
- Installed T12 fluorescent lighting

#### 1994 Dishwash Room Renovation

- Converted Activities Room on Ground Floor of "Y" into Dishwash Room
- Installed Air-handling Unit with Duct System to accommodate area loads
- Installed Dishwasher Exhaust Hood
- Installed gas-fired Water Heater
- Installed Grease Trap and sewer line to existing Manhole

#### Recent Projects (within last five years?)

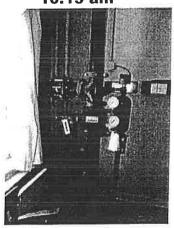
- Ground Floor of the "Y" Section reoccupied for Office Use.
- Hydronic CW and HW Piping and Equipment (Unit Ventilators) abandoned in place
- Through-wall PTAC units installed in Rooms (A/C with Electric Resistance Heat Only). No Ventilation provisions
- Common Spaces served by Ductless Mini-Split Units. No provision for Ventilation
- Domestic water piping abandoned in place. CPVC piping connected at water service entrance and routed to serve toilets and sinks. Much of the CPVC piping is surface mounted and exposed in the occupied spaces.
- Building is connected to a Private Sewer Treatment System. It was described that this
  private system has been upgraded recently and in good condition.

#### **General Comments**

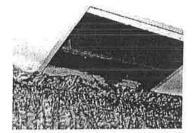
- A complete Hazardous Materials Survey must be completed on the facility prior to considering the reuse of any mechanical or plumbing piping or equipment. It appears very likely that much of the pipe insulation is asbestos.
- 2. The "T" Section has been shut down and isolated for several seasons. This section of the building has been without heat, cooling, or ventilation. Several pipes were noted to be ruptured having been frozen. It is safe to assume that all water piping and equipment has been subjected to freezing and is therefore unsuitable for reuse. This includes hydronic as well as domestic water systems.
- 3. The complete Upper Level of the "Y" Section and the Lower Level Wing of the "Y" Section that houses the Laundry are shut down. These sections of the building have been without heat, cooling, or ventilation. It is probable that water containing equipment and piping has been damaged due to freezing.

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4. It appears that the Fire Sprinkler systems in both the "T" and "Y" Sections have been drained. These are fed from a common sprinkler riser which indicates that the water has been shut off at the street. The Post Indicator Valve was noted to be closed. It is possible that some of this piping may be suitable for reuse. But trapped sections (drops to sprinkler heads) may still contain water and could have been damaged due to freezing. It is recommended that a fire sprinkler contractor be commissioned to provide a detailed fire sprinkler survey beginning with a air-pressure test. If the system passes a pressure test, or can be easily made to hold pressure, the sprinkler piping considered for reuse should be opened up in several locations and tested for internal (MIC) corrosion.



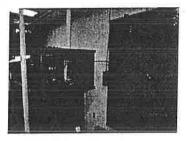
- 5. The Attic Space above the "Y" Section has sidewall vents indicating that the space was intended to be naturally ventilated. Sprinkler piping is routed through this attic. It seems likely that the sprinkler piping would be subjected to freezing temperatures even if the building was occupied.
- 6. There does not appear to be any roof insulation in the Attic Space above the "Y" Section. There may be insulation above the roof decking, but this is above a ventilated attic. Insulation does not exist at the level of the acoustical tile ceiling.



7. Approximately half of the Lower Level of the "T" Section is unoccupied crawl-space. This crawl-space must have experienced some form of water or humidity problems because there is an exhaust fan in the front of the building which pulls a negative pressure on the space. It appears that this fan is intended to ventilate the crawl-space. It is not evident how effective this system is at minimizing the problem.



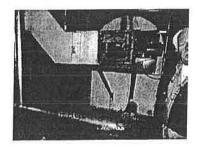
8. The Elevator Machine Equipment is not installed in a dedicated Elevator Machine Room. Rather it is located in a general utility space with electrical and plumbing equipment. Code requires a dedicated room for the Elevator Equipment, thus a floor plan reconfiguration is required. Also, the Elevator Equipment is partially disassembled for some reason. It appears to require significant repair.



9. The toilet rooms in the "Y" Section have hard plaster ceilings. These will need to be removed in order to access piping and exhaust ventilation ductwork.

#### **Existing HVAC Conditions:**

- 1. Boilers
  - These are long past their useful service and need to be removed.

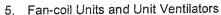


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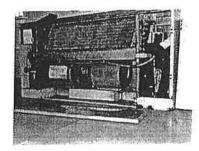
- 2. Heating Water Pumps and Distribution Systems
  - a. There may be a small salvage value for the pumps, but any new hydronic system design would be mistaken to not include new pumps.
  - b. Given the potential for damage due to freezing, all hydronic piping should be removed.



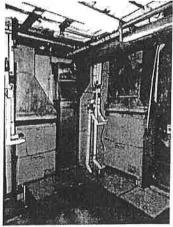
- 3. Chiller
  - The chiller has passed it useful life. It appears doubtful that it could be restarted. It should be removed.
- 4. Chilled Water Pumps and Distribution System
  - a. There may be a small salvage value for the pumps, but any new hydronic system design would be mistaken to not include new pumps.
  - b. Given the potential for damage due to freezing, all hydronic piping should be removed.



- a. These units have passed their useful life. Further, they are of an out-dated and inefficient configuration and should be removed. They have three-way control valves instead of modern two-way valves.
- b. The Unit Ventilators have manually set outdoor air dampers. These appeared to be of very poor quality and dysfunctional. Modern units are more efficient.
- c. It was noted that several of the units do not have provisions of outdoor ventilation air at all.



- 6. Air-Handling Units and Ductwork
  - a. There are several Air-Handling Units with ductwork serving Common areas, Office areas, and specific use areas. These units have passed their useful life. Further, they are of an out-dated and inefficient configuration and should be removed. They have three-way control valves instead of modern two-way valves.



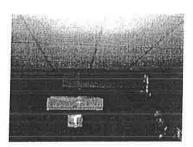
- 7. Roof-top Package Units
  - a. These units have passed their useful life and should be removed.



- 8. Room PTAC Units (Offices on Lower Level of "Y")
  - a. These units are fairly new, and have a useful life expectancy remaining. But they use straight electric heat which is very inefficient, and they do not provide for ventilation air which is a code violation (unless ventilation is provided for in some other fashion which it is not). Further, these PTAC units were installed in a very crude manner. Depending on the future use of these offices, these should be considered to be removed.

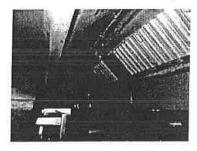


- 9. Ductless Mini-Split Units (Common Areas on the Lower Level of
  - a. There are several Ductless Mini-Split Units that have been installed to serve the common spaces of the Offices on the Lower Level. These are relatively new and have useful service life remaining. But these do not provide for ventilation air as required.

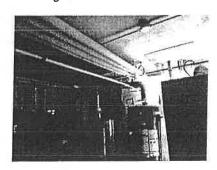


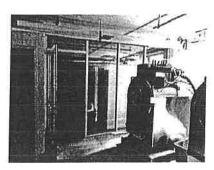
#### 10. Kitchen Exhaust Hood

- a. This unit has exceeded its useful life and should be removed. The fire suppression system is outdated and needs to be upgraded. The hood itself is rusting and is in generally poor condition. It is assumed that the exhaust and make-up air fans are in similar shape.
- b. The configuration of the Hood is an "island" type. This type hood has proven to be very inefficient, and of poor overall performance. A reconfiguration of the kitchen equipment should be considered so to allow for a better layout with a better performing hood.



- 11. Laundry Area in Lower Level of "Y" Section.
  - a. Previous projects attempted to separate the Clean (Clothes Dryer) zone from the Dirty zone (Clothes Washer), but it is difficult to think that the present configuration worked per code. Make-up air is not provided to the Clean zone. Further, water heating equipment and other mechanical equipment are located in the clean room with the Clothes Dryers. The Laundry requires significant reconfiguration.





12. Toilet Exhaust Fans and Ducting

a. Exhaust ducting is routed to connect multiple baths together and utilize common exhaust fans. Fans will need to be brought into an overall building ventilation program which will probably require significant reconfiguration. Energy recovery systems should be considered so to minimize the energy use of the exhaust systems. Exhaust ducting is routed within finished ceilings which will require significant demolition to access.

#### 13. Bathroom Electric Heaters

a. These have passed their useful life and should be removed. Further, the way they are configured is dangerous. They are mounted low on the wall and present a burn hazard.

#### 14. Natural Gas Service

- a. Natural Gas has been used at the facility to heat the building (boilers), heat domestic water, cook, emergency electric generator, and (possibly) dry clothes.
- b. Gas piping is routed to the building in multiple of locations. Several gas meters exist, others have been removed.
- c. Future needs can be served by using gas.

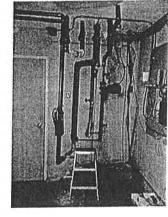
#### **Existing Plumbing Conditions**

1. Water Meter and Service Lateral

- a. The existing water meter appears to only be a ½" meter. It is connected to an older 3" line that runs into the building. There does not appear to be a Backflow Preventer in the system. This equipment will need to be upgraded to accommodate the future needs of the building.
- b. There is a separate water service entrance in a hot box located off the NE corner of the "T" Section. This service was routed into the "T" Kitchen in the past, but it has been rerouted around the north end of the "T" so to feed the building to the west. This service needs to stay in use.

2. Domestic Water Piping

- Originally installed domestic water piping is copper. Original lines are not active and have either but valved off or cut loose. It is likely that these lines are not suitable for reuse.
- b. CPVC piping has been installed in the Lower Level of the "Y" section in an effort to get several of the associated bathrooms operational for office purposes. These lines are active and are presently in use, but the piping was crudely installed, much of it being surface mounted. The originally installed copper piping was abandoned in place.
- c. Backflow preventers do not exist.



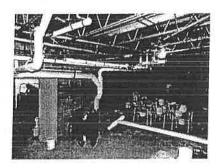
3. Domestic Water Heaters

- a. There are several water heaters in the building, but only one that appears to be in use. It is located in a awkward configuration in a shower on the Lower Level of the "Y" Section. It may be suitable for reuse, but it will probably need to be relocated to suit the new floor plan.
- b. The other water heaters show signs of age and having been frozen.

#### March 28, 2014 10:15 am

4. Grease Traps

- a. The Grease Trap originally installed in 1957 should be removed as it has outlived its useful life. Also, the discharge line from this tank passes back through the Lower Level of the opposite wing of the "T" Section. This grease line connects to other waste lines before exiting the building again. This is a problematic configuration. Grease Lines should ideally be routed straight to a manhole without intersecting other waste lines. If possible, this piping should be reconfigured.
- b. The Grease Trap installed in 1994 as part of the Dishroom Addition should be in better condition, and appears to be tied directly to the manhole without other waste connections. It should be in reusable condition.
- 5. Internal Sanitary Sewer Piping
  - a. Originally installed cast iron piping, and more recently installed PVC piping is in moderate condition with much of it suitable for reuse.
  - b. All piping considered for reuse would need to be rodded and internally inspected (camera).
  - c. Configuration of piping would need to be modified so to accommodate new floor plans.
  - d. Grease Trap discharge line noted above need to be rerouted.



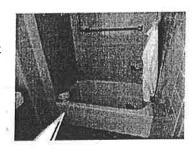
6. External Sanitary Sewer Piping

- a. External piping between the building and the nearest manhole is thought to be that from the original installation. These lines should be considered for reuse.
   All piping considered for reuse would need to be rodded and internally inspected (camera).
- 7. Plumbing Fixtures Toilets and Lavatories
  - a. Existing Toilets are Flush Tank style. These could be suitable for reuse provided they are rebuilt with new valving. These are old style, high flow toilets that use much more water than modern (code compliant) toilets do. So if water use is a concern, then new toilets should be considered.
  - b. Also Flush Valve toilets are typically used in institutional occupancies in lieu of Flush Tank. Flush Tank has more of a residential operation. But Flush Valve has a quicker response time. Flush Valve toilets require larger domestic water lines.
  - c. Many Toilets include wall-mounted Bed-Pan washers. These look to be of original installation and undoubtedly need to be rebuilt. Considering their age, it may prove to be easier and cheaper to replace these in lieu of rebuilding. These may be omitted altogether based on new occupancy use.

d. Existing Lavatories are wall hung vitreous china. Faucets appear to be original installation and show signs of needing to be replaced. ADA compliance and clearances need to be considered. ADA pipe shields and guarding for draining piping does not exist.

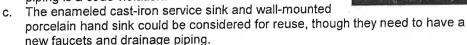
#### 8. Showers and Tubs

- ADA clearances will necessitate reconfiguration of most showers. Therefore, new fixtures should be considered.
- b. Showers have curbs that inhibit ADA access.
- c. Showers to not have seats



#### 9. Drinking Fountains

- a. There is a relatively new Drinking Fountain located in one of the meeting rooms in the Office Area on the Lower Level of the "Y". This unit appears to have useful life remaining, but it is not an ADA compliant unit. ADA complaint units will need to be installed.
- 10. Kitchen Equipment
  - a. The Three Compartment Sink could be considered for reuse, though it needs to have new faucets and drainage piping. A garbage disposal needs to be considered.
  - b. The island mounted stainless hand sink could be considered for reuse, though it needs to have a new faucet and drainage piping. The present drainage piping is a code violation.

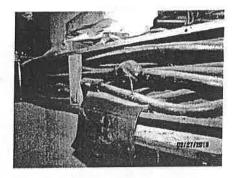


d. Several floor drains in the Kitchen appear to be plugged. These may be able to be cleaned out, or may possibly require replacement. Replacement will require the floor to be excavated. This may need to be undertaken anyway if the Kitchen equipment is relocated.



1. The electrical utility is feed from overhead primary utilizing one three phase pole mounted transformer bank. The sounding primary lines (other than what is feeding this facility) is underground. Multiple service entrance conductors are utilized. The service conductors for the two 800 amp services have been tapped and pose a safety hazard at the junction point located in the wire-way. More disturbing is that the line side of the tap is sized only for 310 amps which feeds a combined load of 1,600 amps.





#### 2. Service Equipment consists of the following

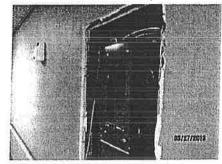
- a. Two (2) 800 amp 208 volt, 3 phase
- b. One (1) 400 amp 208 volt, 3 phase
- c. One (1) 150 amp 208 volt, 3 phase
- d. The collective of the services seems to be adequate for the building area. An average load of this type of facility would be approximately 17.2 watt/SF. Therefore, this facility (at 41,800 SF) would require 2,000 amps.

#### 3. Grounding

- The earth to ground resistance measured 0.4 ohms which exceeds the code minimum of 25 ohms.
- b. Grounding was measured using a Fluke #1630 Earth Ground Clamp

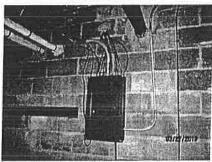
#### 4. Sub-panels

- Most sub-panels are recessed in the corridor block walls making renovation difficult.
- Most sub-panel interiors have been replaces thus voiding the UL listing.



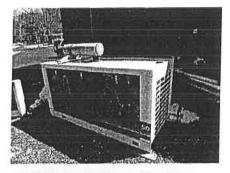
#### 5. Wiring Method

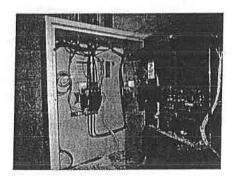
- a. Feeders are stranded copper and ran in rigid metal conduit
- Branch are stranded copper and circuit are typically and EMT for branch circuits.
   Limited: NM cable was found and must be removed.

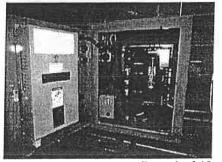


#### 6. Generator system

- a. Generator a 50KW, 208 volt, 3 phase, natural gas/propane Kohler power with a weather enclosure
- b. There are two transfer switches.
  - i. One 100 amp transfer switch can be reused
  - ii. The second transfer switch is unusable



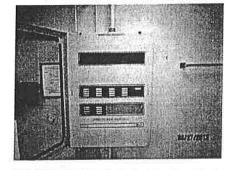




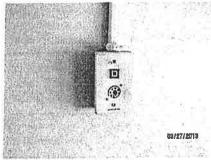
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7. Lighting

- a. Indoor lighting is linear fluorescent with a majority being 2x4 recessed utilizing T12 lamps and magnetic ballast
- b. Outdoor lighting utilizes a few decorative pole lights in front of the facility and approximately 20' metal halide pole light in the back of the facility. Also, there are a few lights mounted on the exterior of the building.
- c. Egress lighting and exit size are installed but not up to code
- 8. Low Voltage systems
  - a. Fire Alarm is a Simplex system
    - i. Has not been inspected nor tested in several years
    - ii. The last known inspection was December 2008
    - iii. There are several code and ADA violation



- b. Communication Systems
  - i. Nurse call system
    - 1. Is an Executone system
    - 2. Pull cords are located in by each bed and in each bathroom
    - 3. Nurse call lights are located in the corridor for each sleeping room.



- c. Data Systems
  - i. There is a limited data wiring system for the occupied office area

#### **Existing Fire Sprinkler Conditions**

- 9. Fire Sprinkler System
  - a. Wet System
  - b. Single Riser serving all spaces
  - c. Mains Victaulic Piping
  - d. Branches Black Iron and Galvanized Steel
- 10. The existing Fire Main run-in is noted to be 4" diameter.
- 11. The existing Sprinkler Riser incorporates and antiquated alarm check valve with a water-motor gong. Fire Alarm notification is provided through a pressure switch.
- 12. A Post Indicator Valve is located in the front yard outside of the room with the sprinkler riser. The valve is shut.
- 13. There is a Fire Department Connection located on the exterior wall of the room with the Sprinkler Riser. But there does not appear to be a compliant Fire Hydrant within 100 feet of this FDC.
- 14. System has been shut off and hopefully drained.

#### **HVAC Recommendations:**

- 1. Except for the Lower Level of the "Y" section, complete new HVAC systems will need to be installed in this facility. Depending on use, the Lower Level of the "Y" section may need upgrades and replacements as well.
  - a. Configuration of the new HVAC system will depend on the intended occupancy.
  - It seems logical that the Patient Rooms shall be limited to the Upper Level of Sections "T" and "Y", with the Lower Level dedicated to Office and Support areas.
- 2. Exhaust Systems and Energy Recovery:
  - a. Ventilation and exhaust requirements vary significantly between different occupancy types. Future design will depend on intended occupancy and use.
  - b. Pressure relationships between spaces are handled differently between occupancy types.
  - c. Given the high rates of ventilation air that is required for health care occupancies, and the associated high energy use, considerations for incorporating Exhaust and Ventilation air systems through Energy Recovery Equipment should be considered.
- 3. Options for the HVAC systems in the Patient Rooms:
  - a. Option One: New four-pipe hydronic system with new boiler, chiller, unitventilators, piping, pumps, controls, and exhaust systems.
    - i. This would be a very conventional system for a institutional application.
    - ii. Installation cost would be moderate to high.
    - iii. Overall efficiency would be good to better.
    - iv. Maintenance cost moderate to high.
    - v. Complexity would be moderate to high, but allows for central control.
  - Option Two: New Unitary through-wall, PTAC / heat-pump units in each Patient Room with new exhaust systems. (Geothermal heat-pumps could be considered, but these will significantly increase the installation cost).
    - i. This would be a convention system but considered more of a hotel, residential quality.
    - ii. Installation cost would be low to moderate.
    - iii. Overall efficiency would be moderate.
    - iv. Maintenance cost would be low.
    - v. Complexity would be low but does not allow for central control. Each heat-pump would have independent control.
  - c. Option Three: New Variable Refrigerant System with separate ventilation and exhaust air systems.
    - i. This is a newer style system and thus has not been widely used as yet.
    - ii. Installation cost would be high.
    - iii. Overall efficiency would be better.
    - iv. Maintenance cost would be moderate.
    - v. Complexity would be high.
- 4. HVAC systems in the Office and Support Areas
  - a. Kitchen area
    - Install new roof-top gas-package unit with required ventilation air capability.
    - Install new Kitchen Exhaust Hood with make-up air and exhaust fans.
       Configure layout so to utilize a wall-shelf hood instead of an island hood.
  - b. Dining areas
    - Install new roof-top gas-package unit(s) with required ventilation air capability
  - c. Laundry area
    - i. Utilize localized equipment and configure to comply with clean / soiled room pressurization requirements. Equipment can be connected to boiler / chiller loops if available.

- d. Dishwash area
  - Utilize localized equipment and configure to comply with clean / soiled room pressurization requirements. Equipment can be connected to boiler / chiller loops if available.
- e. Section "T" Lower Level Office areas
  - Utilize localized equipment and configure to comply with ventilation air requirements. Equipment can be connected to boiler / chiller loops if available.
- f. Section "Y" Lower Level Office areas
  - i. Option One: Utilize existing through-wall air conditioners and install new systems to provide ventilation air through the hallway.
  - ii. Option Two: Utilize localized equipment and configure to comply with ventilation air requirements. Equipment can be connected to boiler / chiller loops if available.

#### Plumbing Recommendations:

- 1. Except for the potential of reusing some of the individual plumbing fixtures (toilets and lavatories), complete new plumbing systems will need to be installed in this facility.
  - a. Many of the Toilet fixtures could be considered for reuse provided they are rebuilt with new seats, gaskets, and valving. Flush Tank verse Flush Valve needs to be considered.
  - b. Many of the Lavatory fixtures could be considered for reuse provided they are rebuilt with new faucets, drainage piping, and ADA piping covers.
  - c. ADA clearances will necessitate reconfiguration of most toilet rooms. Therefore, new fixtures should be considered. If a fixture is required to be relocated, then it is more difficult to consider reusing it.
- 2. Replace existing Domestic Water Meter. Size per future load.
- 3. Replace water line into building. Provide complaint Backflow Preventer.
- 4. Replace all Domestic Water Piping, including originally installed copper and more recently installed CPVC.
- 5. Replace all Domestic Water Heating equipment, with the possible exception of the heater presently being used for the Office area in the Lower Level of the "Y". (Though this water heater will most likely need to be relocated).
- 6. Configure Hot Water Heating systems on Recirculation Loops
- 7. Consider dedicated Hot Water Heater for Kitchen (180 F)
- 8. Consider dedicated Hot Water Heater for Laundry (160 F)
- Relocate / Rebuild / Replace all Toilets considering ADA requirements based on new floor plans
- 10. Replace showers and tubs and associated faucets and drains considering ADA requirements based on new floor plans.
- 11. Replace the Grease Trap that serves the Kitchen. Reroute discharge line directly to the Manhole if possible.
- 12. Reuse as practical the existing cast iron sewer lines. Replace all galvanized steel nipples and fixture connections. Reconfigure sewer piping as required to accommodate new floor plans. Consider PVC replacement piping as practical.
- 13. Open all existing sewer clean outs and thoroughly rod, camera, and inspect. Do this for both internal and external lines that are considered for reuse.
- 14. Install new Drinking Fountains considering ADA requirements.
- 15. Reuse, rebuild, replace all Kitchen plumbing and equipment based on future Kitchen plan.
- 16. Test and replace any failed drain lines and/or floor drains in the Kitchen

#### **Electrical Recommendations:**

- All electrical services and distribution equipment need to be replaced with new service rated switch gear to accommodate the new design and/or use of the facility
- 2. New underground service entrance conductors need to be ran from the utility transformer
- The overhead utility lines should be installed underground to match the surrounding power lines
- 4. Sub-panels need to be replaced with new panels are UL listed. The re-use of branch circuit conduits above ceilings would be acceptable
- 5. The re-use of branch circuit conduits in the concrete walls to light switch (where ADA compliant) and receptacle outlets would be recommended
- 6. Feeders to some sub-panels and equipment would be acceptable for re-use as long as future design allowed their current locations to remain
- Install new elevator and equipment, disconnects, and feeders to match requirements of adopted codes
- 8. Contract with Kohler to test the generator for usability. However, the generator may not be meet today's code requirements as well as not large enough
- 9. Replace the inefficient T12 lighting and install new T8 or T5 fluorescent lighting throughout the facility
- 10. Install adequate exterior lighting to meet at least an average of 1 FC in parking areas
- 11. Install new exit lighting trough-out the facility
- 12. Due to the age and condition of all low voltage systems, it is recommended to install new systems throughout the facility to include the following: data, telephone, nurse call, and fire alarm

#### Fire Sprinkler Recommendations:

- Depending on the results of a detailed Fire Sprinkler survey, sections of the Fire Sprinkler system could be considered for reuse.
- 2. It is recommended to commission a Fire Sprinkler Contractor to perform an air pressure test on the system.
- 3. For the sections of the system that are capable of holding pressure, consider them for reuse. Commission the Fire Sprinkler Contractor to inspect the piping for internal (MIC) corrosion. For those sections that pass inspection, consider reuse.
- 4. Replace all piping which fails inspection.
- 5. Replace all Sprinkler Heads on sections of failed piping.
- 6. Reconfigure Riser so to incorporate a compliant Backflow Preventer with monitored control valves and flow switch.
- 7. Consider separating system so that each floor has its own control valve and flow switch.
- 8. Consider installing Standpipes in the stairwells with Fire Department Hose Connections. This actually may be a Code requirement depending on future occupancy and use classifications.
- Reconfigure the Sprinkler Head layout so to accommodate new floor plan changes and/or reflected ceiling changes.
- 10. A compliant Fire Hydrant needs to be installed within 100 feet of the Fire Department Connection.
- 11. Depending on the hydraulic calculations and available water supply flow and pressure, the existing 4" fire main may need to be upsized to a 6" water main.

**END OF REPORT** 

# **AFFIDAVIT**

STATE OF Tennessee
COUNTY OF Cumberland
being first duly sworn, says that he/she is the applicant named in this application or his/her/its lawful agent, that this project will be completed in accordance with the application, that the applicant has read the directions to this application, the Rules of the Health Services and Development Agency, and T.C.A. § 68-11-1601, et seq., and that the responses to this application or any other questions deemed appropriate by the Health Services and Development Agency are true and complete.
My /Director of Financial Services  SIGNATURE/TITLE
Sworn to and subscribed before me this 27th day of March (Month) 2014 a Notary
Public in and for the County/State of Cumberland
Bundaf Ly NOTARY PUBLIC
My commission expires December 6 (Month/Day) (Year)  STATE OF TENNESSEE NOTARY PUBLIC TENNESSEE NOTARY PUBLIC

×	



# **State of Tennessee Health Services and Development Agency**

Andrew Jackson Building, 9<sup>th</sup> Floor 502 Deaderick Street Nashville, TN 37243

www.tn.gov/hsda

Phone: 615-741-2364

Fax: 615-741-9884

#### LETTER OF INTENT

The Publication of Intent is to be pu	ublished in the Crossy	rille Chronicle		which is a ne	wspaper
of general circulation in Cumberlar	nd (County)	(Name of Newspaper) , Tennessee, on or	before Marc	ch 7 (Month / day)	_ , 20 <u>14</u> , (Year)
for one day.	, , , , ,				
This is to provide official notice t accordance with T.C.A. § 68-11-7 that:	o the Health Service 1601 et seq., and the	es and Development e Rules of the Healtl	Agency and h Services a	d all intereste nd Developm	d parties, in ent Agency,
Wharton Nursing Home			rsing Home		
(Name of Applicant)			(Facility Type-Ex		
owned by: Uplands Village		_with an ownership t	ype of 501(c)	(3) non-profit co	rporation
and to be managed by: Uplands \	/illage	_intends to file an a	pplication fo	r a Certificate	of Need
for [PROJECT DESCRIPTION BEGINS HER	RE]:				
Uplands Village is a continuing care retirement care, and skilled nursing care. On the campus proposed project is to relocate 31 nursing home buildings under Wharton Nursing Home's curre gyms, a kitchen and dining facility, and spaces	of Uplands Village is 62 bed \ begin{align*}	Wharton Nursing Home at 87 on the campus. The 62 lice lect will also include renovation	8-880 W. Main St nsed nursing hom ons for physical/o	reet, Pleasant Hill, le beds will be oper ccupational therapy	TN. The arrated in the two y and wellness
The anticipated date of filing the a	application is: March	12 . 20	14		
The contact person for this project	et is Al Griffin		Di	rector of Finan	cial Services
The contact percent for and project	(0	Contact Name)		(Title)	
who may be reached at: Uplands \	/illage		PO Box 168		
(	Company Name)		(Address)		
Pleasant Hill	TN	38578	(93		
(City)	(State)	(Zip Code)	()	Area Code / Phone	Number)
(18/ ruffin		03/07/2014	agriffi	n@uplandsvill	lage.com
(Signature)		(Date)		(E-mail Addres	s)
The Letter of Intent must be filed i	: = <del> = =</del> n triplicate and recei	= <del></del> = <del></del> : ved between the firs	= = <del> = =</del> st and the te	nth day of the	month. If the

The Letter of Intent must be <u>filed in triplicate</u> and <u>received between the first and the tenth</u> day of the month. If the last day for filing is a Saturday, Sunday or State Holiday, filing must occur on the preceding business day. File this form at the following address:

Health Services and Development Agency Andrew Jackson Building, 9<sup>th</sup> Floor 502 Deaderick Street Nashville, Tennessee 37243

The published Letter of Intent must contain the following statement pursuant to T.C.A. § 68-11-1607(c)(1). (A) Any health care institution wishing to oppose a Certificate of Need application must file a written notice with the Health Services and Development Agency no later than fifteen (15) days before the regularly scheduled Health Services and Development Agency meeting at which the application is originally scheduled; and (B) Any other person wishing to oppose the application must file written objection with the Health Services and Development Agency at or prior to the consideration of the application by the Agency.

HF51 (Revised 01/09/2013 - all forms prior to this date are obsolete)

# CERTIFICATE OF NEED REVIEWED BY THE DEPARTMENT OF HEALTH DIVISION OF POLICY, PLANNING AND ASSESSMENT

615-741-1954

DATE:

May 31, 2014

**APPLICANT:** 

Wharton Nursing Home

878 West Main

Pleasant Hill, Tennessee 38578

CN1403-006

**CONTACT PERSON:** 

Al Griffin, Director of Financial Services

Uplands Village

P.O. Box 168, 86A Church Drive Pleasant Hill, Tennessee 38578

COST:

\$5,100,000

In accordance with Section 68-11-1608(a) of the Tennessee Health Services and Planning Act of 2002, the Tennessee Department of Health, Division of Policy, Planning, and Assessment, reviewed this certificate of need application for financial impact, TennCare participation, compliance with *Tennessee's State Health Plan*, and verified certain data. Additional clarification or comment relative to the application is provided, as applicable, under the heading "Note to Agency Members."

#### **SUMMARY:**

The applicant, Wharton Nursing Home, located at 878 West Main Street, Pleasant Hill (Cumberland County), Tennessee, seeks Certificate of Need (CON) approval to relocate 31 of its 62 dually-certified nursing home beds from 878 – 880 West Main Street, to an adjacent vacant building at 55 West Lake Road on their campus. The 31 beds will be used primarily for SNF services but will remain dually certified. The 62 licensed beds will be operated in the two buildings under Wharton Nursing Home's current license. The 31 vacated beds will be converted into a memory care assisted living unit.

The renovated facility will have 31 private beds. Each room will vary in size from 281 square feet to 311 square feet per bed including self-contained baths and closets. The renovated facility will also include physical therapy and wellness gyms, dining services for both the residents in the facility as well as the independent living residents, and administrative and support areas. The 31 converted memory care assisted beds will consist of 18 semi-private beds and 13 private beds and is projected to begin the assisted living licensing process in early 2015.

The total square feet of space to be renovated is 42,415 square feet and is estimated to cost \$90 per square foot. The 2010-2012 HSDA Nursing Home renovation cost per square foot chart is located in Supplemental 1 of the application.

Wharton Nursing Home is owned by Uplands Village, a continuing care retirement community (CCRC) providing independent living, assisted living, intermediate care, and skilled nursing care. Uplands Village is a not-for-profit, 501(c)(3) corporation.

The estimated total project cost is \$5,100,000 and will be funded by a United States Department of Agriculture (USDA) loan of \$6,500,000 as stipulated in a letter from the State Director of USDA on page A.25 of the application.

#### **GENERAL CRITERIA FOR CERTIFICATE OF NEED**

The applicant responded to all of the general criteria for Certificate of Need as set forth in the document *Tennessee's State Health Plan*.

#### **NEED:**

The applicant's primary service area consists of Cumberland and White counties. The secondary service area includes Bledsoe, Fentress, Morgan, Overton, Putnam, Rhea, Roane, and Van Buren counties.

The applicant's long-range plan includes the renovation and relocation of 31 beds and the development of a 31 bed memory care assisted living unit in the vacated beds in the current facility. Additionally, the applicant's long-range plan includes the construction of an aquatic therapy facility to be used by the residents.

Primary and Secondary Service Area Population Projections for 2014 and 2016

County	2014 Population	2016 Population	% Increase/ (Decrease)
Primary			
Cumberland	57,815	58,913	1.9%
White	26,871	27,387	1.9%
Primary Total	84,686	86,360	2.0%
Secondary			
Bledsoe	12,641	12,586	-0.4%
Fentress	18,404	18,699	1.6%
Morgan	21,848	21,909	0.3%
Overton	22,489	22,711	1.0%
Putnam	77,024	79,829	3.6%
Rhea	33,392	34,128	2.2%
Roane	54,006	54,191	0.3%
Van Buren	5,450	5,446	-0.1%
Secondary Total	245,254	249,499	1.7%

Source: Tennessee Population Projections 2000-2020, June 2013 Revision, Tennessee

Department of Health, Division of Policy, Planning, and Assessment-Office of Health Statistics

Primary and Secondary Service Area 65 and Older Population Projections for 2014 and 2016

County	2014 Population	2016 Population	% Increase/ (Decrease)
Primary			
Cumberland	15,838	15,852	0.1%
White	5,051	5,192	6.4%
Primary Total	20,889	21,044	0.6%
Secondary			
Bledsoe	2,271	2,418	4.1%
Fentress	3,566	3,713	8.5%
Morgan	3,436	3,624	5.5%
Overton	4,279	4,438	3.7%
Putnam	11,691	12,044	3.0%
Rhea	5,982	6,417	7.3%
Roane	11,422	11,942	4.6%
Van Buren	1,118	1,192	6.6%
Secondary Total	43,765	45,788	4.6%

Source: Tennessee Population Projections 2000-2020, June 2013 Revision, Tennessee
Department of Health, Division of Policy, Planning, and Assessment-Office of Health Statistics

The primary service area age 65 and older population is estimated to increase by 0.6% from 2014 to 2016. The secondary age 65 and older population is estimated to increase by 4.6% from 2014 to 2016.

The applicant provides a demand analysis conducted by CliftonLarsonAllen, which justifies the need for at least 14 short stay beds within Cumberland County alone in addition to the current bed total of the service area.

In performing their analysis, CliftonLarsonAllen interviewed professionals in and around Cumberland County which included case managers from area hospitals. These interviews indicated Uplands has a strong reputation in the community and a need for additional skilled rehab beds at Uplands for consumers who want to stay close to their homes.

Based on the demand analysis, Uplands believes they will continue to have a strong enough referral source from area hospitals to maintain a census of approximately 22 Level 2 patients per day during the first year after the project completion and 28 – 29 Level 2 patients the second year. Based on an average length of stay of 20 days for Level 2 patients, Uplands anticipates 402 (8,030 /20 day ALOS) admissions in year one and 525 (10,525 days/20 day ALOS) admissions during the second year.

Primary Service Area Nursing Home Utilization 2012 Final

Nursing Home	Licensed Beds	2012 Patient Days	Licensed Occupancy
Good Samaritan-Fairfield Glade	30	8,930	81.6%
Life Care Center of Crossville	122	32,604	73.2%
Wharton Nursing Home	62	21,264	94.0%
Wyndridge Health and Rehabilitation	157	48,787	85.1%
Life Care Center of Sparta	100	31,593	86.6%
NHC Healthcare-Sparta	120	35,180	80.3%
Total	591	178,358	83.4%

Source: Joint Annual Report of Nursing Homes 2012, Tennessee Department of Health, Division of Policy, Planning and Assessment-Office of Health Statistics

Wharton Nursing Home's 2012 total occupancy was 94%, while the overall nursing home total occupancy for the 591 service area licensed beds was 83.4%.

#### **TENNCARE/MEDICARE ACCESS:**

The applicant will continue to participate in the Medicare and TennCare/Medicaid programs. Services to medically indigent patients are provided through funds maintained by Uplands Village's Benevolent Care Policy via donated funds restricted by the donor for benevolent purposes.

#### **ECONOMIC FACTORS/FINANCIAL FEASIBILITY:**

The Department of Health, Division of Policy, Planning, and Assessment has reviewed the Project Costs Chart, the Historical Data Chart, and the Projected Data Chart to determine if they are mathematically accurate and the projections are based on the applicant's anticipated level of utilization. The location of these charts may be found in the following specific locations in the Certificate of Need Application or the Supplemental material:

**Project Costs Chart:** The Project Costs Chart is located on page 23 of the application. The total project cost is estimated to be \$5,100,000.

**Historical Data Chart:** The Historical Data Chart is located in Supplemental 1, page S.23. The applicant reports net operating income of \$573,068, \$366,627 and \$161,437 in years 2011, 2012, and 2013, respectively.

**Projected Data Chart:** The Projected Data Chart is located on page S.24 of the Supplemental 1. The applicant projects 21,045 patient days in year one and 21,050 patient days in year two with net operating revenues of and \$183,725 and \$600,512 each year, respectively.

The applicant compared their proposed charges to other nursing homes on page 29 of the application. Medicare reimbursement for skilled nursing services varies based on the Resource Utilization Group (RUG). The RUG is based on the resources the resources provided for the care of residents. The applicant provided the RUG Reimbursement Chart on page S.26 of Supplemental 1.

The applicant reports there was no alternative to this project except to continue to provide services in the current location. This project allows Uplands Village to provide SNF services in a separate unit from ICF services. Additionally, it allows Uplands Village to provide memory care assisted living services which are not currently available in the service area.

The applicant considered both new construction and renovating the current vacant facility. Renovation was found to be \$2,500,000 lower than the cost of new construction.

#### **CONTRIBUTION TO THE ORDERLY DEVELOPMENT OF HEALTHCARE:**

The applicant provides a list of all providers, managed care organizations, alliances, and/or networks with which the applicant currently has or plans to have contractual and/or working relationships on page 31 of the application.

The applicant states this proposal will have a positive effect on the healthcare system in Cumberland and White counties, despite the fact that no new ICF/SNF beds are being proposed. The addition of memory care assisted living services to Cumberland and White counties will meet an unmet need.

The applicant provides the proposed staffing for the project on pages 31 and 32 of the application. At the request of HSDA staff, the applicant provides a Daily Staff Posting chart on page S.27 of Supplemental 1.

Wharton Nursing Home is licensed by the Tennessee Department of Health, Board for Licensing Healthcare Facilities and accredited by CMS.

The most recent licensure survey is provided in Attachment C, Contribution to Orderly Development of Healthcare.7.d. A plan of corrections for deficiencies cited on 8/12-14/13 was approved on 11/21/13.

Wharton has a 5-star overall rating per CMS' Nursing Home Compare.

#### SPECIFIC CRITERIA FOR CERTIFICATE OF NEED

The applicant responded to all relevant specific criteria for Certificate of Need as set forth in the document *Tennessee's State Health Plan*.

# CONSTRUCTION, RENOVATION, EXPANSION, AND REPLACEMENT OF HEALTH CARE INSTITUTIONS

1. Any project that includes the addition of beds, services, or medical equipment will be reviewed under the standards for those specific activities.

This criterion is not applicable.

- 2. For relocation or replacement of an existing licensed health care institution:
  - a. The applicant should provide plans which include costs for both renovation and relocation, demonstrating the strengths and weaknesses of each alternative.

The proposed addition of a memory care assisted living center is a future addition to the continuum of care of Uplands Village CCRC. The location for the new program will be in a household that is distinct and separated from the Level 1 and Level 2 skilled service areas. The space is designated for the memory assisted living is designated to meet all the physical requirements for the Eden Alternative household model of services. Uplands Village will begin the project in early 2015. The location will provide superior, secure space for meeting the needs of elders who do not need the extensive care of a nursing home but who have receive an irreversible dementia diagnosis and need appropriate care for that diagnosis.

Uplands Village considered using the renovated building but determined the current location of 31 of the Level 1 and Level 2 beds to be moved was far superior for implementing the Eden Alternative.

b. The applicant should demonstrate that there is an acceptable existing or projected future demand for the proposed project.

The applicant provides a demand analysis conducted by CliftonLarsonAllen which shows a need for at least 14 short stay beds within Cumberland County alone in addition to the current bed total of the service area. The study shows anticipated increases in the over 65 years of old population as well as a current unmet need of additional beds to its complement of 62 licensed beds. However, Uplands Village is not proposing any additional beds to its nursing home beds. The applicant states the Joint Annual Report of Nursing Homes data and the analysis provided by CliftonLarsonAllen shows a current continuing need for both Level 1 and Level 2 beds in Cumberland and White counties.

- 3. For renovation or expansions of an existing licensed health care institution:
  - a. The applicant should demonstrate that there is an acceptable existing demand for the proposed project.

The applicant provides a demand analysis conducted by CliftonLarsonAllen which shows a need for at least 14 short stay beds within Cumberland County alone in addition to the current bed total of the service area. The study shows anticipated increases in the over 65 years of old population as well as a current unmet need of additional beds to its complement of 62 licensed beds. However, Uplands Village is not proposing any additional beds to its nursing home beds. The applicant states the Joint Annual Report of Nursing Homes data and the analysis provided by CliftonLarsonAllen shows a current continuing need for both Level 1 and Level 2 beds in Cumberland and White counties.

b. The applicant should demonstrate that the existing physical plant's condition warrants major renovation or expansion.

The applicant provides Summary and Recommendations from their architect, Uplands Design Group including a report from Maffett Loftis Engineering regarding the conditions of the proposed building including their recommendations attached to Supplemental 2.